

# Summer 2016

**WebTrac:  
New Online  
Registration!**

Set up your account in just a few simple steps. Do it **BEFORE** registration dates to save time! (Google is the preferred browser.)

[webtrac.maplegrovern.mn.gov](http://webtrac.maplegrovern.mn.gov)

**Create a login and password.** Place a program into your wishlist now and then move it to your cart on registration day!



Seniors/55 Forward program registration starts on **Tuesday**, April 26 at 9:00 am.

T-Ball, Kickin' Kids & Lil' Sports Sampler registration starts on **Wednesday**, April 27 at 9:00 am.

General program registration starts on **Thursday**, April 28 at 9:00 am.

Swim and evening Water Aerobics registration begins **Friday**, April 29 at 9:00 am.

**Don't waste time standing in line!** Register with Webtrac.

Faxed and mailed registrations processed at random. See page 86.



## **Maple Grove Parks & Recreation Board**

[www.maplegrovern.mn.gov](http://www.maplegrovern.mn.gov) 763-494-6500

12951 Weaver Lake Rd, Maple Grove MN 55369





The Parks and Recreation Board office is located at the Maple Grove Community Center, 12951 Weaver Lake Road, Maple Grove, MN and is open 8:00 a.m. - 4:30 p.m., Monday through Friday. Phone number is 763-494-6500. Recreation registration is accepted from 7:00 a.m. to 6:00 p.m., Monday through Friday.

### Holiday Closures

The Parks and Recreation Board office will be closed on the following days:

- Monday, May 29 (Memorial Day)
- Monday, July 4 (Independence Day)
- Monday, September 5 (Labor Day)

### PHONE NUMBERS

Main number .....763-494-6500  
 Website .....maplegrovmn.gov  
 Recreation Registration.....webtrac.maplegrovmn.gov  
 Ballfield Reservations.....763-494-6560  
 CC Birthday Party Packages.....763-494-5966  
 CC Group Reservations, Room Rentals.....763-494-5969  
 Central Park Information.....763-494-6474  
 Central Park Rental Requests .....763-494-5958  
 Eagle Lake Bldg Reservations .....763-494-6507  
 Ice Arena Office.....763-494-5968  
 Park Reservations .....763-494-6507  
 Program/Game Status Recording.....763-494-5959  
 Sports Dome Reservations.....763-494-6480  
 Town Green Reservations.....763-494-5969

### PARKS AND RECREATION BOARD

Parks and Recreation Board office.....763-494-6500  
 Chair: Bill Lewis .....763-494-4084  
 John Ferm.....612-328-1765  
 Ken Helvey .....763-416-2049  
 Troy Nygaard.....763-420-0256  
 Terry Sharp.....763-420-9374  
 Deb Syhre .....763-420-7258  
 Kelly Cunningham.....612-385-6754  
 Council Representative: Phil Leith.....763-425-1414

### Park Board Meetings

Regular meetings of the Maple Grove Parks & Recreation Board are held the third Thursday of every month at the Maple Grove Community Center beginning at 7:30 p.m. Residents are invited and encourage to attend these meetings. Anyone wishing to present a topic for discussion should call 763-494-6500.

### Parks and Recreation Board Staff

Director ..... vacant  
 Superintendent of Recreation .....Mark Saari  
 Superintendent of Parks and Planning.....Chuck Stifter  
 Park Supervisor .....Scott Roberts  
 Administrative Supervisor.....Patty Anderson  
 Recreation Program Specialist.....Michelle DeBace  
 Recreation Program Specialist.....Katie Lallier  
 Rec. Facilities Operations Supervisor .....Jeanne Vestal  
 Special Events & Volunteer Coordinator .....Deb Coss  
 Senior Citizen Coordinator.....Kris Orluck  
 Community Center Manager .....Lisa Jost  
 Community Ctr Operations Supervisor.....Frank Weber  
 Community Ctr Facility Maint Coord.....Paul Mertes  
 Community Ctr Facility Coord .....Sam Ellingson  
 Aquatic Supervisor.....Lisa Gedker  
 Community Ctr Aquatic Coordinator.....Adrienne Vassar  
 Youth Outreach Coordinator.....Tanya Hilger  
 Playhouse Preschool Teacher.....Gayle Selsback

### REDUCED FEE RECREATION PROGRAM

Through the financial assistance of local community groups and organizations, the Maple Grove Parks and Recreation Board offers reduced fee recreation programs to low income families living in the City of Maple Grove or have children that attend school in the City of Maple Grove. Families that qualify may have each child in the family participate in one program each year for 50% of the normal participation fee (not to exceed \$100.00). If you are interested in receiving eligibility guidelines or have any questions about the program, please contact Mark Saari at 763-494-6510.

## Table of Contents

*It's all inside! Your recreation destination!*

### SPECIAL INTEREST

Registration Procedures.....	86
Adaptive Recreation.....	5
Athletic Associations.....	4
CC Membership Sale.....	8
Central Park.....	7
Community Events.....	6-14
Farmers Market.....	14
Maple Grove Days.....	13
Parks & Picnic Facilities.....	9
Playhouse Preschool.....	20
Town Green Performance Schedule.....	6
Volunteer Opportunities.....	10-11
Weaver Lake Beach.....	9

### KIDS WORLD

Active Kids.....	31-34
Adventures in the Parks.....	25-26
Creative Kids.....	23-24
<b>Fall Soccer.....</b>	<b>36-38</b>
Family Yoga.....	28
Kickin' Kids Soccer.....	34
Lacrosse League.....	46
Lil Sports.....	34
Preschool Adventures.....	22
Safety Classes.....	29
Science Classes.....	27-28
T-Ball.....	35
Tennis and Golf.....	41-42
Theatre.....	30

<b>YOUTH/TEEN ATHLETIC CLINICS.....</b>	<b>42-47</b>
---	--------------

<b>ICE SKATING LESSONS.....</b>	<b>16-19</b>
---------------------------------	--------------

<b>MUSIC FOR EVERYONE.....</b>	<b>20-21</b>
--------------------------------	--------------

### TEENS

Teen Activities.....	48-52
Fashion Preview.....	50
Skate Park.....	49

### ADULTS

Fall Softball.....	55
Fitness & Dance.....	53-54
Golf & Tennis.....	55

### ADULT/SENIORS

Artistic Opportunities.....	63
Cards, Games, Clubs.....	60-61
Classes, Conversations & More.....	59
Defensive Driving.....	62
Fitness, Health & Safety.....	56-58
Food & Fellowship.....	64
Trips.....	65-67

<b>COMMUNITY CENTER.....</b>	<b>68-75</b>
------------------------------	--------------

Memberships, Facility Rentals, Birthday Parties,  
Maze, Gym, Ice Arena, Grove Cove Aquatics Center

### SWIMMING LESSONS

Group & Private Lessons.....	76-83
Specialized Aquatics.....	83-85

## Registration Information

### Registration Start Dates

General program registration (see following exceptions) begins on **Thursday, April 28** at 9:00 a.m. This includes online, mail-in, fax and walk-in registrations. **Seniors/55 Forward** registration begins **Tuesday, April 26** at 9:00 a.m. **T-Ball, Kickin Kids & Lil Sports** registration begins on **Wednesday, April 27** at 9:00 a.m. **Swim and evening Water Aerobics** registration begins **Friday, April 29** at 9:00 a.m. See page 86.

### Using the new WebTrac Registration Site

- 1. GO TO** [webtrac.maplegrovern.gov](http://webtrac.maplegrovern.gov)
- 2. CREATE AN ACCOUNT** through the site by providing basic information about you and your family.
- 3. CREATE A LOGIN** (your email address) and choose a password.

Once registered, you can use your login and password to sign up for all activities on the site. If you forget your password, the site can send you a reminder email. Try out the Wishlist format! Place the program you're interested in into your wishlist now and then move it to your cart on registration day! If you have questions, please don't hesitate to contact Parks and Recreation at (763) 494-6500.

All Parks and Recreation programs are available to register online **EXCEPT** music, Playhouse Preschool, Defensive Driving and programs with a tiered-fee structure.

### General Information

- Residents are citizens who live within the City of Maple Grove boundaries.
- If a class is full, you can waitlist online (put in your cart at no cost to complete) or call 763-494-6500. If an opening comes up, we will call from the waitlist in the order they were placed.
- Instructors are not authorized to accept registrations at the activity location.
- Class fees are not prorated for late registrations.
- Parks & Recreation will charge a \$15.00 fee for all NSF checks.

### Refund Policy

- Requests for refunds must be received at least three full business days before the first class session.** There will be a \$5.00 processing fee charged for each program. No refunds will be issued after the first class meeting unless for bona fide medical reasons.
- No refunds will be issued for any bus trips, but you may find someone to take your place - notify the office.
- Full refunds will be issued for all classes or trips cancelled by Parks and Recreation.

### Photo Policy

Please be advised that all participants involved in any department programs or special events are subject to possibly being photographed for promotional purposes. Such photographs may be used by Maple Grove Parks and Recreation without an obligation to provide compensation to those photographed.

### Corrections and Updates

Staff makes every effort to ensure the brochure is free from errors, however sometimes errors or revisions in program details do occur. We appreciate your understanding when this occurs.

## Youth Athletic Associations

Many Maple Grove youth sports are administered by volunteer organizations. Each organization has a Board of Directors and is run independently.

### BASEBALL/FASTPITCH SOFTBALL

**Organization:** OMGAA - Osseo Maple Grove Athletic Association  
**Program:** House Leagues - BB/FP Ages 9-18  
Traveling Teams - BB Ages 10-15 & FP ages 9-18  
**Information:** at [www.omgaa.org](http://www.omgaa.org)

### BASKETBALL

**Organization:** OMGBA - Osseo Maple Grove Basketball Association  
**Program:** House Leagues - Grades K-12  
Traveling Teams - Grades 5-8  
**information:** [www.omgba.net](http://www.omgba.net)

### HOCKEY

**Organization:** OMGHA - Osseo Maple Grove Hockey Association  
**Program:** House Leagues - Ages 4-15 (4 by 7/1/14)  
Traveling Teams - Ages 9-17  
**Information:** [www.omgha.com](http://www.omgha.com)

### SOCCER

**Organization:** Maplebrook Soccer Association  
**Program:** Traveling Teams - Ages 19 & under  
**Information:** [www.maplebrooksoccer.com](http://www.maplebrooksoccer.com)

### FOOTBALL

**Organization:** OFA - Osseo Football Assn  
MGYFA - Maple Grove Youth Football Assn  
**Program:** House Leagues - Grades 2 - 8  
**Information:** [www.osseofootball.org](http://www.osseofootball.org)  
[www.mgyfa.com](http://www.mgyfa.com)

### SWIMMING

**Organization:** NHCP Swim Club  
**Program:** Competitive Swimming - Ages 6 - 18  
**Information:** [www.teamunify.com/mnnhcp](http://www.teamunify.com/mnnhcp)

### WRESTLING

**Organization:** Osseo, Maple Grove Youth Wrestling  
**Program:** Pre-Kindergarten - grade 6  
**Information:** [www.osseoyouthwrestling.org](http://www.osseoyouthwrestling.org)

### TENNIS

**Organization:** Maple Grove Crimson Tennis Assn. Inc.  
**Program:** Youth, ages 14 and older  
**Information:** [mgcrimsontennis@yahoo.com](mailto:mgcrimsontennis@yahoo.com)

### LACROSSE

**Organizations:** Maple Grove Lacrosse Association  
Maple Grove Girls Lacrosse  
Osseo Park Center Boys & Girls Lacrosse  
**Program:** Youth, grades 3 - 8 traveling  
**Information:** [www.mglax.net](http://www.mglax.net)  
MG Girls Lacrosse email [corr0205@umn.edu](mailto:corr0205@umn.edu)  
[www.opcyouthlax.com](http://www.opcyouthlax.com)

## 2016 OMGAA BASEBALL & FASTPITCH SOFTBALL PROGRAM

For information on the 2016 Baseball and Fastpitch Softball season, check out the Osseo-Maple Grove Association website at [www.omgaa.org](http://www.omgaa.org). **2016 registration has already taken place. Check their website for more information.**



## OSSEO MAPLE GROVE BASKETBALL ASSOCIATION (OMGBA)

The OMGBA offers the following programs for boys and girls that live in the Osseo/Maple Grove High School attendance area.

- 1<sup>st</sup> & 2<sup>nd</sup> grade - Introduction to Basketball
- 3<sup>rd</sup> - 6<sup>th</sup> grade - House League
- 7<sup>th</sup> & 8<sup>th</sup> grade - Junior House League
- 9<sup>th</sup> - 12<sup>th</sup> grade - Senior League
- 5<sup>th</sup> - 8<sup>th</sup> grade - Traveling League

For information regarding these programs, season dates, on-line registration dates and fees, please see our website at [www.omgba.net](http://www.omgba.net)

OMGBA is a volunteer group that depends on parents to coach and perform other duties. Volunteers are needed to keep a quality experience for the participants.





## Maple Grove Community Center

# MEMBERSHIP SALE

## May 1-10

# SAVE 15%

Save an **ADDITIONAL \$10 OFF**  
when you register on-line!

### ALL-BUILDING MEMBERSHIP

- The Grove Cove Aquatic Center features an indoor leisure pool with a zero-depth beach area, water spray activities, tot slide and 130 ft waterslide.
- The indoor lap pool features a 25-yard lap pool with five lanes, volleyball net, rope swing and climbing wall open during scheduled times.
- The outdoor leisure pool features a zero-depth beach area, lazy river, tumble buckets, water walk, tot slide and interactive water sprays.
- The Maple MAZE Indoor Playground has four levels of climbing with 28 features for kids to slide down, crawl over and through. A larger toddler area for ages three and under with activity panels, molded animals and a tot slide.
- The gymnasium is scheduled primarily for open basketball and open pickle ball.

All Building Membership	RESIDENTS		NON-RESIDENTS		Membership Type
	Regular Rate	Sale Rate Annual / Monthly	Regular Rate	Sale Rate Annual / Monthly	
Youth / Senior	\$175	\$148.75 / \$12.40	\$195	\$165.75 / \$13.81	All Building Youth / Sr
Adult	\$195	\$165.75 / \$13.81	\$235	\$199.75 / \$16.65	All Building Adult
Family	\$375	\$318.75 / \$26.56	\$475	\$403.75 / \$33.65	All Building Family



### POOL MEMBERSHIP

Access to the Grove Cove Aquatic Center featuring the indoor and outdoor pools as described above.

Pool Membership	RESIDENTS		NON-RESIDENTS		Membership Type
	Regular Rate	Sale Rate Annual / Monthly	Regular Rate	Sale Rate Annual / Monthly	
Youth / Senior	\$135	\$114.75 / \$ 9.56	\$160	\$136.00 / \$11.33	Pool Youth / Sr
Adult	\$160	\$136.00 / \$11.33	\$185	\$157.25 / \$13.10	Pool Adult
Family	\$325	\$276.25 / \$23.02	\$375	\$318.75 / \$26.56	Pool Family



### PICKLEBALL MEMBERSHIP

Annual Pickleball Membership for Dual Locations. Play pickleball during scheduled times at the Maple Grove Community Center & Maple Grove Community Gymnasium.

RESIDENT: Regular \$175 Sale \$148.75/\$12.40 monthly NON-RESIDENT: Regular \$195 Sale \$165.75/13.81 monthly

### Sign up on-line. It's quick and easy.

- Open our website at [webtrac.maplegrovmn.gov](http://webtrac.maplegrovmn.gov) then log in or create an account using a username and password.
- Find the "Memberships" section.
- Select the type of membership you are purchasing. (All Building, Pickleball, or Pool)
- Scroll down to the Membership information. Add the membership to your basket by clicking the green plus sign on the left of the membership and proceed to checkout to make payment.
- Payment is made in full with a VISA, MasterCard or Discover card.
- **Renewing your membership?** In Webtrac, click "Membership Renewal" and follow the prompts.
- If you have trouble logging in or finding the membership you can call 763-494-6500 or 763-494-6508 for help.

**AUTOMATIC RENEWAL** is available when using the direct payment plan through a checking account. This payment plan requires patrons to register at the pool desk and bring a voided check with you.

*A cancellation fee of \$25 fee applies in the first year of the membership.*



# 7th Season!

## Sounds of Summer

### 2016 Performance Schedule

#### **Mondays at 7:00 pm - Usher in the Week**

June 13	Maple Grove Jazz Ensemble - jazz band
June 20	Cromulent Shakespeare Company - <i>Much Ado About Nothing</i>
June 27	The Belfast Cowboys - 9 piece horn band
July 4	no music
July 11	Kimberly Brown - pop, rock
July 18	Stoned Acoustic - music of the Rolling Stones
July 25	Salsabrosa - salsa music and free dance lessons at 6:30 pm
August 1	The Sound Exchange - a cappella chorus
August 8	Blind Joe - country, from <i>The Voice!</i>
August 15	MN State Band - official band of the state of MN
August 22	Coyote Wild - country rock

#### **Wednesdays at 7:00 pm - Find the Joy**

June 15	Maple Grove Marching Crimson and St. Louis Park Community Band
June 22	The Whitesidewalls - rock n' roll revue
June 29	Medalist Concert Band - orchestra
July 6	The Riverside Swing Band - swing, jazz, rockabilly
July 13	EltonSongs - hits of Elton John & Bennie Taupin
July 20	Jeff Dayton and Friends - country
July 27	Shakedown - folk rock/Americana 60's - today
August 3	Hornucopia - tribute to horn bands
August 10	Kenwood Symphony Orchestra - orchestra
August 17	Divas Through the Decades - pop
August 24	Duelly Noted - dueling pianos

#### **Special Events**

June 17	Teen Battle of the Bands, 7:00 pm
July 10-11	Variety of entertainment, Maple Grove Days
July 22	Jammin' at Town Green, 7:00-9:00 pm, all ages
July 25	Salsabrosa - free dance lessons at 6:30 pm
July 31	"A Night to Shine Bright", 6:00-9:00 pm, <a href="http://amarasactsofkindness.org">amarasactsofkindness.org</a>

#### **Thursdays at 11:00 am - Celebrate the Family**

June 16	Splatter Sisters - children's interactive music
June 23	Tricia and the Toonies - fun family music
June 30	Schiffelly Puppet Show - puppet show
July 7	Sticks & Tones - music for kids
July 14	Choo Choo Bob's Engineer Paul & Friends - children's music
July 21	Kidsdance - DJ for kids
July 28	Bob the Beachcomber - beach music for families
August 4	The Bazillions - children's interactive music
August 11	Wendy's Wiggle, Jiggle and Jam - music & dance
August 18	The Alphabits - children's interactive music
August 25	Duke Otherwise - music for kids

#### **Fridays at Sunset - Movies by Moonlight**

July 15	<i>The Peanuts Movie</i> , rated G Maple Grove Days event
July 22	<i>Finding Nemo</i> , rated G co-presented with Smiles Dentistry
July 29	<i>Malificent</i> , rated PG
August 5	<i>Minions</i> , rated PG
August 12	<i>Inside Out</i> , rated PG co-presented with Maple Grove Hospital
August 19	<i>Star Wars IV</i> , rated PG
August 26	<i>Home</i> , rated PG
Sept. 2	<i>The Avengers</i> , rated PG-13 Visit the Community Center Birthday Party staff before the movie!
Sept. 9	<i>Vertigo</i> , rated PG

Rainout announcements 763-494-5959  
and on Facebook.

Events are subject to change.

**Look for us on Facebook!**

No smoking. No alcohol.



7991 Main St N, Maple Grove, MN

763-494-6500

[www.maplegrovemn.gov](http://www.maplegrovemn.gov)





# Central Park of Maple Grove

12000 Central Park Way, Maple Grove, 763-494-6474



## Summer at Central Park of Maple Grove!

Take a walk, splash in the interactive fountain, play at the playground or enjoy one of the many scheduled programs.

### Sun Salutation Saturdays – Yoga in the Park

Every Saturday 8:30 a.m., April 30 through June 25 - Free will offering

Come try it out or make it your weekend routine. All ages welcomed, children under 12 should be with an adult. See page 53 for more details.

### Labyrinth Walking

Tuesday, May 31, 1:00 p.m. – 3:00 p.m. – Free

Learn the story of labyrinths and the unique story of the Maple Grove labyrinth. Then, join us for a group walk. We'll also discuss the possibility of a regular meeting time. See page 57 for details.

### Ultimate Frisbee Clinic

Ages 8 - 14, Monday – Thursday, August 8-11, 9:00 a.m. - 12:00 p.m.

Introduction to the sport of Ultimate Frisbee through skill development and small group games. Children will be divided by age and skill level. Participants should bring a water bottle, snack and sunscreen. Sports Unlimited coaching staff. See page 46 for details.

### Pickleball – (Novice & Recreational Players)

Mondays, Wednesdays, Fridays, through October, 8:00 a.m. - noon

Scheduled group play of the fun and exciting game of Pickleball. This is not a lesson, but time for less experienced players to play with people of similar skill levels.

### Kids Pickleball

Ages 8-12, Thursday, June 16, 9:00 am - noon. Ages 13-17, Thursday, June 23, 9:00 am - noon. An introduction to the sport of Pickleball. All equipment provided. See page 32 for details.

### Little Moves

Ages 6-10, Thursdays, June 23-July 14, 9:00 a.m. – 10:00 a.m.

Using physical activity and powerful nutrition to build and support self-esteem, develop character and nurture the body that was given just to your child! Relays, games, obstacle courses, and more. See page 45 for details.

### Inline Skating Lessons

Ages 6 - 12, Monday – Thursday, August 8-11, 9:00 a.m. - 11:30 a.m. Adults, Saturday & Sunday, August 13 & 14, 9:00 am - noon.

Learn inline skating skills through Camp Robichon's proven instruction techniques and curriculum. See page 33 for details.

### Volunteer Gardeners

With over 5000 perennial flowers in the garden, volunteer helpers are needed. If you want to learn more about this volunteer opportunity, contact Deb Coss at 763-494-6535 or [dcoss@maplegrovern.gov](mailto:dcoss@maplegrovern.gov).

For up-to-date information about rentals, and summer park building and concession hours, check out [maplegrovern.gov](http://maplegrovern.gov).

# Central Park of Maple Grove

## Rental Opportunities



Central Park could be the perfect place to host your family reunion, graduation party or birthday celebration this summer. The gathering room of the park building, with tables and chairs provided for your guests, is conveniently located next to the interactive fountain. Both the young and young at heart will enjoy frolicking through dancing streams of water. One of the largest playgrounds in the state is just a few steps away and there's plenty of open green space for lawn games as well. Room capacity is approximately 120 people, depending on setup.

The Central Park Garden, planted with thousands of perennials, shrubs and trees will be a wonderful setting for a summer wedding. The flat green space within the garden allows for approximately 250 chairs set audience style. Electricity is available in the garden. Sound system, chairs, tables, etc. are the responsibility of the renter.

### Areas Available for Rent

#### **Park building gathering room**

- ~ Resident rate \$50 per hour, non-resident rate \$100 per hour  
(Minimum of three hours per rental)

#### **Garden**

- ~ Resident rate \$100 per hour, non-resident rate \$150 per hour  
(Friday, Saturday and Sunday rental times are 11:00 am – 2:00 pm and 3:00 pm – 6:00 pm)



For more information about renting an area at Central Park, call 763-494-5958 or visit the Central Park page at [maplegrovern.gov](http://maplegrovern.gov). Additional charges may apply. All fees are subject to change.



# Maple Grove Parks & Facilities

Areas at the Maple Grove Community Center, Central Park of Maple Grove and ballfields are also available for rental.  
Please call 763-494-6500 for more information.

## RESERVABLE PAVILIONS & BUILDINGS

Maple Grove Parks and Recreation offers several areas reservable for private use. For information and photos of these areas, visit [www.maplegrovmn.gov/parks-and-recreation/pavilion-reservations](http://www.maplegrovmn.gov/parks-and-recreation/pavilion-reservations). To reserve an area, call 763-494-6507. All fees are subject to change and additional charges might apply. **NEW! Starting June 1, 2016, all pavilion and building rental fees are due at time of booking.**



**Eagle Lake Community Building at Thoresen Park**  
**6259 Eagle Lake Drive**

Resident..... \$25  
Non-resident..... \$200

This fully remodeled and air conditioned WWII Army barracks is available for year round rentals; has one large room with tables and chairs for 47 people, restroom and kitchenette. A deck with picnic tables overlooks Eagle Lake, small playground and ballfield.



**Arboretum, 9400 Fernbrook Lane**

Resident..... \$50-\$80  
Non-Resident..... \$80-\$130

A covered pavilion with picnic tables, grills and seasonal portable toilets. Creek side fishing, carry on boat access to Elm Creek, Angel of Hope statue and walking trails are on site.

**Lions Site, 12951 Weaver Lake Road**  
**(next to the Community Center)**

Resident..... \$90-\$150  
Non-Resident..... \$150-\$200

A covered pavilion with picnic tables and grills, seasonal portable toilet and access to Community Center restrooms. Overlooking West Arbor Lake with playground, volleyball courts and skate plaza.

**Weaver Lake Community Park, 8401 Dunkirk Lane**

Resident..... \$90-\$150  
Non-Resident..... \$150-\$200

A covered pavilion with picnic tables and grills, seasonal portable toilet and restroom building. Beach, playground, ballfield, volleyball, basketball and tennis courts on site.



**TOWN GREEN RENTAL OPPORTUNITIES**  
**7991 Main St N**

### The Meeting Room

Tables and seating for up to 29 persons. Available year-round.  
Easy on-street parking. ....\$10 to \$30 per hour

### The Bandshell

Terraced seating walls for 300 persons and a stage with sound equipment and theatrical lighting. ....\$600 - \$700

### The Point

A peninsula with a raised pergola. ....\$200 - \$300  
"The Lawn" with a small stage and "The Plaza" are also available for rental.

Now booking 2016 and 2017 meetings, social gatherings and weddings. Catering available. For more information about renting the Town Green for family or business events, call 763-494-5969. Additional charges may apply. All fees are subject to change.



**WEAVER LAKE COMMUNITY PARK & BEACH**  
**8401 Dunkirk Lane**

This 40-acre park offers a free, lifeguarded beach with concession stand and restrooms, two parking areas for 300 cars, four tennis courts, three ballfields, two playgrounds, one basketball and two volleyball courts, trails, a shaded picnic area and a picnic pavilion. Beach hours are:

**Dates:** Saturday, June 4 - Sunday, August 21, 2016  
**Hours:** Monday - Sunday, 12:00 noon - 7:00 p.m.  
Monday, July 4, 2016, 10:00 a.m. - 8:00 p.m.

Swimming is allowed only when lifeguards are on duty. If you are planning to bring a group of 50 or more persons to the beach, please call 763-494-6500 to assure that adequate lifeguards are on duty. Beach may be closed in inclement weather. There is no charge for parking. No alcoholic beverages or tobacco are allowed in the park.

## Maple Grove Days



Maple Grove Community  
Organization Presents...



# MAPLE GROVE DAYS



JULY 13-17, 2016



### EVENTS AT MAPLE GROVE COMMUNITY CENTER/ TOWN GREEN/CENTRAL PARK\*

#### Wednesday, July 13 – 7 pm

- EltonSongs – tribute to Elton John's greatest hits

#### Thursday, July 14

- Choo Choo Bob's Engineer Paul and Friends – 11 am
- Farmers Market – Maple Grove Community Center – 3 - 7 pm
- Duplicate Bridge Tournament – 12 - 4 pm

#### Friday, July 15

- Teen 3 on 3 Basketball Tournament - Central Park
- Children's Parade & Activities

#### Saturday, July 16

- Lions Corn Roast & Other Fair Foods
- Free Kids Events
- Pony Rides, Petting Zoo & Inflatable Rides
- Classic Car Show/Big Truck Show
- Business Expo
- Silent Auction
- Bean Bag Toss Tournament
- Bingo & Much More

#### Saturday Entertainment, July 16

- Children's Performers & Live Entertainment All Day (Main Stage & Town Green)
- Duct Tape Fashion Show
- Teen Street Dance – DJ Jay
- Street Dance – Skitzo Foniks
- Fireworks

#### Sunday, July 17

- MRPA Volleyball Tournament

\*Events subject to change

### EVENTS AROUND MAPLE GROVE\*

#### Thursday, July 14

- Pierre Bottineau Parade
  - The Parade begins with political units and vintage fly over at 6:10 pm, followed by the rest of the Parade at 6:30 pm, 89th Avenue
- Tennis Tournament
  - Maple Grove Senior High Tennis Courts
- Pickle Ball Tournament – 8 am - 4 pm

#### Friday, July 15

- Tennis Tournament – MGSH Tennis Courts
- Capture the Flag – Weaver Lake Park
- Maple Grove Ambassador Coronation – MGSH
- Gala in the Grove – Osseo American Legion

#### Saturday, July 16

- Jim Deane Memorial Rice Lake Run – Freedom Field
- Fishing Clinic – Weaver Lake
- Art Fair – Main Street
- Geocaching – Weaver Lake Elementary Nature Center

#### Sunday, July 17

- Art Fair – Main Street
- MG Historical Society Museum Open House



VISIT [MAPLEGROVEDAYS.ORG](http://MAPLEGROVEDAYS.ORG) FOR ADDITIONAL EVENTS AND MORE DETAILS



## Community Happenings



### 30TH ANNUAL ARBOR DAY CELEBRATION

Come join the Maple Grove Arbor Committee for this year's free Arbor Day activities. Planned events include raptors from the University of Minnesota Raptor Center, free tree seedlings (while supplies last) and tree planting information, Emerald Ash Borer information, Audubon Society, Master Gardeners, information on buckthorn and other invasive plant material control, tree inventory project information, tree medallions and much more fun for everyone.

**Maple Grove Community Center**

**Saturday, April 30**

**12:00 - 4:00 p.m.**



### DIRTY HANDS WANTED!

200 volunteers are needed the mornings of Wednesday, May 18 and Saturday, May 21 to help plant flowerbeds along Weaver Lake Road and Elm Creek Boulevard. This is a great project for groups, families or individuals. Supervised children age 10 and up are welcome to participate. Call 763-494-6535 or email [dcoss@maplegrovern.gov](mailto:dcoss@maplegrovern.gov) for information. Register at [www.signupgenius.com/findasignup](http://www.signupgenius.com/findasignup). Use the email [dcoss@maplegrovern.gov](mailto:dcoss@maplegrovern.gov) to find the Maple Grove Boulevard Planting sign up.

### TREE INVENTORY PROJECT VOLUNTEERS

The City of Maple Grove is starting its fourth year of a project to inventory all residential and business boulevard and front yard trees in Maple Grove. To date approximately 31,000 trees have been inventoried but we have much work left to be done. You can help by volunteering to inventory trees in your neighborhood this summer. All training and equipment will be provided. This project will provide the City with information regarding how many ash trees could potentially be affected by the emerald ash borer and also get tree counts of other tree varieties since other plant pests and diseases are on Maple Grove's doorstep. Contact Marilyn Arnlund at 763-494-6091 or [marnlund@maplegrovern.gov](mailto:marnlund@maplegrovern.gov) for more information or to volunteer.

### MAPLE GROVE AMBASSADOR CORONATION

An evening of tradition and fun await you at the Maple Grove Ambassador Coronation, Friday, July 15, 7:00 pm, at the Maple Grove High School. With a theme of "Maple Grove on a Stick" candidates will make state fair themed presentations, culminating with the crowning of three 2016 Ambassadors. Tickets are \$10, but wear your Maple Grove Days Button and save \$2. You may purchase a \$3 button from Ambassador Candidates or at the Community Center. For more information on the Ambassadors' community efforts and events, visit [maplegroveambassadors.com](http://maplegroveambassadors.com) or follow on Facebook.com/MGAmbassadors.



### JOIN MGCO FOR MAPLE GROVE DAYS

2016 is the year to become active in the community. Join Maple Grove Community Organization (MGCO) and help plan community events like Maple Grove Days 2016. Do you enjoy volunteering? We are looking for volunteers to chair MGD's events! Also, if you would be interested in hosting your gardens as part of the Maple Grove Days Garden Tour on Sunday, July 17, please contact; [www.mgco.org/contact](http://www.mgco.org/contact).

MGCO meetings are the 4th Tuesday of each month, 7:00 p.m. at the Maple Grove Community Center. Residents and non-residents are welcome. No previous experience necessary, just the desire to meet people & celebrate community spirit with pride, planning great events for Maple Grove. For more information call 763-494-5985 or visit [maplegrovedays.org](http://maplegrovedays.org). Info available on Facebook also.

### MAPLE GROVE HISTORY MUSEUM

The Maple Grove History Museum (9030 Forestview Lane) hosts an Open House the 2nd Sunday of each month, 1:00-4:00 p.m. Visitors are always welcome and special tours may be scheduled for groups. For information call 763-425-2279 or 763-420-5745. The Maple Grove Days exhibit in July will focus on weather in Maple Grove - winter storms, tornadoes, etc. Please consider sharing your memories of such events for our display by emailing [cmjoyced@aol.com](mailto:cmjoyced@aol.com).

## Special Interest & Community Events



### ADOPT-A-PARK

Adopt-A-Park is an opportunity for volunteers to help keep Maple Grove parks and trails beautiful. Adopt-A-Park is open to schools, community groups, civic organizations, faith communities, businesses, families and individuals. For information on Adopt-A-Park and available areas, please call 763-494-6535 or email [dcoss@maplegrovern.gov](mailto:dcoss@maplegrovern.gov).

*Thanks to the following groups and individuals for adopting a park or trail. All who use these areas appreciate your help.*

Basswood Elementary 5th grade classes, BMO Harris Bank Maple Grove, Bob Peterson, Boy Scout Troop 584, BSA Troop 211, Cintas Corporation, Cub Scout Pack 531, Cub Scout Pack 684, Cyber Advisors, Eagle Lake Woods Home Owners Association, Girl Scout Troop 16242 and 17215, Great River Energy, Henning family, Jatko family, LDS Church – Maple Grove Ward Scout Pack 247, LDS Cub Scout Pack 742, Lindley family, Lord of Life Lutheran Church, Maple Grove North Super Target Team Members, Maple Grove TAG, MOMS Club Maple Grove – Fish Lake, MOMS Club of Maple Grove – Rush Creek, Norman family, Northwest Hennepin County Rotary Club, Oak View Elementary Student Council, Pam and Jim Crenna, Pavsek family, Pruhs family, Rice Lake MOMS Club, Rosen family, Rush Creek Elementary, Sam's Club, Sandy and Jessica Rocheleau, Spark! Kids, The Jonquil Group, Timur's family, Weber family, Yousef M. and Elizabeth K. families and several anonymous volunteers.

### DONATION OPPORTUNITIES

#### Arbor Lakes and Central Park Benches

Give the gift of relaxation. Park benches marked with a bronze plaque will be a long-lasting remembrance. \$1800

#### Angel of Hope Brick Memorial

Give a gift of caring. The memorial brick paver program supports the on-going care of the Angel of Hope statue. \$125

#### Maple Grove Parks and Recreation Board

Give a gift of community. The Parks and Recreation Board welcomes donations of any amount. Donations can be for the general support of Parks and Recreation or specified for certain programs or areas.

Please contact Patty at 763-494-6504 or email [panderson@maplegrovern.gov](mailto:panderson@maplegrovern.gov) for more information.

### MAPLE GROVE JAZZ ENSEMBLE



The Maple Grove Jazz Ensemble rehearses Monday nights 7:00 – 9:00 p.m. at Osseo Middle School under the direction of Paul Mazzacano, award-winning professional musician, arranger, composer, conductor and educator. Any musician interested in auditioning or who would like more information should contact the director at [ptmano@q.com](mailto:ptmano@q.com) or call him at 763-566-5150. The Jazz Ensemble performs many concerts each year, and invites requests for appearances by organizations throughout the

Twin Cities area. The Jazz Ensemble also specializes in designing and conducting educational jazz clinics at colleges, middle schools and senior high schools.



### 15TH ANNUAL SPRING PERENNIAL PLANT EXCHANGE

Spring is a great time to divide perennials that have been in the ground for three years or more. Hostas, hydrangeas, coneflower, rudbeckia, phlox, forget-me-nots, sedum, day lilies and so many more are easily divided now. New and experienced gardeners are invited to trade their perennials (in pots or plastic bags) at this fun, free event.

Maple Grove Community Center parking lot, near the skate plaza Saturday, May 21 (rain or shine), 9:30 a.m. until we are done (plants usually trade quickly). Call 763-494-6535 for more information. Register at [www.signupgenius.com/findasignup](http://www.signupgenius.com/findasignup). Use [dcoss@maplegrovern.gov](mailto:dcoss@maplegrovern.gov) to find the Maple Grove Perennial Exchange sign up.



## Community Events



### WALK TO REMEMBER

Hosted by the Friends of the Angel non-profit organization, you are invited to participate in the 6th annual Walk to Remember around Rice Lake on Saturday, May 7. This is a time to remember all of the angels who have been called away too soon. Registration begins at 9:00 a.m. day of the walk. Walk starts at 10:30 am in the Maple Grove Arboretum. The Angel of Hope statue was dedicated in 2001 as a symbol of hope for families who have suffered the loss of a loved one. For further information regarding this event, visit [www.friendsoftheangel.org](http://www.friendsoftheangel.org).



### MOMMY, TEA AND ME – A ROYAL TEA PARTY

The Maple Grove Ambassadors cordially invite you to attend the 15th Annual "Mommy, Tea and Me – A Royal Tea Party", on Sunday, May 15, 2016. Hosted along with the Maple Grove Parks and Recreation, little girls 3 years and older, their moms, special guests, grandmothers, aunts and friends will enjoy a reserved seat just for them. Tea, lemonade, treats and creative activities await for an afternoon of special memories. All young ladies will receive a darling goodie bag, with more door prizes awarded throughout the afternoon. Wear your prettiest party dress for a royal fashion show with the Ambassadors.

Seating is limited. Register today through Maple Grove Parks and Recreation. Day-of, sign-ins available, if seats are available.

**Maple Grove Community Center**

**Sunday, May 15**

**3:30 – 5:00 p.m.**

**\$15 (per person)**

**201201-01**



### MAPLE GROVE MOMENTS PHOTOGRAPHY CONTEST

Grab your cameras and start shooting! The Maple Grove Moments Photography Contest is a great way for you to show how special our community is! Everyone is encouraged to participate - residents, business people, and students attending school in Maple Grove.

The contest is open from June 1<sup>st</sup> through July 15<sup>th</sup>. There are four categories (Going Together, Going Strong, Going Natural and Going Wild). Monetary prizes are awarded in each category as well as recognitions in the youth category for those under age 18. Photos must have been taken in Maple Grove in 2010 or later and can depict any of the four seasons.

Photos submitted may be used on our website as well as in area-wide media such as City newsletters, Facebook pages, Parks and Recreation brochures, Residents' Guide, etc.

Complete details and contest packet available June 1<sup>st</sup> on the City of Maple Grove website [www.maplegrovern.gov](http://www.maplegrovern.gov).

### NATIONAL NIGHT OUT

On Tuesday, August 2nd, Maple Grove, along with over 15,000 communities nationwide, will be celebrating National Night Out. We invite you to join forces with the Police Department and unite against crime. From 11:00 a.m. – 1:00 p.m., Maple Grove Police and Fire will sponsor a free BBQ lunch and emergency equipment show at the Maple Grove Community Center. You're also invited to host a block party in your own neighborhood during the evening. These parties are a great way to get to know your neighbors, have fun, and even receive a visit by Maple Grove Police or Fire. To register your neighborhood and receive planning information, visit [www.maplegrovern.gov](http://www.maplegrovern.gov) and click on Departments, then Police or contact Maple Grove Police Crime Prevention at 763-494-6134 or [crimeprevention@maplegrovern.gov](mailto:crimeprevention@maplegrovern.gov).



POLICE • COMMUNITY PARTNERSHIPS



# Maple Grove Farmers Market

FRESH PRODUCE   ARTISAN FOODS   FARMSTEAD PRODUCTS   VENDOR GROWN

**THURSDAYS**

.....

**3-7 PM**

**OUTSIDE @ COMMUNITY CENTER**

12951 WEAVER LAKE ROAD

JUNE

**09 - 20**

OCT

**NOURISHING THE  
COMMUNITY  
SINCE 2004**

LIVE MUSIC

KIDS CLUB

RECIPES

SHOPPER LOYALTY PROGRAM

MAPLEGROVEFARMERSMARKET.COM

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# Adaptive Recreation

## REACH for RESOURCES ADAPTIVE RECREATION

The adaptive recreation program is a cooperative effort between the cities of Brooklyn Park, Brooklyn Center, Golden Valley, Maple Grove, Plymouth, and REACH for Resources. REACH is an agency which serves individuals with developmental disabilities and their families in the west and northwest metro area. Services include information, referral, advocacy and counseling. Programs include social/recreation groups and education programs. For information and registration procedures, call 952-200-3030 or go to [www.reachforresources.org](http://www.reachforresources.org). NOTE: For persons not living in one of the above communities, you are considered a "non-resident" and need to add the indicated non-resident fee to the registration fee.

**Participants must PRE-register with REACH.**

### ADULT ACTIVITIES (18 +)

**Wednesday Night Social** – Various North Metro locations (Weds. 6:30-8:30 p.m.) \$45 R \$53 NR

**Non-Competitive Softball** – Harley Hopkins Fields (Thurs. June 9th-Aug. 4th, 6:30-8:00 p.m.) \$40.00 R. \$48 NR

**Bowling** –Doyles in Crystal (Mondays, 6:30-8:30 p.m.) \$40 R, \$48 NR plus \$3.50 per week

**On the Town** - This is a community-based social program on Friday and Saturday evenings for adults who want to explore their community with minimal support. (Requires a brief intake – call for more information or to schedule an intake 952-393-4277.)

**Yoga**- Adults & Family – Get into shape while gaining flexibility. St Louis Park (Tuesday evenings, 7:00-8:00 p.m.)

**Zumba** – Learn popular dance moves while exercising! St. Louis Park Rec Center (Monday evenings, 6:30-7:30 pm) \$55.00 R / \$63.00 NR

**Bocce Ball** – St Louis Pak (Tuesdays, July 26th-August 30th, 6:30-8:00 pm) \$40 R, \$48 NR

**Green Thumb Gardening** – Hopkins (Tues. June 7th – August 30th, 4:30-5:30 pm) \$40 R, \$48 NR

### TEEN ACTIVITIES (AGES 13-21)

**Non-Competitive Softball** – Harley Hopkins Fields (Thurs. June 9th-Aug. 4th, 6:30-8:00 p.m.) \$40.00 R, \$48 NR

**Teen Explorers** – Various locations (Tues, June 7th – August 2nd) 6:30-8:30 p.m. \$45R, \$53 NR

**Social Seeker** – Social group for teens/young adults with Asperger's. (High School group - Ages 15-18, Hopkins - Mondays, 5:45 – 7:15 pm) (Adult group -Ages 19+, Minnetonka - Wednesdays 5:00-6:30 pm). Requires intake to participate.

**Bowling** – Doyles in Crystal (Mondays, 6:30-8:30 p.m.) \$40 R, \$48 NR plus \$3.50 per week

**Bocce Ball** – St Louis Park (Tuesdays, July 26th-August 30th, 6:30-8:00 pm) \$40 R, \$48 NR

### YOUTH ACTIVITIES (AGES 5-12)

**Bowling** – Doyles in Crystal (Mondays, 6:30-8:30 p.m.) \$40 R, \$48 NR plus \$3.50 per week



**Challenger Baseball League** – Challenger is an official division of National Little League Baseball. This team is for kids with both physical and cognitive disabilities from ages 5-18. There is no charge to participate and all players have the option to have a buddy play alongside them. Challenger is run in the Hopkins area for six weeks on Sunday afternoons beginning May 1st. For more information on Challenger, please call 952-393-5880.



### SPECIAL EVENTS

**Beach Party** - Join your peers for an afternoon of fun in the sun! Have a barbecue, swim in the lake and play yard games with peers. Saturday, August 13th, 1-3pm - Shady Oak Beach, Minnetonka, MN \$10 (pre-registration required)

**Chain of Lakes Adapted Canoe Trip with Wilderness Inquiry** - Jump on a 10 person voyageur canoe with skilled guides to enjoy an afternoon of adventure! All abilities are welcome, accommodations can be requested. We will paddle the Minneapolis chain of Lakes, stop for a picnic, and head back to our starting point. Sunday, August 21st, 1-6pm -Chain of Lakes in Minneapolis, \$20 resident/\$28 nonresident

**Bingo!** - Join your friends to play everyone's favorite game! Friday, June 10th, 6:30 - 8:00pm - Brooklyn Center Community Activity Center, \$7 to pre-register or \$10 at the door.

**Dances For All!!** - \$5 at the door, no pre-registration required. St. Louis Park High School -April 15, May 20, June 17, July 15, August 19, 7:00pm - 9:00pm. Brooklyn Park Community Activity Center - May 6, 7:00 pm - 9:00 pm. Brooklyn Center Community Activity Center - July 29 from 6:30-8:30pm.

**Karaoke Night** - Friday, August 12th, 6:30 p.m. – 8:00 p.m. - Brookview Community Center, \$5 at the door.

**Weekend Ventures** - Need a mini-vacation? Join us for this great weekend respite program! For ages 16 and older. Call 952-393-5866 for more details.

**Valleyfair Weekend** - Stay at a great hotel in Bloomington and spend all day Saturday at Valleyfair!! Ride the roller coasters, see a show, hang out in the water park, and so much more!! Friday, June 3rd 6:00pm – Sunday, June 5th 11:00am. Cost \$500.

### AMERICANS WITH DISABILITIES ACT NOTICE

In compliance with the Americans with Disabilities Act of 1990, upon request, reasonable accommodations can be provided to allow individuals with a disability to participate in Maple Grove Parks and Recreation Board services, programs and activities. Please call 763-494-6500 or TTY 763-494-6525.



# Learn To Skate

## MAPLE GROVE SKATING SCHOOL LEARN TO SKATE PROGRAM

*An Indoor Ice Skating Program at the Maple Grove Community Center Ice Arena*

The Maple Grove Skating School Learn To Skate Program is an indoor ice skating program for all ages, 3 through Adult, designed by U.S. Figure Skating as the Basic Skills Program which provides a simple but progressive method of group ice skating instruction. Class titles include: Hockey Skating Development, Snowplow Sam, Skating School, Adult, Advanced Skating School, Junior Club 1, Junior Club 2, Senior Club, Bridge Beyond The Basics, High Bridge Beyond The Basics, and Jump To New Heights. Please register for classes as soon as possible, as classes fill quickly. Registrations are NOT accepted at the arena on the first day of the session. Class fees are not prorated for late registrations. On the first day of class, all participants MUST check in at the Maple Grove Skating School Participant Check-In located in the Warm Area between the Premier Bank Rink and the West Rink in the lower level of the arena. You MUST bring your Class Registration receipt to the first day of class to verify your registration. Note: At times, participants may repeat a level before advancing to the next level. Attendance is important in order to learn new skills that build on the skills learned during the previous class. Participants will be evaluated on the first day of class to verify that they have been registered for the appropriate level. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email [mgskatingschool@maplegrovern.gov](mailto:mgskatingschool@maplegrovern.gov) with any questions.

### SKATING EQUIPMENT

Single blade skates are allowed for classes. Double blade skates are not allowed at any time. During each class, a limited number of skate rentals (sizes youth 8 to adult 12) are available, per pair, for a nominal fee. Sticks, pucks and skate trainers are not allowed at any time.

### CLOTHING RECOMMENDATIONS

Warm, flexible clothing that includes mittens/gloves, a jacket, snow pants/leggings, and a hockey/bike helmet.

### \*NEW\* On-Ice Harness and Off-Ice Harness

The Maple Grove Skating School and the City of Maple Grove are proud to announce that an on-ice harness and off-ice harness are now available for use by Maple Grove Skating School participants. The on-ice harness and off-ice harness are tools that will assist participants by alleviating the fear of falling when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. The Maple Grove Skating School Learn To Skate Program information contains all information regarding the new "JUMP TO NEW HEIGHTS" off-ice harness class and the existing classes that will now utilize the on-ice harness and off-ice harness. This is truly an exceptional opportunity for the Maple Grove Skating School participants! Register today!

### MAPLE GROVE SKATING SCHOOL ON FACEBOOK

The Maple Grove Skating School is on Facebook. Become a fan and receive Maple Grove Skating School updates. "Like" the official Maple Grove Skating School page on Facebook today!



### MAPLE GROVE SKATING SCHOOL OFFICIAL APPAREL

The Maple Grove Skating School and the City of Maple Grove are proud to present the Official Apparel for the Maple Grove Skating School. The Official Apparel consists of a black polyknit, long sleeved, full zipper jacket with the Maple Grove Skating School logo embroidered on the back and a black polyknit pant. Show your pride for the Maple Grove Skating School by wearing the Official Apparel. Purchase and wear the jacket alone or purchase the jacket and pant together. Orders take place twice a year: June and November. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email [mgskatingschool@maplegrovern.gov](mailto:mgskatingschool@maplegrovern.gov) for information regarding the sizing chart, prices and order form.



### HOCKEY SKATING DEVELOPMENT (HOCKEY 1 – 4)

#### *Ages 6 – 12 or passed Snowplow Sam 3*

The most important skill in the development of a hockey player is skating technique and it is the primary focus of this hockey program. Participants will learn to maneuver faster and become more agile on the ice. There are four levels for this hockey program: Hockey 1 – 4. This program is endorsed by USA Hockey. Participants who are new to the program will be placed in Hockey 1 and progress through all four levels in order to learn all of the fundamentals. This hockey program will NOT talk about the game of hockey or use sticks or pucks. Each class consists of a 30 minute group lesson and a 30 minute practice time.

*~A helmet (hockey) is highly recommended.*

*~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.*

**Maple Grove Community Center Ice Arena**

**Wednesdays, June 29 – August 3**

**5:15 – 5:45 p.m.**

**\$78, \$83 NR (6 ses)**

**303205-01**

**5:45 – 6:15 p.m. practice time**

# Learn To Skate

## SNOWPLOW SAM (SNOWPLOW SAM 1 – 3)

*Ages 3 – 5*

Snowplow Sam teaches the U.S. Figure Skating Snowplow Sam 1 – 3 levels. It is designed to help young participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: standing up, forward/backward skating, forward/backward swizzles, forward one-foot glides, forward stopping, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time. One parent/guardian is encouraged to participate with his/her participant in the first two classes of the session. Parents/Guardians are required to wear skates if they wish to participate on the ice.

*~A helmet (hockey/bike) is highly recommended.*

*~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.*

Maple Grove Community Center Ice Arena

Wednesdays, June 29 – August 3

5:15 – 5:45 p.m. \$78, \$83 NR (6 ses) 303102-01

5:45 – 6:15 p.m. practice time

Wednesdays, June 29 – August 3

5:45 – 6:15 p.m. \$78, \$83 NR (6 ses) 303102-02

5:15 – 5:45 p.m. practice time

## SKATING SCHOOL (BASIC 1 – 3)

*Ages 6 – 12 or passed Snowplow Sam 3*

Skating School teaches the U.S. Figure Skating Basic 1 – 3 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward to backward two-foot turns, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time.

*~A helmet (hockey/bike) is highly recommended.*

*~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.*

Maple Grove Community Center Ice Arena

Wednesdays, June 29 – August 3

6:15 – 6:45 p.m. \$78, \$83 NR (6 ses) 303103-01

5:45 – 6:15 p.m. practice time

## ADULT (ADULT 1 – 6)

*Ages 13 – Adult*

Adult teaches the U.S. Figure Skating Adult 1 – 6 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward/backward edges, forward/backward crossovers, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time.

*~A helmet (hockey/bike) is highly recommended.*

*~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.*

Maple Grove Community Center Ice Arena

Wednesdays, June 29 – August 3

6:15 – 6:45 p.m. \$78, \$83 NR (6 ses) 303106-01

5:45 – 6:15 p.m. practice time

## ADVANCED SKATING SCHOOL (BASIC 4 – 6)

*Participants who have passed Basic 3*

Advanced Skating School teaches the U.S. Figure Skating Basic 4 – 6 levels. Examples of elements taught include: forward/backward crossovers, forward outside/inside three turns, hockey stops, forward spirals, backward to forward two-foot turns, etc. Each class consists of a 45 minute group lesson and a 60 minute practice time.

*~Skating attire is highly recommended and jeans are not allowed.*

*Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

*~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.*

Maple Grove Community Center Ice Arena

Wednesdays, June 29 – August 3

7:00 – 7:45 p.m. \$83, \$88 NR (6 ses) 303107-01

5:45 – 6:45 p.m. practice time

## JUNIOR CLUB 1 (BASIC 7 – 8)

*Participants who have passed Basic 6*

Junior Club 1 teaches the U.S. Figure Skating Basic 7 – 8 levels. Examples of elements taught include: mohawks, moving three turns, pivots, beginning one foot spins, ballet jumps, etc. Each class consists of a 45 minute group lesson and a 60 minute practice time.

*~Skating attire is highly recommended and jeans are not allowed.*

*Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

*~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.*

Maple Grove Community Center Ice Arena

Wednesdays, June 29 – August 3

7:00 – 7:45 p.m. \$89, \$94 NR (6 ses) 303108-01

5:45 – 6:45 p.m. practice time

## JUNIOR CLUB 2 (FREE SKATE 1 – 3)

*Participants who have passed Basic 8*

Junior Club 2 teaches the U.S. Figure Skating Free Skate 1 – 3 levels. Examples of elements taught include: forward/backward edges on an axis, forward/backward scratch spins, waltz jumps, toe loops, etc. Each class consists of a 60 minute group lesson and a 60 minute practice time.

*~Skating attire is highly recommended and jeans are not allowed.*

*Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

*~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.*

Maple Grove Community Center Ice Arena

Wednesdays, June 29 – August 3

7:45 – 8:45 p.m. \$89, \$94 NR (6 ses) 303109-01

6:30 – 7:45 p.m. practice time

## Learn To Skate

### SENIOR CLUB (FREE SKATE 4 – 6)

#### *Participants who have passed Free Skate 3*

Senior Club teaches the U.S. Figure Skating Free Skate 4 – 6 levels. Examples of elements taught include: forward/backward power three turns, spiral sequences, camel spins, loop jumps, the axel, etc. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute group lesson, 30 minute off-ice group lesson, and a 60 minute practice time.

*~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

*~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.*

**Maple Grove Community Center Ice Arena**

**Wednesdays, June 29 – August 3**

**7:00 – 8:45 p.m. \$100, \$105 NR (6 ses) 303110-01**

**5:45 – 6:45 p.m. practice time**

### BRIDGE BEYOND THE BASICS

#### *Participants who are ALSO registered for Free Skate 1 – 6*

Elements in Free Skate 1 – 6 are difficult and many participants repeat these levels. Participants will receive both group and individualized instruction that will assist participants to pass the Free Skate 1 – 6 levels. The focus of this class will be the individual participant. Each participant will concentrate on the specific elements that must still be achieved by the participant in order to pass the Free Skate 1 – 6 levels. Participants will have access to the on-ice harness at the Free Skate 4 – 6 levels. This is an additional class offered exclusively to participants who are also registered for Free Skate 1 – 6. Participants must continue to be registered for Free Skate 1 – 6 in order to participate in Bridge Beyond The Basics.

*~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

*~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.*

**Maple Grove Community Center Ice Arena**

**Wednesdays, June 29 – August 3**

**7:00 – 7:45 p.m. \$83, \$88 NR (6 ses) 303111-01**



### HIGH BRIDGE BEYOND THE BASICS

#### *Participants who have passed Free Skate 6*

High Bridge Beyond The Basics teaches advanced elements and assists in preparing participants for U.S. Figure Skating introductory tests and competitions. Participants will receive both group and individualized instruction. There will be a progression of class levels that will focus on stroking/edges/power skating/spins/jumps, the on-ice warm up and off-ice cool down, proper ice etiquette, introductory U.S. Figure Skating Moves in the Field patterns, introductory U.S. Figure Skating test/competition elements, proper stretching techniques, goal setting/positive thinking, boot/blade education, and parent/guardian education. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute group lesson, 30 minute off-ice group lesson, and a 60 minute practice time. *~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.* *~Arrive at the arena 20 minutes prior to the on-ice session on the first day of class.*

**Maple Grove Community Center Ice Arena**

**Wednesdays, June 29 - August 3**

**7:00 – 8:45 p.m. \$100, \$105 NR (6 ses) 303112-01**

**5:45 – 6:45 p.m. practice time**





## Learn To Skate

### **\*NEW\* JUMP TO NEW HEIGHTS**

#### *Off-Ice Harness Class*

#### *Participants who have passed Basic 6*

Jump To New Heights is an off-ice harness class that teaches proper jump rotation utilizing the off-ice harness. This 15 minute class is limited to 3 participants and will offer off-ice harness instruction and off-ice jump technique instruction. Participants will receive immediate feedback and analysis of his/her jump rotation. Mastering jump rotation is essential when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. Participants may wear either their skates or shoes during this class.

*~Skating attire is highly recommended and jeans are not allowed.*

*Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

**Maple Grove Community Center Ice Arena**

**Sundays, July 3 - July 31**

**9:00 – 9:15 a.m.      \$20, \$25 NR (5 ses)      303113-01**

**9:15 – 9:30 a.m.      \$20, \$25 NR (5 ses)      303113-02**

**Wednesdays, June 29 - August 3**

**6:25 – 6:40 p.m.      \$24, \$29 NR (6 ses)      303113-03**

### **OPEN FREESTYLE**

#### *Participants who have passed Basic 6*

Open Freestyle is a 60 minute session where a participant can make use of additional practice time on a full sheet of ice, and if interested, private lessons with a U.S. Figure Skating Coach. Open Freestyle is available to participants who have passed Basic 6 and above. Private lessons are available and contracted separately between a participant and a U.S. Figure Skating Coach. The use of the on-ice harness will be available on this session and may be used only by a participant along with a Maple Grove Skating School staff member who has been trained in the use of the on-ice harness. Registration fees submitted here only provide entrance and access to the Open Freestyle ice session. The Maple Grove Community Center All Building Membership or Open Ice Skating Coupons are NOT VALID for Open Freestyle. If you are interested in more information regarding Open Freestyle or private lessons, please contact the Skating Director, Mandy Pirich, at 763-494-5967 or email [mgskskatingschool@maplegrovmn.gov](mailto:mgskskatingschool@maplegrovmn.gov) with any questions.

**Note:** *If a participant does not pre-register for Open Freestyle, the fee for each 60 minute session will be \$13.00 and payable to the Maple Grove Ice Arena Attendant before the session begins.*

*~Skating attire is highly recommended and jeans are not allowed.*

*Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

**Maple Grove Community Center Ice Arena**

**Tuesdays, June 28 - August 2**

**12:00 – 1:00 p.m.      \$66, \$71 NR (6 ses)      303114-01**

**Wednesdays, June 29 - August 3**

**4:15 – 5:15 p.m.      \$66, \$71 NR (6 ses)      303114-02**



### **SUMMER TRAINING CLINIC**

#### *Participants who have passed Basic 6*

The Maple Grove Skating School Summer Training Clinic is designed for participants who are interested in an expanded training program. The class will be conducted both on the ice and off the ice. Participants will learn Artistry in Motion, Power Skating, Moves in the Field, Strength Training, Body Awareness, and Jump Preparation.

*~ In order to be eligible for the 2017 Maple Grove Ice Show's Artistry In Motion group number, participants must register for the 2016 Summer Training Clinic.*

*~ Skating attire is highly recommended and jeans are not allowed.*

*Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.*

*~ Please bring a jump rope, water bottle, healthy snack, and athletic footwear.*

*~ Please arrive at the arena 15 minutes prior to the Summer Training Clinic on the first day of class.*

**Maple Grove Community Center Ice Arena**

**Tuesdays, June 28 – August 2**

**1:15 – 3:30 p.m.      \$135, \$140 NR (6 ses)      303115-01**



**Maple Grove  
Skating School**

## Music for Everyone

### MUSIC FOR EVERYONE

This is a program that offers private music lessons and group activities for students of all ages, from pre-schoolers to adults. The cities of *Maple Grove, Brooklyn Park, Golden Valley, New Hope and Plymouth* have formed this music consortium to present quality music instruction to their residents. Persons not living in one of the above communities have the opportunity to take part in these lessons, but will be charged an additional non-resident fee per program.



### PRIVATE LESSONS

*Ages 7 – Adult*

The private music lesson program is ultimately designed to be a 12 month continuum for the entire year. Registration fees are taken on a quarterly basis. New students can enroll for private lessons at any time during the quarter, as space allows and fees can be pro-rated. Lesson times will be arranged by individual teachers. All private lessons are 30 minutes long and meet once per week. Additional costs will occur for lesson books and materials. In the event that an instructor has to cancel due to an emergency, the instructor will try to make-up the lesson or a refund will be issued at the request of the participant. The lessons are held at the Maple Grove Community Center and the Village Hall at Lakeview Knolls Park.

- ♦ The summer session begin the week of June 13. A variety of days & times are offered. **Call Alyssa (763-509-5224) to arrange a private lesson day and time prior to registration.**
- ♦ **\$198.00 residents, \$208.00 non-residents • 9 lessons** (non-resident fees are charged to participants not living in a member city)
- ♦ All students must bring their receipt to their first private lesson.
- ♦ For time arrangements and program content, call Alyssa 763-509-5224.
- ♦ Registration is available in person during Parks & Recreation business hours, by fax, 763-494-6456 (Visa, MasterCard or Discover) or by mail. **Electronic or phone-in registration not available.**



### PRIVATE GUITAR

From beginning classical to jazz, to acoustic to electric expertise, a course of study can be designed for a life-long guitar playing experience.

304202-01

## MUSIC MATTERS!



NOT  
available  
for Internet  
registration!

### PRIVATE PIANO

Weekly lessons are offered for beginner, intermediate and advanced students. This course includes basic and advanced keyboard technique, sight reading, basic music theory and ensemble playing.

304201-01



### PRIVATE VIOLIN/VIOLA

Get more enjoyment from your school orchestra by improving your performing skills. If you are just getting started, in the middle, or even an advanced player – just sign up! You will study technique, musicianship, sight reading and interpretation.

304203-01

# Music for Everyone



## PRIVATE BRASS

Develop a rich and beautiful tone, improve your sight-reading, expand your range, play classical and jazz styles. Beginner to advanced students welcome on trumpet, trombone and baritone.

304205-01

**NOT  
available  
for Internet  
registration!**



## PRIVATE WOODWINDS

Learn new skills or improve those you already have on flute, clarinet and saxophone. Develop tone, rhythm and reading skills.

304206-01

## PRIVATE HARP

Individual lessons on folk and lever harp will teach beginning to intermediate techniques, sight and note-reading, rhythm and give you an introduction to literature.

304207-01

## PRIVATE VOICE

Instruction will include proper voice placement, breath control, diction, note reading and intonation. Whether a beginner or a more experienced singer, our teachers will be able to increase your level of performance.

304204-01

## GROUP LESSONS



## FIRST STEPS IN MUSICLAND

*Ages 18 months - 3 years with a parent*

This preschool class teaches toddlers basic musical concepts. In this educational class, parents and children will have fun dancing, singing and playing instruments while the children learn valuable skills such as rhythm, eye-hand coordination, gross motor and focused learning. This class is taught by a licensed music educator. Come for fun and leave with a foundation for future musical skills and knowledge. Parents participate with their child. All registration accepted immediately

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Mondays, June 6 – August 1 (ex July 4)

9:30 - 10:15 a.m.	\$65(R), \$70(NR)	304108-01
10:20 - 11:05 a.m.	\$65(R), \$70(NR)	304108-02



## PIANO FOR LITTLE MOZARTS

*Ages 4 - 6*

Find a friend or a sibling to explore beginning steps at the piano with a Little Mozart's partners' lesson. Students will receive a fantastic jump start on the piano with hands-on activities. Each lesson includes music facts, movements, singing, percussion instruments, and time on the keyboard. Students will also be exposed to the rich heritage of classical music by some of the greats--Mozart, Beethoven, and many more. The Little Mozarts piano lesson book is used for home practice between lessons and is included in the program fee. Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Mondays, June 6 – August 1 (ex July 4)

11:15 - 11:45 a.m.	\$84(R), \$92(NR)	304109-01
11:45 - 12:15 p.m.	\$84(R), \$92(NR)	304109-02



## Kids World - Preschool Programs



### PLAYHOUSE PRESCHOOL 2016 - 2017

Playhouse Preschool is located in the Maple Grove Community Center at 12951 Weaver Lake Road. It is a state licensed program for 3, 4 and 5 year olds. Child must be 3 by September 1<sup>st</sup> of the school year. Child must be toilet trained. The school works to develop strong readiness skills while fostering an enthusiastic and positive attitude about learning. The program is designed with the individual child's development in mind. If you are interested in sending your child to Playhouse Preschool in the fall of 2016 or 2017, please contact Jody at the Maple Grove Parks & Recreation Board at 763-494-6505. Your child's name will be placed on the waiting list. You will be contacted as openings occur for that year.



### PLAYHOUSE SUMMER ADVENTURES

*Ages 3½ - 5*

Your summer adventures are just about to begin! Recreational activities for your child, including crafts, games, special events, snack and social play are what's in store, and they will not want to miss it! Children must be fully toilet trained by the start of the program and age 3½ by June 1, 2016. Come join the fun while developing new friendships! Instructor, Barb Hiltner.

**Maple Grove Community Center, Room 121**

**Monday - Friday, June 13 - 17**

**1:30 - 3:30 p.m. \$60**

**305306-09**

### PRESCHOOL ADVENTURES

*Ages 3½ - 5 (without a parent)*

#### Fun at The Beach

Grab your towel and lay it in the sand at our pretend beach. Make your very own "beach in a bottle" and enjoy an edible aquarium snack. Don't forget your sunglasses! Instructor, Barb Hiltner.

**Maple Grove Community Center**

**Monday, July 11**

**9:30 - 11:30 a.m.**

**\$13**

**305306-01**

**12:00 - 2:00 p.m.**

**\$13**

**305306-02**



#### Fishing Frenzy

Have you ever gone fishing? We will explore how much fun it is to catch the "BIG" one! We will use our pretend fishing poles and hook them. We will enjoy talking about the many types of fish there are and where they live. At the art table we will create a "fishy" project and enjoy a fun snack! Come and reel one in! Instructor, Barb Hiltner.

**Maple Grove Community Center**

**Monday, July 18**

**9:30 - 11:30 a.m.**

**\$13**

**305306-03**

**12:00 - 2:00 p.m.**

**\$13**

**305306-04**



#### Bundles of Bubbles

Bubbles, bubbles, bubbles! We love bubbles! If you love bubbles, this class is for you! Big and small, the choice is yours. During this we will be using bubbles in our project and then enjoy a bubbly snack. Come join us! Instructor, Barb Hiltner.

**Maple Grove Community Center**

**Monday, August 1**

**9:30 - 11:30 a.m.**

**\$13**

**305306-05**

**12:00 - 2:00 p.m.**

**\$13**

**305306-06**



#### We Love Ice Cream

Do you love ice cream on a hot summer day? Do you know how ice cream is made? Come explore the many colors and flavors of ice cream. We will make a pretend ice cream treat, followed by the enjoyment of eating a real one! What is your favorite flavor? Instructor, Barb Hiltner.

**Maple Grove Community Center**

**Monday, August 8**

**9:30 - 11:30 a.m.**

**\$13**

**305306-07**

**12:00 - 2:00 p.m.**

**\$13**

**305306-08**





## KIDCREATE STUDIO

Kidcreate Studio launches children into the incredible world of art. Our energized classes offer an exciting format for art exploration. We focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our teachers provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged. **Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)**

### The Very Hungry Caterpillar Art Camp with Kidcreate Studio

3-6 years

Eric Carle's books, such as The Very Hungry Caterpillar and The Grouchy Ladybug, will be the inspiration for this bug filled class! The children will learn how Eric Carle creates his amazing images. They will paint, cut, tear, paste, collage and sculpt, as they create their own masterpieces. **Please pack a nut free snack and drink for your child.**

Thursdays, June 9 – 30

9:00 a.m. – 12:00 p.m. \$119

305304-01

### Don't Bug Me! Art Class with Kidcreate Studio

3-6 years

Back by popular demand! Did you know that 95% of all species on Earth are insects? Learn cool facts about bugs while creating a bug filled snow globe. **Please pack a nut free snack and drink for your child.**

Friday, July 22

9:00 a.m. – 12:00 p.m. \$33

305304-02



### Candy Land in 3D with Kidcreate Studio

4-9 years

Every kids loves playing the board game Candy Land by Hasbro®. Whether your Mally Mallo or Giggly Gumdrop you can go down the rainbow path to Peppermint Forest, the Lagoon of Lord Licorice and Princess Frostine's Ice Palace! Let your imagination soar as you make your way to King Kandy's Castle to win! In this class, we will create our own 3D version of the game on a real canvas board. **Please pack a nut free snack and drink for your child.**

Friday, June 24

9:00 a.m. – 12:00 p.m. \$33

305304-03



### LEGO® Star Wars Art Camp with Kidcreate Studio

4-9 years

LEGO bricks and Star Wars® - what an amazing combination! We'll work as a team to paint a huge mural complete with stars, planets and far, far away galaxies. We'll build star fighters out of LEGO bricks, stage an intergalactic battle and make a Darth Vader bobble head. We'll even make our own light saber. We'll work with LEGO bricks, paint, clay and other art supplies to create these masterpieces that your young Jedi will love! **Please pack a nut free snack and drink for your child.**

Monday - Thursday, July 11 - 14

1:00 - 4:00 p.m.

\$119

305304-04

### Clay Cartoon Creations Art Camp with Kidcreate Studio

4-9 years



Your child's favorite cartoon characters will come to life as we get messy with many different types of clay in this extremely popular camp. Scooby, an Angry Bird, Alvin the Chipmunk and a Minion are just a few of the incredible creations your child will construct as they learn basic terms and techniques for working with clay. **Please pack a nut free snack and drink for your child.**

Thursdays, August 4 – 25

9:00 a.m. – 12:00 p.m.

\$119

305304-05

### Marvelously Messy Art Camp with Kidcreate Studio

4-9 years

Hey kids, do you love to get messy? Then this is the art camp for you! We'll use clay, papier mache, paint and more simply sloppy supplies to make projects your mom would never let you do at home! We'll become masters at making a mess, learn some pretty cool stuff – and have lots of fun while doing it! Making a mess is the best! **Please pack a nut free snack and drink for your child.**

Monday - Thursday, August 8 - 11

1:00 – 4:00 p.m.

\$119

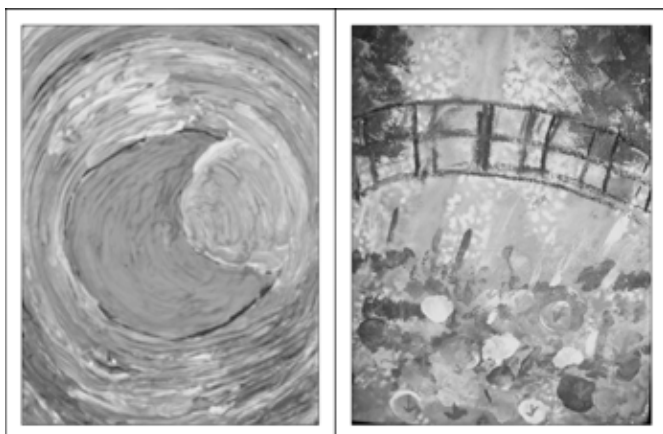
305304-06



See more KidCreate Studio next page →

## Kids World - Kidcreate Studio

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)



### Masters on Canvas Part 3 with Kidcreate Studio

5-12 years

Back by popular demand with all new projects! We will be inspired by art created by Vincent Van Gogh, Claude Monet, Rembrandt and Pablo Picasso. We will recreate famous works of art like Van Gogh's *Starry Night*, Monet's *Water Lilies*, Rembrandt's *The Mill* and many others, all on real canvas boards. Make room on your walls! Your child is going to be very proud of these masterpieces! Your child does not need to have attended Masters on Canvas, Part 1 or 2 to attend this class. ***Please pack a nut free snack and drink for your child.***

Monday - Thursday, June 20 - 23

1:00 - 4:00 p.m.

\$119

305304-07



### The Messiest Art Camp Ever! with Kidcreate Studio

5-12 years

Does your young artist love to get messy? So do we! We'll paint with plaster, sculpt with gooey gunk, make paper mache dragonflies and fling paint like Jackson Pollock. We will even learn some art terms along the way. These are not projects to tackle at home - leave the mess with us. Making a mess is the best! ***Please pack a nut free snack and drink for your child.***

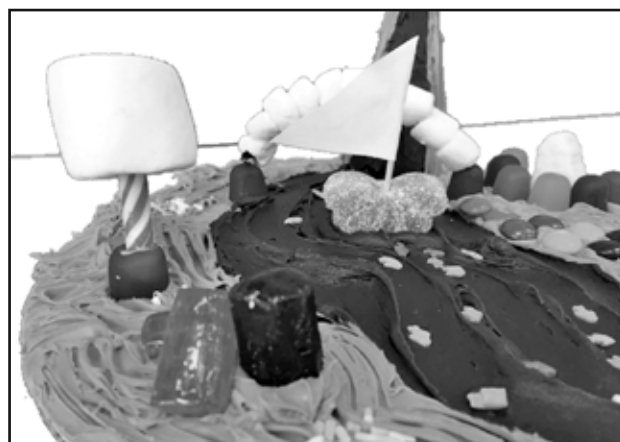
Thursdays, July 7 - 28

9:00 a.m. - 12:00 p.m.

\$119

305304-08

## Kids World - Creative Kids



### Willy Wonka Art Camp with Kidcreate Studio

5-12 years

Oompa Loompa doopadee doo...we've got another awesome art camp for you! Come create crazy kaleidoscopes, mosaics, imaginary candy and more art that is positively scrumdiddlyumptious! For many of our projects, we'll use real candy such as frosting, gummy bears, gum drops and marshmallows as our art materials! So put on your Wonkavision glasses and come create masterpieces Willy Wonka would be proud of! ***Please pack a nut free snack and drink for your child.***

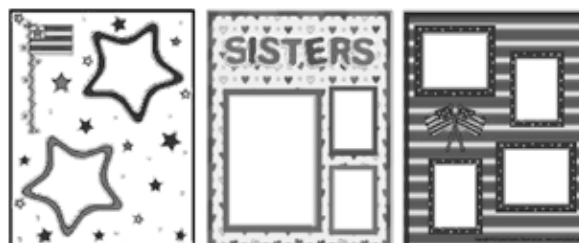
Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Monday - Thursday, August 22 - 25

1:00 - 4:00 p.m.

\$119

305304-09



### BEGINNING SCRAPBOOKING

Entering grades 2 - 6

Come have fun with us as we learn to decorate, journal and save your memories in a scrapbook. The class requires you to bring approximately 24-30 photos of holiday, birthday and/or other fun photos to work with during class, everything else is provided! This is a project that you and your family will treasure for a long time. In the one day classes, kids will each get a coordinated kit that is unique and fun to work with! ***In the two day class kids get a 7" album, paper to enhance pages, stickers, pen, adhesive and more.*** Instructor, Joyce Deane.

Kerber Park Shelter Bldg, 9095 Elm Creek Blvd

Monday & Tuesday, June 20 & 21

10:00 - 12:00 p.m.

\$39

305310-01

Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln

Monday, July 18

10:00 - 12:00 p.m.

\$16

305310-02

Gleason Fields Park Shelter Bldg, 18815 67th Ave N

Monday, August 8

10:00 - 12:00 p.m.

\$16

305310-03



# Kids World - Adventures in the Parks

## ADVENTURES IN THE PARK

### Entering grades 1 - 6

Children entering grades 1 - 6 this fall can join the fun this summer. Please wear old clothing to these classes as there may be painting or gluing involved. **Registration deadline is 48 hours prior to class.** Classes may go outdoors to play when projects are completed, so please have children wear sunscreen if needed.



**Campfire Fun** • Let nature be your guide in this class! Do you remember catching fireflies on warm summer nights and how fun it was? Come make glow in the dark firefly jars to use when catching those fun little critters or use it as center pieces for evenings around the campfire. Then learn the ins and outs of roasting a s'more cone treat with your choices of topping over a campfire! You'll learn skills that will impress your friends and family on your next camping adventure!

Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln

Tuesday June 14

10:00 - 11:30 a.m.	\$9	305102-01
12:00 - 1:30 p.m.	\$9	305102-02

**Sharpie Tie Dye Shirts** • Back by popular demand! Learn how Sharpies are not just for writing your name on your folder! In this class, kids will create fun and wearable creations with Sharpies! It's like magic! **Please bring a washed light colored (preferably white) plain shirt to class.**

Kerber Park Shelter Bldg, 9095 Elm Creek Blvd

Thursday, June 16

10:00 - 11:30 a.m.	\$8	305102-03
12:00 - 1:30 p.m.	\$8	305102-04

**Magic Mania** • A magician never reveals his secret, but you'll learn plenty of magic secrets in this class! Amaze your family and friends with the simple, yet impressive magic tricks you'll learn. You'll have them wondering, "How did you do that?"

Elm Creek Elementary Park Shelter Bldg, 9820 Revere Lane

Monday, June 20

10:00 - 11:30 a.m.	\$8	305102-05
12:00 - 1:30 p.m.	\$8	305102-06

**Unconventional Painting** • Who said paint brushes are needed for painting? Not in this class! Kids come learn unique ways to paint your masterpiece using marbles, string, bubbles, ice cubes and more! **Be prepared to get messy and wear clothes suitable for painting.**

Gleason Fields Park Shelter Bldg, 18815 67th Ave N

Wednesday, June 22

10:00 - 11:30 a.m.	\$8	305102-07
12:00 - 1:30 p.m.	\$8	305102-08

**Heat Wave** • Things are heating up in this class and you won't want to miss what the excitement is all about! By melting crayons you will create your masterpiece with heat sources. Come see what you can create!

Kerber Park Shelter Bldg, 9095 Elm Creek Blvd

Monday, June 27

10:00 - 11:30 a.m.	\$8	305102-09
12:00 - 1:30 p.m.	\$8	305102-10



**Fourth of July Fun** • It's almost time to celebrate the 4th of July, flags, stars, fireworks and more! Come learn an interesting method of using Sharpies on photo paper for a vibrant masterpiece that magically comes to life! It will get you right into the spirit of Independence Day!

Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln

Tuesday, June 28

10:00 - 11:30 a.m.	\$9	305102-11
12:00 - 1:30 p.m.	\$9	305102-12

**Music Mania** • Everyone benefits from the sound of music, and what could be more fun is creating your own instruments. Using upcycled materials kids will make their own music, drums, Kazoos, bells and more. Don't miss it!

Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln

Wednesday, July 6

10:00 - 11:30 a.m.	\$8	305102-13
12:00 - 1:30 p.m.	\$8	305102-14

**Water Wars** • The hot summer sun calls for one thing - fun with water crafts & games! Come cool off with your friends while having fun! Be prepared to get wet...you won't want to miss this!

Gleason Fields Park Shelter Bldg, 18815 67th Ave N

Thursday, July 7

10:00 - 11:30 a.m.	\$8	305102-15
12:00 - 1:30 p.m.	\$8	305102-16

**Super Bouncy Balls** • We thought it was too good to be true, but kid can make their own bouncy balls and it's fun! The best part is that they're so easy to make and so many colors to pick from! A simple recipe translates to a day of summer fun. Whose ball will bounce the furthest?

Elm Creek Elementary Park Shelter Bldg, 9820 Revere Lane

Tuesday, July 12

10:00 - 11:30 a.m.	\$8	305102-17
12:00 - 1:30 p.m.	\$8	305102-18

See more Adventures in the Parks next page →

# Kids World - Adventures in the Parks

## ADVENTURES IN THE PARK

*Entering grades 1 - 6*

Children entering grades 1 - 6 this fall can join the fun this summer. Please wear old clothing to these classes as there may be painting or gluing involved. **Registration deadline is 48 hours prior to class.** Classes may go outdoors to play when projects are completed, so please have children wear sunscreen if needed.

**Slimed** • What kid doesn't like to squish slimy things?? Even adults love playing with this stuff! Kids will stir it up in this class to create glitter, glow in the dark and even magnetic slime that will amaze family and friends! Don't miss the magic!

**Kerber Park Shelter Bldg, 9095 Elm Creek Blvd**

**Thursday, July 14**

10:00 - 11:30 a.m.	\$8	305102-19
12:00 - 1:30 p.m.	\$8	305102-20

**All Things Tye Dye** • An all new spin to Tye Dyeing! Using shaving cream, marbled food coloring and paper, kids will design one of a kind posters, frames and cards.

**Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln**

**Wednesday, July 20**

10:00 - 11:30 a.m.	\$8	305102-21
12:00 - 1:30 p.m.	\$8	305102-22



**Splash** • Wow, this class doesn't lack excitement! Create throw chalk, tie dye water balloons and splatter paints to create your one of a kind t-shirt design. **Wear a white t-shirt, old shorts and old shoes to this class; kids will get messy!**

**Gleason Fields Park Shelter Bldg, 18815 67th Ave N**

**Monday, July 25**

10:00 - 11:30 a.m.	\$9	305102-23
12:00 - 1:30 p.m.	\$9	305102-24

**Frozen Banana Pops** • Frozen Chocolate Banana Pops are the perfect treats for the kid in all of us! It's hard to resist the sweet flavor of a frozen banana surrounded in a thin coating of yummy chocolate. Eat them plain or roll them in the topping of choice. A perfect frozen treat on a hot summer's day!

**Eagle Lake Community Bldg, 6259 Eagle Lake Dr**

**Thursday, July 28**

10:00 - 11:30 a.m.	\$9	305102-25
12:00 - 1:30 p.m.	\$9	305102-26



**Science Fun** • Simple but fun, science isn't something that necessarily needs to be done in the closed quarters of a lab. Many cool experiments can be done right in this class and are fun to work with! Come see the magic of a lemon volcano, turn gummy worms into electric eels, rainstorms in a jar and more! No matter what your child's interest may be, these are science experiments that will teach them something cool and make them smile.

**Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln**  
**Monday, August 1**

10:00 - 11:30 a.m.	\$9	305201-27
12:00 - 1:30 p.m.	\$9	305102-28

**Mud Treasure** • Kids love to get their hands in clay! Students will explore the world of clay by creating their very own hand sculpture, treasures and more. After creating their masterpiece kids can add final touches by adding color with paints and/or markers.

**Kerber Park Shelter Bldg, 9095 Elm Creek Blvd**

**Wednesday, August 3**

10:00 - 11:30 a.m.	\$9	305102-29
12:00 - 1:30 p.m.	\$9	305102-30

**Stain Glass Art** • Catch colorful rays of sunshine in this class! Using a variety of household items kids will make breathtaking works of art.

**Elm Creek Elementary Park Shelter Bldg, 9820 Revere Lane**

**Thursday, August 4**

10:00 - 11:30 a.m.	\$8	305102-31
12:00 - 1:30 p.m.	\$8	305102-32

**Scavenger Hunt** • The hunt is on – the scavenger hunt, that is! You'll have a blast searching for all sorts of things in this scavenger hunt. A special prize is hiding in plain sight; with clues, can you find it?

**Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln**  
**Tuesday, August 9**

10:00 - 11:30 a.m.	\$8	305102-33
12:00 - 1:30 p.m.	\$8	305102-34

**We All Scream for Ice Cream** • Ice cream may seem like the simplest of lazy-day treats, but there's a science behind homemade ice cream; come see what it takes! In this class we will stock up on cones and fire up the backyard speakers -- we're about to show the neighborhood a whole new take on the ice cream social!

**Gleason Fields Park Shelter Bldg, 18815 67th Ave N**

**Thursday, August 11**

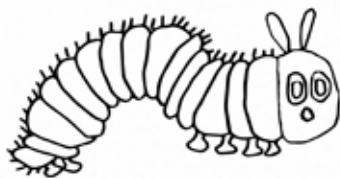
10:00 - 11:30 a.m.	\$8	305102-35
12:00 - 1:30 p.m.	\$8	305102-36

# Kids World - Science Explorers

## SCIENCE EXPLORERS

*It's All Right Here - Healthy Minds, Healthy Bodies!!*

These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. Class fee includes all supplies.



### Camp Caterpillar

*Ages 3½ - 6*

Our earth is a wonderful adventure just waiting for you! As a Caterpillar Camper, you will begin a new exploration each day as we learn about our planet. You will investigate bugs, plants and the weather with fun activities, projects, songs, stories and more.

**Maple Grove Community Center**

**Tuesday - Thursday, May 31 – June 2**

**9:30 - 11:30 a.m.**

**\$54**

**305702-01**



### Mixture Madness

*Ages 3½ - 6*

Pour, mix, measure and stir! In Mixture Madness you will be exploring the world of chemistry by mixing together safe ingredients. You will create slime while learning about polymers, have fun with magical crystals while learning about absorption, plus formulate your own mixtures through open exploration. Be sure to dress so you can get messy as we explore these and other fascinating mixtures.

**Maple Grove Community Center**

**Tuesday - Thursday, May 31 – June 2**

**12:30 - 2:30 p.m.**

**\$54**

**305702-02**

### Tiny Tots Investigative Science

*Ages 3 - 5*

Introduce your tot to the exciting world of STEM! In this hands-on, discovery based adventure, your junior scientist will begin to consider some of the how's and why's of science, and dare to imagine "what happens next?" We will classify, measure and predict as we explore such concepts as physical space, structures, balance and motion. Let science spark wonder and imagination in your tot as they explore the world around us.

**Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.**

**Monday - Thursday, June 20 - 23**

**10:00 - 11:30 a.m.**

**\$54**

**305702-03**

## Wheels, Wings, Sails and Rails

*Ages 3½ - 6*

Ever wonder how a plane flies or how a train is powered? Join Science Explorers as we discover how cars, planes and trains work and why they are important to our everyday life. With fun and engaging experiments and Lego activities, we will learn how boats can cruise over the water without sinking, how planes and rockets fly and more amazing transportation wonders. Then we will follow the tracks to learn about steam engines, train signals and more as we take our first step into the areas of STEM.

**Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.**

**Monday - Thursday, July 18 - 21**

**1:00 - 3:00 p.m.**

**\$72**

**305702-04**



### Camp KinderSprouts

*Entering Kindergarten*

Exclusively for children entering kindergarten. Join Science Explorers as we discover the world around us while brushing up on the skills needed for kindergarten. Explore outer space, dinosaurs and the ocean while learning science, math, reading, writing and geography. Students will explore these topics through experiments, projects, songs and more in this fun, hands-on camp setting.

**Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.**

**Monday - Thursday, August 1 - 4**

**1:00 - 3:00 p.m.**

**\$72**

**305702-05**

## Extreme Chemistry... Mystery Challenges

*Entering grades 1 - 5*

Are you ready to get messy with some extreme chemistry experiments? Then step into the science lab to solve our mystery challenges. You will need to investigate polymers, rates of reaction, density, chemical indicators and more to help solve the mysteries. Our classes are hands-on...so be sure to dress for a mess!

**Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.**

**Monday - Thursday, August 8 - 11**

**1:00 - 3:30 p.m.**

**\$87**

**305702-06**

## Elementary Engineering... Motors and More

*Entering grades 2 - 6*

Do you find yourself tinkering with models, motors and gears? Then put your building skills to the test as an elementary engineer by designing and constructing remote-controlled vehicles. Build different vehicles while learning about motors, gears and robotics. Then test your creations and motor skills with fun and challenging obstacle courses. Lastly, create a vibro-bot, from a simple tinkering kit, to take home.

**Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.**

**Monday - Thursday, August 15 - 18**

**1:00 - 3:30 p.m.**

**\$87**

**305702-07**



## Kids World - Great Minds & Thinkers

### EUREKA! THE INVENTOR'S CAMP

**Ages 6 - 12**

Are you a budding inventor? If so, join Mad Science as we learn about famous inventors such as Leonardo da Vinci, Thomas Edison, Rube Goldberg, Archimedes and Ben Franklin and the contributions they made to science. Use your knowledge and creativity to overcome a series of challenges using basic materials, simple machines, tips from famous inventors and the most important of all – your mind. While Thomas Edison said "invention is 10% inspiration and 90% perspiration", this camp is 100% FUN!

**Gleason Fields Park Shelter Bldg, 18815 67th Ave N**

**Monday – Thursday, July 11-14**

**9:00 – 12:00 p.m. \$116 (4 ses) 305703-01**

### MARTIAN MELTDOWN

**Ages 8 - 11**

Alongside other cadets embark on an out of this world adventure. Build a rover using Lego mind-storm EV3, explore the Martian surface and help prevent the impending meltdown. Don't worry though, you will have aid from veteran explorers from the Crimson Robotics Team.

**Maple Grove High School Room 281, 9800 Fernbrook Ln N**

**Monday – Thursday, July 25-28**

**8:00 – 12:00 p.m. \$200 (4 ses) 305703-03**



### SCHOOL HOUSE CHESS

**Ages 6 – 12**

Chess is fun, Schoolhouse Chess camp is super fun as it brings the game of chess to life using creative personalities. You will be captivated by our imaginative characters and learn chess with ease. Play a game with our gigantic chess set – the biggest you have ever seen! The camp covers all the rules, strategies and tactics and is appropriate for beginners through intermediate players.

**Gleason Fields Park Shelter Bldg, 18815 67th Ave N**

**Monday – Thursday, July 11-14**

**1:00 – 4:00 p.m. \$116 (4 ses) 305703-02**

## NEW - Family Yoga



### FAMILY YOGA \*NEW\*

**Ages 4 – Adult (Children must be accompanied by an adult)**

Create a routine in your family life that will foster connection and develop healthy habits that last a lifetime. This family-centered class, built for fun, will help all participants deepen the breath, stretch the spine, and relax the body and mind...together. Partner poses, cooperative games, stories, and art projects will expand the yoga practice from your mat into your home! No previous yoga experience necessary. Instructor, Laura Honeck. **Bring a yoga mat or beach towel for each participant. Classes held outdoors weather permitting.**

**Eagle Lake Community Building, 6259 Eagle Lk Dr.**

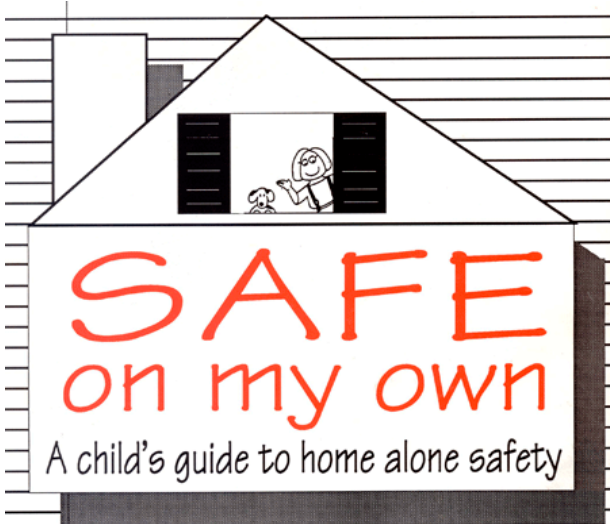
**Thursdays, June 9 – 30**

<b>6:00 – 7:00 p.m.</b>	<b>(4 ses)</b>	<b>\$40 adult-child pair</b>	<b>305116-01</b>
		<b>\$5 additional adult</b>	
		<b>\$5 additional child</b>	

**Thursdays, August 4 – 25**

<b>6:00 – 7:00 p.m.</b>	<b>(4 ses)</b>	<b>\$40 adult-child pair</b>	<b>305116-02</b>
		<b>\$5 additional adult</b>	
		<b>\$5 additional child</b>	

## Kids World - Red Cross Safety



### SAFE ON MY OWN

*Ages 7 - 10*

This course is ideal for children 7-10 years of age. Children learn how to prevent and prepare for emergencies, safety when home alone, phone safety, and what to do if someone is choking or bleeding. No pressure, no stress, just an esteem-building education that participating youth can use to keep themselves safe. Fee includes all materials. This course is sponsored by the American Red Cross.

Maple Grove Community Center

Saturday, July 30

9:00 - 10:30 a.m.

\$16

305503-01



### BABYSITTING WORKSHOPS

*Ages 11 - 15*

This course is ideal for current and future babysitters, teaching them the best ways to be safe and keep the children in their care safe. Training for real life, includes essential professional leadership and caregiving skills, safety skills to prevent emergencies, how to manage real-life problems, including emergencies and tips on finding babysitting jobs. No pressure, no stress, just an esteem-building education that participating youth will use throughout their lives. This course is sponsored by the American Red Cross. Students 11 years of age or older who correctly demonstrate all skills and complete all course worksheets are eligible to receive a certificate of completion. This course is based on hands-on skills. No written test will be given. *Children 10 years of age may take the course, however, they will not receive the certification.* Students should bring a bag lunch. The fee includes all supplies.

Maple Grove Community Center

Saturday, May 28

9:00 - 4:30 p.m. \$81

205501-02

Saturday, June 4

9:00 - 4:30 p.m. \$81

305501-01

Saturday, July 9

9:00 - 4:30 p.m. \$81

305501-02

Saturday, August 13

9:00 - 4:30 p.m. \$81

305501-03

Saturday, August 27

9:00 - 4:30 p.m. \$81

305501-04





## PRAIRIE FIRE CHILDREN'S THEATRE "Cinderella"

*Entering Grades 2 – 12*

"Let's Go to the Hop", set in the 1950s, is the theme of this original musical production by Daniel Nordquist and Deborah Pick. The play features a great deal of dancing, singing and lip syncing. Seventy-seven local children are needed to play the roles of Cinderella, the Stepsisters, the Pumpkins, the Macho Mice, the Cool Cats and Chicks, Dinah the Cat, Mikey and his band "The Mistakes", King Cash the Promoter, and his Assistants. Two professional actors will play the roles of the Stepmother and the Father and will also direct the production.

Auditions are open to **pre-registered** children entering grades 2-12. All pre-registered auditioners will receive a part. The audition process lasts up to two hours and all auditioners are required to be in attendance the complete time. No preparation is necessary for the audition. Rehearsals for some parts may begin immediately following auditions. Each actor will receive a rehearsal schedule at auditions. Performances are at 7:00 p.m. on Friday and Saturday, July 29 and 30. Performances free of charge. For more information call 763-494-6516.

**Maple Grove Senior High, Auditorium**

**Mon-Sat, July 25-30, 2016 \$92**

**305307-01**

**Monday 1:00 p.m. – 3:00 p.m., auditions.** Short rehearsal for a few cast members immediately following auditions.

**Tuesday – Thursday 1:00 p.m. – 5:15 p.m. rehearsal**

**Friday 3:00 p.m. dress rehearsal, 7:00 p.m. performance**

**Saturday, 7:00 p.m. performance**

## A TASTE OF BROADWAY MUSICAL THEATER CAMP

### "A Year with Frog and Toad - KIDS"

*Entering grades 2 - 5*

Adapted from the three-time Tony-nominated Broadway hit comes *A Year With Frog And Toad KIDS*. Based on Arnold Lobel's well-loved books, the jazzy, upbeat score bubbles with melody. Part vaudeville, part make-believe, and all charm, *A Year With Frog And Toad KIDS* tells the story of a friendship that endures throughout the seasons. This whimsical show follows two great friends – the cheerful, popular Frog, and the rather grumpy Toad, through four fun-filled seasons. Waking from hibernation, Frog and Toad plant gardens, swim, rake leaves, go sledding, and learn life lessons along the way. Throughout the year, two best friends celebrate and rejoice in the differences that make them unique and special.

No experience necessary. Auditions will take place the first day of camp. All pre-registered youth will receive a part. No preparation is required for the audition.

**Maple Grove Senior High, Auditorium**

**Monday – Friday, June 20 – June 30**

**9:00 - 11:30 am.**

**\$203**

**305308-01**

**(Performance at 11:30 a.m. on June 30)**



## A TASTE OF BROADWAY MUSICAL THEATER CAMP

### "Seussical - JR."

*Entering grades 3 - 9*

Horton the Elephant, the Cat in the Hat, and all of your favorite Dr. Seuss characters spring to life onstage in *Seussical JR.*, a fantastical musical extravaganza from Tony winners Lynn Ahrens and Stephen Flaherty. Transporting audiences from the Jungle of Nool to the Circus McGurkus, the Cat in the Hat narrates the story of Horton the Elephant who discovers a speck of dust containing tiny people called the Whos. Horton must he protect the Whos from a world of naysayers and dangers, and he must also guard an abandoned egg that's been left in his care by the irresponsible Mayzie La Bird. Although Horton faces ridicule, danger and a trial, the intrepid Gertrude McFuzz never loses faith in him. Ultimately, the powers of friendship, loyalty, family, and community are challenged and emerge triumphant!

No experience necessary. Auditions will take place the first day of camp. All pre-registered youth will receive a part. No preparation is required for the audition.

**Maple Grove Senior High, Auditorium**

**Monday – Friday, August 1 – August 12 \*Class on August 9 will be held at Maple Grove Community Center**

**1:00 p.m. – 4:00 p.m.**

**\$203**

**305308-02**

**(Performance at 4:00 p.m. on August 12)**





## TIPPI TOES TODDLER & ME DANCE

*18 months – 3 years with a parent*

Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. This class includes mom, dad or another loved one's participation with their little dancer. The teacher will keep the class moving along while parents take an active role in encouraging, supporting and keeping the little dance on track. **Great intro to dance!**

Maple Grove Middle School, Gym A/B

Mondays, June 13 - August 8 (ex July 4)

9:15 – 10:00 a.m.

\$88 (8 ses)

305403-01



## TIPPI TOES PRINCESS DANCE CAMP

*Ages 3-7 (Princesses will be split into groups by age)*

Once upon a time, Tippi Toes planned a beautiful Princess Dance Camp. Young Princesses came from near and far dressed in princess or ballerina outfits, for they were about to spend time with some of the most intelligent, inspiring and polite Princesses in all the land. Together they would dance, share stories, play games and make crafts. At the end of their week, they would each get to invite their Queen Moms and King Dads to join them at a tea party, awards ceremony and dance performance. **Princesses must be 3 by the first day of camp and be fully toilet trained.** More information to be sent following registration.

Tippi Toes Dance Studio, 7351 Kirkwood Lane N, Suite 144

Monday - Thursday, July 25 - 28

9:00 – 12:00 p.m.

\$139

305403-02

## HIP HOP AND JAZZ COMBO

*Ages 6 - 8*

Learn the basics of hip-hop and jazz in this fun exciting introductory dance class. This class will foster your child's creativity and expression in a supportive dance setting. Your child will move and groove to fun upbeat music while exploring their own individuality. Come join us!

Maple Grove Middle School, Cafeteria

Tuesdays, June 14 – August 2

7:00 - 8:00 p.m.

\$52 (8 ses)

305405-01



## BALLET, TAP & JAZZ COMBO

*Ages 2 - 3½*

Come little ones, here's your chance to move. This class incorporates ballet, tap and jazz techniques while also encouraging self-expression and creativity. High energy music is used throughout the class to get dancers moving and having fun! Dancers will have a small performance for parents the last day of class. **Tap shoes are required.**

Maple Grove Middle School, Gym A/B

Mondays, June 13 - August 8 (ex July 4)

10:15 – 11:00 a.m.

\$88 (8 ses)

305402-01



## BALLET, TAP & JAZZ COMBO 2

*Ages 3 - 5*

For Little Ones who have taken our Tippi Toes Ballet, Tap, Jazz Combo class previously, our Level 2 class continues to encourage self-expression and creativity through dance while introducing new dance steps and high energy music to keep dancers moving and having fun. Dancers will have a small performance for parents the last day of class. **Tap shoes are required.**

Maple Grove Middle School, Gym A/B

Mondays, June 13 - August 8 (ex July 4)

10:15 – 11:00 a.m.

\$88 (8 ses)

305402-02

## INTRODUCTION TO JAZZ, TAP & BALLET

*Ages 4 - 5*

Welcome to the world of dance! This Jazz, Tap and Ballet class is for dancers who would like to learn dance routines through a variety of games and activities. Participants will dance to a variety of musical styles to learn techniques. Emphasis will be on having fun. **Tap shoes are required, and if needed, they can be purchased at Payless Shoes. Ballet shoes are recommended but not required. Please wear comfortable clothing.**

Maple Grove Middle School, Cafeteria

Tuesdays, June 14 – August 2

6:00 – 6:50 p.m.

\$52 (8 ses)

305404-01

## Kids World - Active Kids

### TOTS IN MOTION

*Ages 2½ - 4 with a parent*

This program is designed especially for parent(s) and child. Explore the joys of learning through body awareness. Children participate in games and songs to help develop motor skills, coordination, and promote social interaction. *Children must be 2½ by the time class begins and accompanied by a parent or responsible teenager.* Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, August 4 - 25

9:30 - 10:15 a.m. \$28 (4 ses) 305108-01

### KIDS IN MOTION

*Ages 3½ - 6*

Come move with us! This class is all about fitness and movement. Exciting games and fitness activities that develop a child's mind and body are all included. This class will focus on fun and fitness while achieving a good sense of self-awareness. Child must be 3½ by the time class begins. Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, August 4 - 25

10:30 - 11:15 a.m. \$28 (4 ses) 305108-02



### TINY TOT GYMNASTICS

*Ages 2 & 3 with a parent*

Come on little ones, here is your chance to try out your tumbling skills in a safe environment. In this class children will be introduced to a variety of mat exercises, low balance beam, tumbling and games that develop coordination. *Students should wear leotards or shorts, please no tights.*

Maple Grove Middle School, Auxiliary Gym

Wednesdays, June 15 - August 3

5:30 - 6:05 p.m. \$48 (8 ses) 305106-01

6:15 - 6:50 p.m. \$48 (8 ses) 305106-02

### TINY TOT GYMNASTICS

*Ages 3½ - 4*

This course is designed to be movement based and will focus on development of coordination. Tumbling, uneven bars, low balance beam and a variety of mat exercises will be introduced. Parent viewing first and last lesson only. Child must be 3½ years of age by the start of class. *Students should wear leotards or shorts, please no tights.*

Maple Grove Middle School, Auxiliary Gym

Wednesdays, June 15 - August 3

7:00 - 7:45 p.m. \$48 (8 ses) 305106-03

### PRE-SCHOOL GYMNASTICS

*Ages 4½ - Kindergarten*

This course will include tumbling, low balance beam work and a variety of mat exercises. Child must be 4½ years of age by the start of class. Leotards or shorts may be worn, no tights. Lessons missed by students will not be made up. *Parent viewing first and last lesson only.*

Maple Grove Middle School, Auxiliary Gym

Tuesdays, June 21 - August 16 (ex Aug. 9)

6:00 - 6:45 p.m. \$52 (8 ses) 305107-01

7:00 - 7:45 p.m. \$52 (8 ses) 305107-02

Thursdays, June 23 - August 11

6:00 - 6:45 p.m. \$52 (8 ses) 305107-03



### ELEMENTARY GYMNASTICS

*Entering grades 1 - 6*

A program designed whereby students complete a variety of skills before moving on to a more difficult level. Students should wear leotards or shorts, please no tights. Lessons missed by students will not be made up. Parent viewing first and last lesson only. Instructor, Jodi Hartwig.

•**Beginner 1** - No previous experience or limited instruction.

•**Beginner 2** - Completed Beginner 1 or tested to verify ability.

•**Intermediate** - Completed Beginner 2 or tested to verify ability.

Maple Grove Middle School, Auxiliary Gym

Mondays, June 20 - August 15 (ex July 4)

6:00 - 7:00 p.m. • **Beginner 1** \$56 (8 ses) 305105-01

7:05 - 8:05 p.m. • **Beginner 2/Int** \$56 (8 ses) 305105-02

Thursdays, June 23 - August 11

7:00 - 8:00 p.m. • **Beginner 1** \$56 (8 ses) 305105-03

### INTRO TO PICKLEBALL

*Ages 8 - 17*

An introduction to the sport of Pickleball! Learn general rules and scoring of the game, different types of hitting and basic partner communication. It will be an activity-centered program, so bring a water bottle and wear comfortable clothing and athletic shoes. Extra paddles and all equipment required will be available if needed.

Central Park Pickleball Courts, 12000 Central Park Way

Thursday, June 16 (ages 8-12)

9:00 am - 12:00 pm \$15 305212-01

Thursday, June 23 (ages 13-17)

9:00 am - 12:00 pm \$15 305212-02

## CAMP ROBICHON'S – INLINE SKATING

*Skate with us to Better Health*

**Ages 6 – 12**

Camp Robichon's in partnership with the City of Maple Grove, is the world's best way to learn in-line skating skills. You and/or your child will learn Robichon's In-Line Skate Schools proven world-leading instruction techniques and curriculum that offers everything you and your child will need to know to inline skate safely, confidently and successfully outside in a magically fun and spirited manner. You will learn beginner to intermediate inline skating skills while engaging in skate exercises and games designed to reinforce and develop new skate skills. Specific skills learned include, how to get started, safety, balance, slowing, braking, inclines, declines, hills and hazards. For a positive non-competitive learning environment enroll today! Let's get rolling! Instructors from Robichon's Inline Skating Experts. **Equipment required - protective gear including the three pads (elbow, knee and wrist guards), a helmet (bike helmet is fine), and rollerblade or quad roller skates which will support your learning. Please ensure the equipment you bring to class will properly protect you and/or roll enough to allow for learning.**

Please contact Robichon's at 612-910-7655 if equipment rental is needed. General items to bring; water bottle, snack and sunscreen.

**Central Park of Maple Grove, Skate Loop, 12000 Central Park Way (2 blocks east of the Library)**

**Monday - Thursday, August 8 - 11**

**9:00 – 11:30 a.m. \$144 (4 ses) 305113-01**

## \*PARENTS! IN-LINE & ROLLER SKATE CAMP

*Adults - Skate with us to Better Health*

Camp Robichon's teaches you what you need to know to skate safely and successfully outdoors. All participants are required to wear a helmet.

**Central Park of Maple Grove, Skate Loop, 12000 Central Park Way (2 blocks east of the Library)**

**Saturday & Sunday, August 13 & 14**

**9:00 am - noon \$134 (2 ses) 309203-01**

## FENCING FOR YOUTH

**Ages 7 – 13**

Fencing is a vigorous sport that requires and develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. More than a game, fencing requires a mental attitude of self-discipline involving total manipulation of mind and body in perfect harmony. It utilizes natural body movement to create simple and effective self-protection techniques with the sword. Attacking, defense, timing and intense tactics are all integrated into this beginning class. Whether you're fencing for a good work out, or gaining points for the Olympics, fencing is fun for the entire family. We provide everything needed to fence (mask, jacket, glove and weapon). *The fencer need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.*

**Maple Grove Community Center, Gymnasium**

**Monday - Friday, July 25 - 29**

**10:00 – 11:00 a.m. \$72 (5 ses) 305104-01**

## HORSE BACK RIDING LESSONS

**Ages 6 – 11**

For those of you who want to try riding for the first time or for the experienced rider that wants to brush up on their skills; join us at Caille Farm. Learn basic care, stable safety, handling and feeding of horses. Lessons will be on well trained horses that give confidence to new riders, yet deliver challenge to the more advanced. Lessons will be held at Caille Farms indoor arena. You provide your own transportation. Parent viewing can be done from 9:00-9:30 a.m. and 2:30-3:00 p.m. or at specific riding time arranged at Caille Farms. For further information or directions contact Barb at 763-295-5250. **Long pants and tennis shoes are required. Attention Parents: A waiver needs to be signed by a parent prior to lessons - access it at [www.caillefarms.com](http://www.caillefarms.com) click on camps. Please bring a bag lunch.**

Instructor, Barb Anderson Whiteis and staff.

**Caille Farm, 9209 Iffert Ave NE, Monticello, MN 55362**

**9:00 a.m. – 3:00 p.m**

Wednesday, June 15	\$70	305109-01
Wednesday, June 22	\$70	305109-02
Wednesday, June 29	\$70	305109-03
Wednesday, July 13	\$70	305109-04
Wednesday, July 20	\$70	305109-05
Wednesday, July 27	\$70	305109-06
Wednesday, August 3	\$70	305109-07
Wednesday, August 10	\$70	305109-08
Wednesday, August 17	\$70	305109-09
Wednesday, August 24	\$70	305109-10
Wednesday, August 31	\$70	305109-11



## KARATE FOR CHILDREN

**Ages 5 – 12**

A program structured to teach children the understanding of respect and discipline while learning basic Taekwondo. Classes start with a basic warm up and stretching. Classes are not progressive. Karate uniforms can be purchased at the school, but are not required. Loose fitting clothing is acceptable.

**Maple Grove World Taekwondo**

**6463 Sycamore Court N, Maple Grove, 763-559-7091**

**Mondays, May 16 – June 27 (ex May 30)**

**5:30 - 6:15 p.m. \$50.00 (6 ses) 305110-01**

**Mondays, July 11 – August 15**

**5:30 - 6:15 p.m. \$50.00 (6 ses) 305110-02**

## LITTLE DRAGONS

*Karate for ages 3 & 4*

Little Dragons is a program designed for the younger child. The classes will cover basic Taekwondo skills, balance, coordination, self-control, respect and most importantly, the kids will have fun. Uniforms are not mandatory but can be purchased at the school. Wear loose fitting clothing. Classes taught by certified black belts.

**Maple Grove World Taekwondo Academy**

**6463 Sycamore Court N, Maple Grove, 763-559-7091**

**Tuesdays, May 17 – June 21**

**10:30 - 11:00 a.m. \$50.00 (6 ses) 305110-03**

**Tuesday July 12 - August 16**

**10:30-11:00 a.m. \$50.00 (6 ses) 305110-04**



# Kids World - Active Kids

## SUMMER BASKETBALL

*Entering grades 1 - 4*

Enjoy summer hoops, a healthy choice. Join your friends for five fun-filled sessions of basketball instruction, emphasizing basic skills, sportsmanship and confidence!

**Maple Grove Community Center, Gymnasium**

**Mondays, June 13 – July 18 (ex July 4)**

9:30 – 10:30 a.m. • gr 1-2 \$30 305205-01

10:45 – 11:45 a.m. • gr 2-4 \$30 305205-02

**Mondays, August 1 - 29**

9:30 – 10:30 a.m. • gr 2-4 \$30 305205-03

10:45 – 11:45 a.m. • gr 1-2 \$30 305205-04



## LIL' SPORTS SAMPLER

*Age 4 as of September 1, 2016*

Explore t-ball and soccer activities while having fun in an age appropriate, fun-based setting. *Bring your water bottle to each session.* Fee includes a t-shirt.

### DAYTIME PROGRAM

**Mondays & Wednesdays, June 13– July 27 (ex July 4 & 6)**

**Cedar Island Elementary soccer field #2, 6710 East Fish Lk Rd**

8:30 – 9:15 a.m. \$110, \$115 NR 305203-01

9:30 – 10:15 a.m. \$110, \$115 NR 305203-02

10:30 – 11:15 a.m. \$110, \$115 NR 305203-03

**Tuesdays & Thursdays, June 14 – July 28 (ex July 5 & 7)**

**Fernbrook Elementary soccer field, 9661 Fernbrook Ln N**

8:30 – 9:15 a.m. \$110, \$115 NR 305203-04

9:30 – 10:15 a.m. \$110, \$115 NR 305203-05

10:30 – 11:15 a.m. \$110, \$115 NR 305203-06

### EVENING PROGRAM

**Mondays & Wednesdays, June 13– July 27 (ex July 4 & 6)**

**Maple Creek Park soccer field, 18230 72nd PI N**

5:00 - 5:45 p.m. \$110, \$115 NR 305203-07

6:00 - 6:45 p.m. \$110, \$115 NR 305203-08

7:00 - 7:45 p.m. \$110, \$115 NR 305203-09

**Tuesdays & Thursdays, June 14 – July 28 (ex July 5 & 14)**

**Maple Creek Park soccer field, 18230 72nd PI N**

5:00 - 5:45 p.m. \$110, \$115 NR 305203-10

6:00 - 6:45 p.m. \$110, \$115 NR 305203-11

7:00 - 7:45 p.m. \$110, \$115 NR 305203-12

## KICKIN' KIDS

*Ages 5 & 6 as of September 1, 2016*

A six week instructional soccer program. The first four weeks are filled with activities to learn the skills to play soccer. Individual and team pictures will be scheduled during first class of the second week. Emphasis will be placed on basic skills, sportsmanship and fun! *Bring your water bottle each time.* Class fees include a t-shirt. *The last two weeks will be game situations. Game dates may require travel to another park location and time change.*

### DAYTIME PROGRAM

**Mondays & Wednesdays, June 13– July 27 (ex July 4 & 6)**

**Fernbrook Elementary soccer field, 9661 Fernbrook Ln N**

8:45 - 9:45 a.m. \$110, \$115 NR 305202-01

10:00 - 11:00 a.m. \$110, \$115 NR 305202-02

11:15 - 12:15 p.m. \$110, \$115 NR 305202-03

**Tuesdays & Thursdays, June 14 – July 28 (ex July 5 & 7)**

**Weaver Lake Elementary soccer field, 15900 Weaver Lake Rd**

8:45 - 9:45 a.m. \$110, \$115 NR 305202-04

10:00 - 11:00 a.m. \$110, \$115 NR 305202-05

11:15 - 12:15 p.m. \$110, \$115 NR 305202-06

### EVENING PROGRAM

**Mondays & Wednesdays, June 13– July 27 (ex July 4 & 6)**

**Hidden Meadows Park soccer field, 9100 Rainer La N**

4:45 - 5:45 p.m. \$110, \$115 NR 305202-07

6:00 - 7:00 p.m. \$110, \$115 NR 305202-08

7:15 - 8:15 p.m. \$110, \$115 NR 305202-09

**Rice Lake Elementary soccer field, 13775 89th Ave N**

4:45 - 5:45 p.m. \$110, \$115 NR 305202-10

6:00 - 7:00 p.m. \$110, \$115 NR 305202-11

7:15 - 8:15 p.m. \$110, \$115 NR 305202-12

**Tuesdays & Thursdays, June 14 – July 28 (ex July 5 & 14)**

**Hidden Meadows Park soccer field, 9100 Rainer La N**

4:45 - 5:45 p.m. \$110, \$115 NR 305202-13

6:00 - 7:00 p.m. \$110, \$115 NR 305202-14

7:15 - 8:15 p.m. \$110, \$115 NR 305202-15

Registration starts Wednesday,  
April 27 at 9:00 a.m. for T-Ball,  
Kickin' Kids & Lil' Sports Sampler!



# T-Baseball

## T-BASEBALL 1

*ages 5 or 6 as of Sept. 1, 2016  
with no previous experience.*

A six week instructional baseball program. The first four weeks are filled with activities to help learn the skills of baseball. The last two weeks will be game situations. Having fun learning the game of baseball and good sportsmanship will be the focus of this program. **Bring your ball glove and water bottle to each session.** The limit is 18 maximum and minimum 10 per team. Individual and team pictures will be scheduled during the first class of the second week. **Game dates may require travel to another park location and time change.**

### DAYTIME PROGRAM

Mondays and Wednesdays, June 13 - July 27 (ex July 4 & 6)

Weaver Lake Elementary ballfield #1, 15900 Weaver Lake Rd  
8:45 - 9:45 a.m. \$110, \$115 NR 305206-01  
10:00 - 11:00 a.m. \$110, \$115 NR 305206-02  
11:15 - 12:15 p.m. \$110, \$115 NR 305206-03

Tuesdays and Thursdays, June 14 - July 28 (ex July 5 & 14)

Kerber Park ballfield #1, 9095 Elm Creek Rd  
8:45 - 9:45 a.m. \$110, \$115 NR 305206-04  
10:00 - 11:00 a.m. \$110, \$115 NR 305206-05  
11:15 - 12:15 p.m. \$110, \$115 NR 305206-06

### EVENING PROGRAM

Mondays and Wednesdays, June 13 - July 27 (ex July 4 & 6)

South Elm Road Park ballfield, 17271 66th PI N  
4:45 - 5:45 p.m. \$110, \$115 NR 305206-07  
6:00 - 7:00 p.m. \$110, \$115 NR 305206-08  
Teal Lake Park ballfield, 9598 Rosewood Ln N  
4:45 - 5:45 p.m. \$110, \$115 NR 305206-09  
6:00 - 7:00 p.m. \$110, \$115 NR 305206-10  
Crosswinds Park ballfield, 15301 Weaver Lake Rd  
7:15 - 8:15 p.m. \$110, \$115 NR 305206-11

Tuesdays and Thursdays, June 14 - July 28 (ex July 5 & 14)

Crosswinds Park ballfield, 15301 Weaver Lake Rd  
4:45 - 5:45 p.m. \$110, \$115 NR 305206-12  
6:00 - 7:00 p.m. \$110, \$115 NR 305206-13  
Maple Lakes Park ballfield, 12191 85th Ave N  
4:45 - 5:45 p.m. \$110, \$115 NR 305206-14  
6:00 - 7:00 p.m. \$110, \$115 NR 305206-15  
Freedom Field Park ballfield, 8585 Rice Lake Rd  
4:45 - 5:45 p.m. \$110, \$115 NR 305206-16  
6:00 - 7:00 p.m. \$110, \$115 NR 305206-17  
Basswood Park ballfield, 15234 65th PI N  
4:45 - 5:45 p.m. \$110, \$115 NR 305206-18  
7:15 - 8:15 p.m. \$110, \$115 NR 305206-19

## T-BASEBALL 2/INTRO TO COACH PITCH

*ages 6 as of Sept. 1, 2016 who have played T-Ball 1*

An instructional baseball program for children who have been in T-Ball the previous year. This program will include activities to learn the skills of baseball, and to work on game situations. The last 5 class meetings will be games with other parks. **Bring your ball glove and water bottle to all sessions.** The limit is 16 maximum and minimum 10 per team. Individual and team pictures will be scheduled during the first class of the second week. **Game dates may require travel to another park location and time change.**

### EVENING PROGRAM

Mondays and Wednesdays, June 13 - July 27 (ex July 4 & 6)

South Elm Road Park ballfield, 17271 66th PI N  
7:15 - 8:15 p.m. \$110, \$115 NR 305207-01  
Teal Lake Park ballfield, 9598 Rosewood Ln N  
7:15 - 8:15 p.m. \$110, \$115 NR 305207-02  
Crosswinds Park ballfield, 15301 Weaver Lake Rd  
4:45 - 5:45 p.m. \$110, \$115 NR 305207-03  
6:00 - 7:00 p.m. \$110, \$115 NR 305207-04

Tuesdays and Thursdays, June 14 - July 28 (ex July 5 & 14)

Crosswinds Park ballfield, 15301 Weaver Lake Rd  
7:15 - 8:15 p.m. \$110, \$115 NR 305207-05  
Basswood Park ballfield, 15234 65th PI N  
6:00 - 7:00 p.m. \$110, \$115 NR 305207-06  
Freedom Field Park ballfield, 8585 Rice Lake Rd  
7:15 - 8:15 p.m. \$110, \$115 NR 305207-07  
Maple Lakes Park ballfield, 12191 85th Ave N  
7:15 - 8:15 p.m. \$110, \$115 NR 305207-08



Registration starts  
Wednesday, April 27  
at 9:00 a.m. for T-Ball,  
Kickin' Kids & Lil'  
Sports Sampler!

# Fall Soccer Leagues

## FALL SOCCER REGISTRATION FAQs and How To

### What/where is my Home Zone?

Match your home address/area where you live to the area's "zone" number on the sports map. See this brochure page 39. Or online at [www.maplegrovern.gov](http://www.maplegrovern.gov) "Parks and Recreation", "Youth Sports Zone Map". This is your neighborhood zone; however, you can register for any zone that has openings.

### When does resident registration begin?

Registration begins **Thursday, April 28, 2016 at 9:00 a.m.**

### When does registration end?

All registration ends on Friday, July 28, 2016 at 6:00 p.m. for in-person or midnight for on-line registration. Teams will be formalized and incomplete zones will be combined to form teams. **After July 28, registration will be accepted only as space is available.**

### What if my child wants to play with a friend or friends that live in a different zone?

Registration begins Thursday, April 28, 2016. Registration is taken on a first come first serve basis. You can register for any zone that has spaces available.

### How do I register my child for a sports program?

Set up an account (if you haven't already done so). Preferred browser is Google. Link to your sport and look for your zone code. Registration can be completed using Visa, Mastercard or Discover. See page 86 for registration procedure details.

- Online at [webtrac.maplegrovern.gov](http://webtrac.maplegrovern.gov)
- Fax: 763-494-6456
- In-person at the Maple Grove Community Center Monday – Friday, 7 a.m. – 6 p.m.

### Can other non-residents play on Maple Grove youth sports teams?

Yes! All registration begins Thursday, April 28, 2016 at 9:00 a.m.

### How does the wait list work?

If you choose to put your child on a wait list, they are contacted only when there is an opening for that particular team. To ensure a spot on a team, please look for a zone that has space available.

### When are practices scheduled?

All practices are scheduled by each individual teams coach.

### How do I sign up to be a coach for my child's team?

All teams need volunteer coaches! Sign up via WebTrac, **Code 305612-01** (no cost to register), email [klallier@maplegrovern.gov](mailto:klallier@maplegrovern.gov) or call at 763-494-6511.

### Coaches' clinics will be in August.



Maple Grove Parks and Recreation is committed to educating youth athletic volunteer coaches about the nature and risks of concussions. Information regarding concussions is available at [www.cdc.gov/headsup/youthsports](http://www.cdc.gov/headsup/youthsports).





# Fall Soccer Leagues



## **GIRLS FALL SOCCER** *Entering grades 1 - 6 in Fall 2016*

An in-house recreational (various Maple Grove playfields) youth soccer program for girls and boys. Practices are scheduled by coaches beginning in late August.

**Games are on Saturdays with some weekday evening games beginning September 10, 2016.**

**\$110.00 (NR add \$5.00)**

### **Girls Fall Soccer, Grades 1 & 2**

Zones 1.....	305607-01
Zones 2.....	305607-02
Zones 3.....	305607-03
Zones 4.....	305607-04
Zones 5.....	305607-05
Zones 6.....	305607-06
Zones 7.....	305607-07
Zones 8.....	305607-08
Zones 9.....	305607-09
Zones 10.....	305607-10
Zones 11.....	305607-11
Zones 12.....	305607-12
Zones 13.....	305607-13
Zones 14.....	305607-14
Zones 15.....	305607-15
Zones 16.....	305607-16
Zones 17.....	305607-17
Zones 18.....	305607-18
Zones 19.....	305607-19
Zones 20.....	305607-20
Zones 21.....	305607-21
Any NR city*.....	305607-22
<b>Coaches.....</b>	<b>305612-01</b>

\*Non-resident fee applies

### **Girls Fall Soccer, Grades 3 & 4**

Zones 1.....	305608-01
Zones 2.....	305608-02
Zones 3.....	305608-03
Zones 4.....	305608-04
Zones 5.....	305608-05
Zones 6.....	305608-06
Zones 7.....	305608-07
Zones 8.....	305608-08
Zones 9.....	305608-09
Zones 10.....	305608-10
Zones 11.....	305608-11
Zones 12.....	305608-12
Zones 13.....	305608-13
Zones 14.....	305608-14
Zones 15.....	305608-15
Zones 16.....	305608-16
Zones 17.....	305608-17
Zones 18.....	305608-18
Zones 19.....	305608-19
Zones 20.....	305608-20
Zones 21.....	305608-21
Any NR city*.....	305608-22
<b>Coaches.....</b>	<b>305612-01</b>

\*Non-resident fee applies

### **Girls Fall Soccer, Grades 5 & 6**

Zones 1, 5, 6, Corcoran*.....	305609-01
Zones 2, 3, 4, Osseo, BP*.....	305609-02
Zones 7, 9, 10.....	305609-03
Zones 8, 11, 12.....	305609-04
Zones 13, 14, 15, 16.....	305609-05
Zones 17, 18, 19, Plymouth*.....	305609-06
Zones 20, 21.....	305609-07
All NR cities*.....	305609-08
<b>Coaches.....</b>	<b>305612-01</b>

\* Non-resident fee applies

# Fall Soccer Leagues

## BOYS FALL SOCCER Entering grades 1 - 4 in Fall 2016

An in-house recreational (various Maple Grove playfields) youth soccer program for girls and boys. Practices are scheduled by coaches beginning in late August.

Games are on Saturdays with some weekday evening games beginning September 10, 2016.  
\$110.00 (NR add \$5.00)

### Boys Fall Soccer, Grades 1 & 2

Zones 1.....	305603-01
Zones 2.....	305603-02
Zones 3.....	305603-03
Zones 4.....	305603-04
Zones 5.....	305603-05
Zones 6.....	305603-06
Zones 7.....	305603-07
Zones 8.....	305603-08
Zones 9.....	305603-09
Zones 10.....	305603-10
Zones 11.....	305603-11
Zones 12.....	305603-12
Zones 13.....	305603-13
Zones 14.....	305603-14
Zones 15.....	305603-15
Zones 16.....	305603-16
Zones 17.....	305603-17
Zones 18.....	305603-18
Zones 19.....	305603-19
Zones 20.....	305603-20
Zones 21.....	305603-21
Any NR city*.....	305603-22
Coaches.....	305612-01

\*Non-resident fee applies

### Boys Fall Soccer, Grades 3 & 4

Zones 1.....	305604-01
Zones 2.....	305604-02
Zones 3.....	305604-03
Zones 4.....	305604-04
Zones 5.....	305604-05
Zones 6.....	305604-06
Zones 7.....	305604-07
Zones 8.....	305604-08
Zones 9.....	305604-09
Zones 10.....	305604-10
Zones 11.....	305604-11
Zones 12.....	305604-12
Zones 13.....	305604-13
Zones 14.....	305604-14
Zones 15.....	305604-15
Zones 16.....	305604-16
Zones 17.....	305604-17
Zones 18.....	305604-18
Zones 19.....	305604-19
Zones 20.....	305604-20
Zones 21.....	305604-21
Any NR city*.....	305604-22
Coaches.....	305612-01

\*Non-resident fee applies



## BOYS COOPERATIVE FALL SOCCER

Going into Grades 5 & 6

Game fields located in Plymouth. Saturday games starting September 10, 2016.

\$110.00 (NR fees **not** applicable)

West Zones 1, 5, 6, 7, 9, 10, 13, 14, 15, 16, 20, 21, Corcoran .....	305605-01
East Zones 2, 3, 4, 8, 11, 12, 17, 18, 19, Osseo, BP, Plymouth .....	305605-02
Coaches .....	305612-01

## GIRLS OR BOYS COOPERATIVE FALL SOCCER

Going into Grades 7 & 8

Recreational boys and girls soccer teams. This is a cooperative program with other northwest suburbs. Practices are scheduled by coaches beginning late August. Game fields located in New Hope, Golden Valley, Crystal, Robbinsdale, Maple Grove and Plymouth.

Games are mainly Saturday afternoons with some week night games, beginning September 10, 2016.

\$110.00 (NR fees **not** applicable)

### Boys Cooperative Fall Soccer, Grades 7 & 8

Team #1.....	305605-03
Coaches .....	305612-01

### Girls Cooperative Fall Soccer, Grades 7 & 8

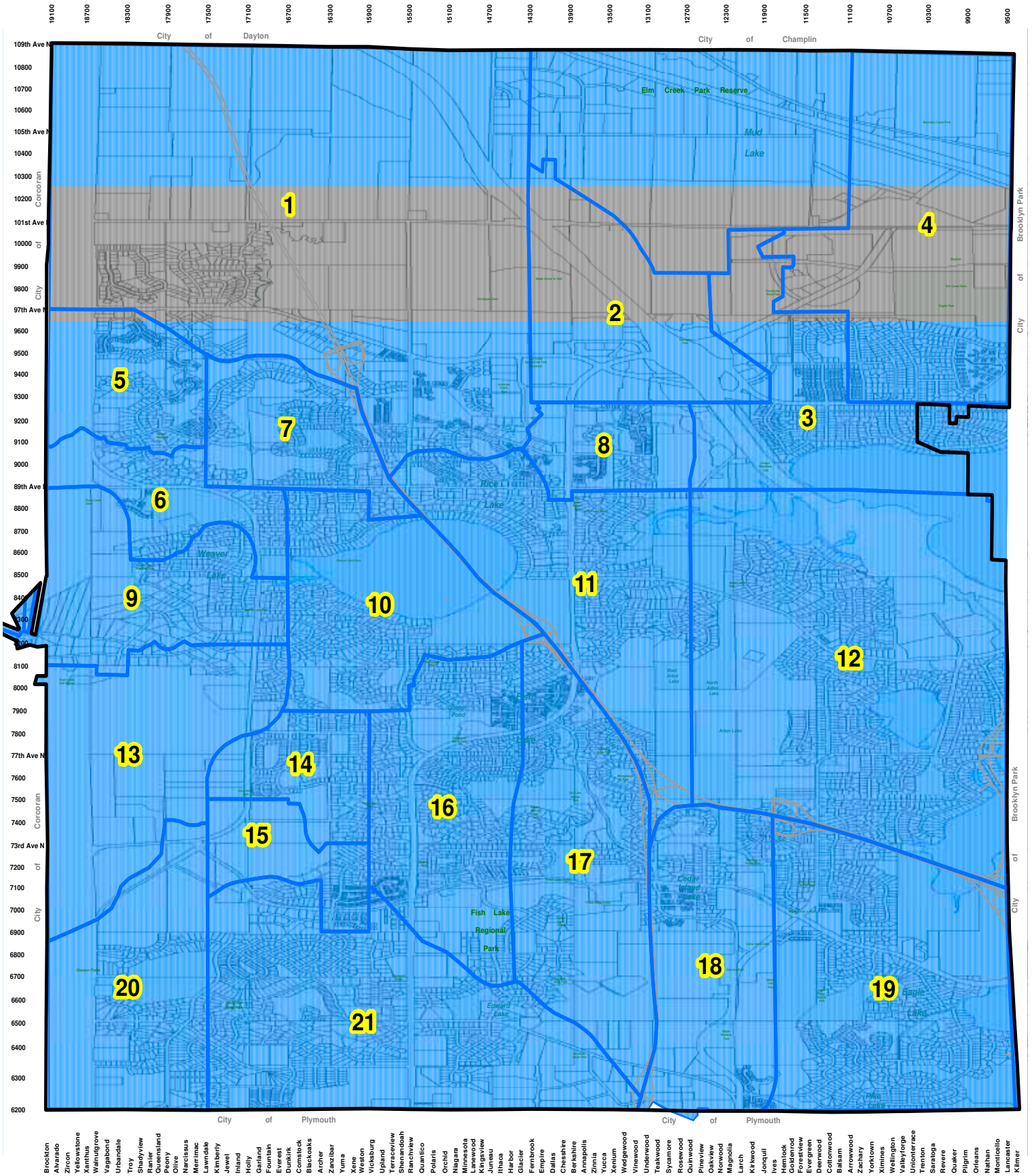
Team #1.....	305510-01
Coaches .....	305612-01

If you are interested in coaching, sign up via eConnect, (Code **305612-01**) or email [klallier@maplegrovern.gov](mailto:klallier@maplegrovern.gov).

# SOCCER

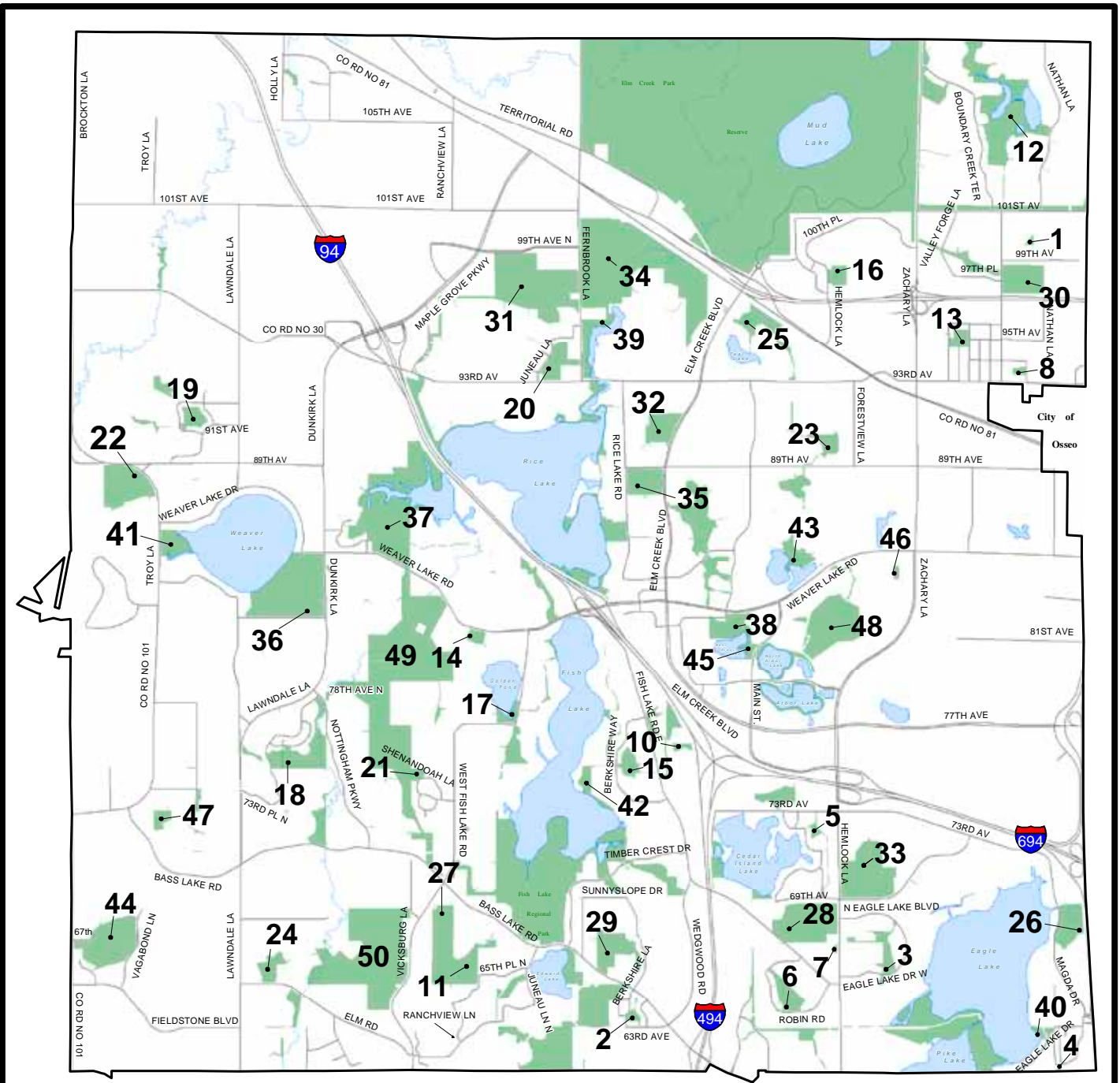
# Athletic Zone Map

Larger view of map available at [www.maplegrovemn.gov](http://www.maplegrovemn.gov)





# MAPLE GROVE PARK LOCATION MAP



1. Bayless Playlot
2. Donahue South Playlot
3. Eagle Lake Woods Playlot
4. Eagle Nest Playlot
5. Hemlock Ponds Playlot
6. Maple Meadow Playlot
7. Maple Tree Playlot
8. Pilgrim Playlot
9. Polaris Playlot
10. Wedgewood Playlot
11. Basswood Neighborhood Park
12. Boundary Creek Neighborhood Park
13. Charest Neighborhood Park
14. Crosswinds Neighborhood Park
15. Fish Lake Woods Neighborhood Park
16. Forestview Pond Neighborhood Park
17. Goldenrod Marsh Neighborhood Park

18. Grove West Neighborhood Park
19. Hidden Meadows Neighborhood Park
20. Lakeview Knolls Neighborhood Park
21. Nottingham Neighborhood Park
22. Rush Creek School Neighborhood Park
23. Scott/Jonquil Meadow Neighborhood Park
24. South Elm Road Neighborhood Park
25. Teal Lake Neighborhood Park
26. Woodcrest Neighborhood Park
27. Basswood School Community Playfield
28. Cedar Island School Community Playfield
29. Donahue North Community Playfield
30. Elm Creek School Community Playfield
31. Fernbrook School Community Playfield
32. Kerber Community Playfield
33. Maple Grove Jr. High Community Playfield
34. Maple Grove Sr. High Community Playfield

35. Rice Lake School
36. Weaver Lake Community Playfield
37. Weaver Lake School Community Playfield
38. Community Center
39. Maple Grove Arboretum
40. Thoresen Special Use Park
41. Weaver Lake Public Access
42. Worden Special Use Park
43. Maple Lakes Neighborhood Park
44. Gleason Fields Community Playfield
45. Town Green
46. Balsam Playlot
47. Maple Creek Neighborhood Park
48. Central Park of Maple Grove
49. Forest Preservation Area A
50. Forest Preservation Area B

For more information and maps of the Maple Grove Park and Trail System please visit the Maple Grove Community Center (#38) or call 763-494-6500 or go online to [www.maplegrovmn.gov](http://www.maplegrovmn.gov)

Updated 4/7/2016

# Youth Tennis Lessons & Jr. Team Tennis

## TENNIS LESSONS - BEGINNING

### Ages 5 – 13

An opportunity for youth with little or no previous tennis experience to learn the sport of tennis. Program is designed to include fun (age appropriate) movement, games and fitness activities. Registration is based on ages as of September 1, 2016. Class will be held on Friday if rained out earlier in the week.

#### Weaver Lake Park (upper) tennis courts, 17270 82nd Ave N

Monday - Thursday, June 13 - 23

8:30 - 9:15 a.m. · Ages 5-6	\$95, \$100 NR (8 ses)	305210-01
9:20 - 10:05 a.m. · Ages 7-8	\$95, \$100 NR (8 ses)	305210-02
10:10 - 10:55 a.m. · Ages 9-10	\$95, \$100 NR (8 ses)	305210-02
11:00 - 11:45 a.m. · Ages 11-13	\$95, \$100 NR (8 ses)	305210-04

#### Maple Grove Middle School tennis courts, 7000 Hemlock Ln

Monday - Thursday, June 27 - July 7 (no class Mon, July 4)

8:30 - 9:15 a.m. · Ages 5-6	\$85, \$90 NR (7 ses)	305210-05
9:20 - 10:05 a.m. · Ages 7-8	\$85, \$90 NR (7 ses)	305210-06
10:10 - 10:55 a.m. · Ages 9-10	\$85, \$90 NR (7 ses)	305210-07
11:00 - 11:45 a.m. · Ages 11-13	\$85, \$90 NR (7 ses)	305210-08

#### Maple Grove Middle School tennis courts, 7000 Hemlock Ln

Monday - Thursday, July 11 - 21

8:30 - 9:15 a.m. · Ages 5-6	\$95, \$100 NR (8 ses)	305210-09
9:20 - 10:05 a.m. · Ages 7-8	\$95, \$100 NR (8 ses)	305210-10
10:10 - 10:55 a.m. · Ages 9-10	\$95, \$100 NR (8 ses)	305210-11
11:00 - 11:45 a.m. · Ages 11-13	\$95, \$100 NR (8 ses)	305210-12

#### Gleason Fields Park tennis courts, 18815 67th Ave N

Monday - Thursday, July 25 - August 4

8:30 - 9:15 a.m. · Ages 5-6	\$95, \$100 NR (8 ses)	305210-13
9:20 - 10:05 a.m. · Ages 7-8	\$95, \$100 NR (8 ses)	305210-14
10:10 - 10:55 a.m. · Ages 9-10	\$95, \$100 NR (8 ses)	305210-15
11:00 - 11:45 a.m. · Ages 11-13	\$95, \$100 NR (8 ses)	305210-16



## TENNIS LESSONS - NEXT STEP

### Ages 5 – 13

For individual players who have completed beginning tennis lessons, an additional week session of lesson that will expand on skills acquired in the beginning class. Registration is based on ages as of September 1, 2016. Classes are scheduled Monday through Thursday with *Friday being planned for a rain make-up date if necessary.*

#### Weaver Lake Park (upper) tennis courts, 17270 82nd Ave N

Monday - Thursday, July 25 - 28

8:30 - 9:15 a.m. · Ages 5-6	\$50, \$55 NR (4 ses)	305209-01
9:20 - 10:05 a.m. · Ages 7-8	\$50, \$55 NR (4 ses)	305209-02
10:10 - 10:55 a.m. · Ages 9-10	\$50, \$55 NR (4 ses)	305209-03
11:00 - 11:45 a.m. · Ages 11-13	\$50, \$55 NR (4 ses)	305209-04

#### Weaver Lake Park (upper) tennis courts, 17270 82nd Ave N

Monday - Thursday, August 1 - 4

8:30 - 9:15 a.m. · Ages 5-6	\$50, \$55 NR (4 ses)	305209-05
9:20 - 10:05 a.m. · Ages 7-8	\$50, \$55 NR (4 ses)	305209-06
10:10 - 10:55 a.m. · Ages 9-10	\$50, \$55 NR (4 ses)	305209-07
11:00 - 11:45 a.m. · Ages 11-13	\$50, \$55 NR (4 ses)	305209-08

## JUNIOR TEAM TENNIS

### Entering grades 5 - 9

A team tennis program designed to play tennis in a fun, low key environment. Youth grades 5 - 9 for the 2016-2017 school year. Players should have some tennis experience and the knowledge of how to score games/matches. Each age group limited to 20 participants. Matches, one per week. Practices and some matches at Maple Grove Senior High School tennis courts. Program begins week of June 8 and runs through the week of July 20. Coaches will distribute match schedules at the first practice. Practice, one per week for grades 5 - 9. *Match play will require some travel to other communities. Parents are responsible for their own child's transportation.*

#### Maple Grove Senior High, tennis courts

Week of June 13 - July 25 (ex July 4)

<b>Entering grades 5 &amp; 6</b>	<b>\$105</b>	<b>305208-01</b>
Practices on Mondays, 12:30 - 1:30 pm		
Matches, Tuesdays or Thursdays, 12:30 - 2:30 p.m. (once per week)		

<b>Entering grades 7 - 9</b>	<b>\$105</b>	<b>305208-02</b>
Practice, Mondays, 1:30 - 2:30 p.m.		
Matches, Tuesdays or Thursdays, 12:30 - 2:30 p.m. (once per week)		





# Youth & Teen Golf Lessons, Sand Volleyball, Soccer Clinics

## YOUTH BEGINNING GOLF

at the Eagle Lake Golf Center

Ages 7 – 12

This program is designed as an introduction to the lifetime sport of golf. Etiquette, short game and full swing will be covered. Golf fundamentals will be introduced with a focus on fun and safety. PGA/LPGA professionals teach lessons at the new Eagle Lake Golf Center, 11000 County Road 10 in Plymouth (approximately 1 mile west of Highway 169). For further information on the Eagle Lake Golf Center, please go to their website at [www.eaglelakegolf.com](http://www.eaglelakegolf.com).  
Eagle Lake Golf Center, 11000 County Road 10, Plymouth, MN 55442

Fridays, June 17 – July 22 (ex July 1)

11:00 – 12:00 p.m. \$95 (5 ses) 305201-01

Tuesdays & Thursdays, July 12 – 26

2:00 – 3:00 p.m. \$95 (5 ses) 305201-02

Saturdays, July 16- August 13

10:00 – 11:00 a.m. \$95 (5 ses) 305201-03

Monday – Friday, July 25 – 29

11:00 – 12:00 pm \$95 (5 ses) 305201-04

Tuesdays & Thursdays, August 2 - 16

11:00 – 12:00 p.m. \$95 (5 ses) 305201-05

Mondays – Friday August 15- 19

9:00 – 10:00 am \$95 (5 ses) 305201-06

Monday – Friday, September 12 – 16

6:00 – 7:00 pm \$95 (5 ses) 305201-07



## TEEN BEGINNING GOLF

at the Eagle Lake Golf Center

Ages 13 – 17

This program is designed as an introduction to the lifetime sport of golf. Etiquette, short game and full swing will be covered. Golf fundamentals will be introduced with a focus on fun and safety. PGA/LPGA professionals teach lessons at the new Eagle Lake Golf Center, 11000 County Road 10 in Plymouth (approximately 1 mile west of Highway 169). For further information on the Eagle Lake Golf Center, please go to their website at [www.eaglelakegolf.com](http://www.eaglelakegolf.com).  
Eagle Lake Golf Center, 11000 County Road 10, Plymouth, MN 55442

Fridays, June 17 - July 22 (ex July 1)

1:00 – 2:00 p.m. \$95 (5 ses) 308104-01

## YOUTH SAND VOLLEYBALL

Entering grades 1 – 6

It's time for some fun in the sun! During this program you will learn the basic skills needed to play sand volleyball. Each week we will play organized games. If you like playing in the sand, then this is a class for you! *Wear sun screen and bring a water bottle each day.*

MG Community Center Sand Volleyball Courts, (west of skate plaza)

Mondays, June 13 – July 18 (ex July 4)

12:15 – 1:15 p.m. • gr 1-3 \$30 305204-01

Mondays, August 1 - 29

12:15 – 1:15 p.m. • gr 4-6 \$30 305204-02



## OSSEO YOUTH SOCCER CLINIC

Boys and girls entering grades K-6

Instructional clinic on passing, dribbling, defense and shooting fundamentals. Participants will receive small group and large group instruction in the fundamentals of soccer. Full and small sided scrimmages will be held so participants can practice learned skills in a game like situation. Participants will receive a t-shirt, *please indicate t-shirt size when registering*. Please contact Traci Ohlenkamp, Head Girls Soccer Coach at Osseo Senior High School for questions on program content, [ohlenkamp@district279.org](mailto:ohlenkamp@district279.org)

Osseo Sr High Stadium Field

Monday – Wednesday, June 20 - 22

9:00 – 10:30 a.m. \$50 307311-01

## OSSEO GIRLS SOCCER CLINIC

Girls entering grades 7-12

These clinics are for high school soccer players who want to improve their conditioning and learn the technical and tactical aspects of the game. Participants will be introduced to drills that will be used in the 2016 Osseo soccer tryouts. All ability levels are welcome! Please contact Traci Ohlenkamp, Head Girls Soccer Coach at Osseo Senior High School for questions on program content, [ohlenkamp@district279.org](mailto:ohlenkamp@district279.org)

Osseo Sr High Stadium Field

Mondays, June 27, July 11, 18 & 25

9:00 – 10:30 a.m. \$50 307311-02



## Kids World - Basketball Clinics

### BOYS BASKETBALL CLINIC

*Entering grades 1 - 8*

This **7th annual Osseo/Maple Grove Basketball** clinic is designed to improve basketball player fundamentals. Emphasis will be placed on dribbling, shooting, team play and having fun. Participants will receive a t-shirt and basketball bag; ***please indicate t-shirt size when registering.*** For program content, call Nick Schroeder 763-213-4241.

**Maple Grove Middle School Community Gyms**

**Monday - Thursday, June 20 - 23**

**Entering grades 1 - 4**

**9:00 - 11:00 a.m. \$90 307101-01**

**Entering grades 5 - 8**

**12:00 - 2:30 p.m. \$95 307101-02**



### MGSH SUMMER BASKETBALL ACADEMY

*Entering grades 1 - 8*

The focus of this academy will be fundamental of basketball and how to use them in a team setting. Players will be taught the proper way to shoot, dribble, pass, catch, defend, rebound and most importantly to have fun. Campers will also be able to showcase what they learn in a game setting such as 3 on 3 and 5 on 5. Maple Grove Crimson basketball players and coaching staff will work closely with campers to ensure safety and learning throughout. A camp shirt will be provided, ***please indicate shirt size when registering.*** Please contact Maple Grove Head Coach Nick Schroeder with any questions at 763-213-4241.

**Maple Grove Senior High Gyms**

**Entering grades 1 - 4**

**Mon-Thurs, June 27-30 9:00 - 11:00 a.m. \$90 307101-03**

**Entering grades 5 - 8**

**Mon -Thurs, July 11-21 9:00 - 11:00 a.m. \$150 307101-04**

### MGSH BASKETBALL TEAM WORKOUT CAMP

*Entering grades 9 - 12*

Maple Grove Team Workout Camp is an advanced camp for players looking to improve through the Maple Grove system. Players will be pushed by Maple Grove coaching staff in all aspects of the game of basketball to help improve their game for the upcoming season and beyond. Please contact Maple Grove Head Coach Nick Schroeder with any questions at 763-213-4241.

**Maple Grove Senior High Gyms**

**Mondays, Tuesdays & Thursdays,**

**June 13 - July 28 (ex June 20-23 & July 4-7)**

**11:00 a.m. - 1:00 p.m. \$100 307101-06**



### MAPLE GROVE GIRLS BASKETBALL CLINIC

*Entering grades 2 - 7*

Instructional clinic focusing on shooting, dribbling, ball handling, one on one defense and game situations. The emphasis will be on skills and techniques used in the Maple Grove High School girls basketball program. ***Indicate t-shirt size when registering.*** There is a discount for registering for both clinic weeks. For program content, email Mark Cook, [cookmark@district279.org](mailto:cookmark@district279.org).

**Maple Grove Middle School Community Gyms**

**Monday - Thursday, June 13 - 16**

**9:00 - 11:00 a.m. \$70 307102-01**

**Maple Grove Senior High Gyms**

**Monday - Thursday, July 25 - 28**

**9:00 - 11:00 a.m. \$70 307102-02**

**Taking both clinics \$110 307102-03**



### OSSEO GIRLS BASKETBALL BREAKFAST CLUB

*Entering grades 7 - 12*

An early morning work-out for all potential Osseo Basketball players in grades 7 - 12. Position specific drills, team concepts on offense and defense, drills and instruction and competitive games are included. This is an excellent opportunity for players to get to know the coaching staff and to work on their basketball skills. Osseo Breakfast Club t-shirts will be included in enrollment, ***please indicate t-shirt size when registering.***

**Maple Grove Middle School, Gyms D & E**

**Tuesday - Thursday, June 14 - 30**

**7:00 - 9:00 am \$50 307302-02**

# Athletic Training & Clinics



## OSSEO VOLLEYBALL CLINIC

*Entering grades K - 9*

Learn the FUNdamentals of volleyball. This is an instructional clinic that emphasizes development of individual skills, passing, setting, attacking, serving and team skills. Participants will be separated by age and skill level. **Please indicate t-shirt size when registering.** For program content, call Mandi Burian 763-639-3889.

Osseo Senior High, Gym

Monday - Wednesday, June 27 - 29

Entering grades K - 5

11:15 - 1:00 p.m.	\$50	307318-01
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Entering grades 6 - 9

9:00 - 11:00 a.m.	\$50	307318-02
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## MAPLE GROVE VOLLEYBALL CLINIC

*Entering grades K - 9*

A fun and instructional camp emphasizing basic skills such as passing, setting, hitting and serving as well as game concepts and strategies. Learn from experienced players and coaches through games and drills used to develop skills, increased knowledge of strategy, and a love of the game. Wear comfortable clothes and bring tennis shoes and a water bottle. **Please indicate t-shirt size when registering.** For program content, contact Sean Haugen at 763-300-1827 or [sjhaug72@gmail.com](mailto:sjhaug72@gmail.com)

Maple Grove Senior High Main Gym

Monday - Wednesday June 13 - 15

Entering K - 5

9:00 - 10:30 a.m.	\$50	307118-01
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Entering grades 6-9

11:00 - 1:00 p.m.	\$50	307118-02
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## ORIOLES TENNIS ACADEMY

*Boys and girls entering grades 6 - 12*

A high-energy, instructional tennis camp for players of all levels. Players should have the desire to improve their game and have their sights on playing varsity-level tennis. Oriole Tennis emphasizes proper technique on all the basic tennis shots: serve, return, groundstrokes, volleys, overheads. Includes point-play to improve strategy for both singles and doubles matches. The coaching staff will help players improve their footwork, shot-making skills and perform better on court. For more information: Twitter @tennisosseo or contact Coach Rusche at [brian@brianrusche.com](mailto:brian@brianrusche.com).

Osseo Senior High Tennis Courts, next to Osseo Middle School

Monday - Thursday, June 13 - July 28 (no camp July 4-7)

8:10 - 10:00 am Varsity & top JV	\$190	307313-01
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10:10 am - noon JV & C	\$190	307313-02
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Coaches reserve the right to move players into the appropriate group based on tennis ability. If you're not sure which group is right, there are optional free evaluation clinics on Saturday, April 23 and May 7, 1:00 pm at Osseo Senior High courts. You must sign up for the free evaluation clinics by emailing [brian@brianrusche.com](mailto:brian@brianrusche.com).

## MAPLE GROVE CRIMSON TENNIS CLINIC

*Entering Grades 7-12 in the 2016-17 school year*

A two week clinic for boys and girls looking to play high school tennis during the 2016-17 school year. Clinic will focus on fundamentals, including proper technique for serves, ground strokes, volleys, overheads and approach shots. Coaching provided by MGSJ Varsity/JV Tennis staff. Class will be held on Friday if rained out earlier in the week.

Maple Grove Senior High School, tennis courts

Monday through Thursday, July 18 - 28

Players entering grades 10 -12

9:00 - 10:30 am	\$110.00	307113-01
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Players entering grades 7-9

10:30 - 12:00 noon	\$110.00	307113-02
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## MAPLE GROVE YOUTH WRESTLING SUMMER CLINIC

*Boys and girls entering grades K-12*

Summer wrestling program for athletes entering grades K-12. Registered athletes will receive a Maple Grove Wrestling T-shirt. For program content, contact Troy Seubert by email [mgwrestling99@gmail.com](mailto:mgwrestling99@gmail.com) or by phone 763-913-0601.

Maple Grove Senior High, Wrestling Room

Mondays & Thursdays, June 20 - July 28 (ex July 4 & 7)

Entering grades K - 6

5:30 - 6:30 pm	\$15	307117-01
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Entering grades 7 - 12 (or advanced 5th and 6th)

6:30 - 8pm	\$15	307117-02
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## MAPLE GROVE/OSSEO NORDIC SKIING SUMMER TRAINING PROGRAM

*Girls & Boys entering grades 7 - 12*

This cross training program put on by coaches from the Maple Grove and Osseo Nordic Teams will develop skiers for the winter Nordic Ski season. This program is open to all athletes of all skill levels who are interested in Nordic skiing. Workouts will focus on developing skill, form, stamina, endurance and strength through roller-skiing, running, walking, and strength workouts. Roller-skis are available to rent through the teams. Please wear comfortable clothes and shoes suitable for running and bring a water bottle. There will be an informational meeting for anyone who is interested on **Monday, April 25** from 6:30 - 7:00 p.m. at Maple Grove Senior High in Coach Gifford's room (360). Contact Coach Gifford at [giffordm@district279.org](mailto:giffordm@district279.org) or 763-639-6282 for more information about program content.

**Practices will all begin at Maple Grove Senior High, outside the cafeteria.**

Maple Grove Senior High, outside the cafeteria

June 13 - July 28 (excluding July 2 - 8)

Mondays and Tuesdays	6:30 pm - 8:30 pm
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Wednesdays and Thursdays	10:00 am - noon
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2 days a week	\$130	307509-01
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3 or 4 days a week	\$200	307509-02
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## Athletic Clinics & Cheerleading



### YOUTH NON-COMPETITIVE TRIATHLON TRAINING

*Ages 7 – 11*

Most kids like to SWIM.. BIKE.. and RUN, so GO AHEAD, try a tri! This non-competitive class focuses on quality of life, improving, engaging and inspiring vs. competition. In this program, your child will learn the basic fundamentals of triathlon training from experienced triathletes in a safe and encouraging environment. The open water swim is lead by a Foss Swim school instructor. *\*Children don't have to know how to swim to participate; water levels are shallow, so the athletes can stand in the water.\** The primary objective of this program is to expose our youth to new and exciting ways to stay physically active while promoting a life-long pursuit of health and wellness. Many athletes who train with us learn specific skills to participate in the Miracles for Mitch Triathlons – Racing for kids that can't. ***This is optional and is not required to participate in this program.*** Instructor, Pam Baker, Generation Endurance.

**Fish Lake Regional Park, 14900 Bass Lake Rd (meet at the Pavilion)**

**Tuesdays, July 26 – August 16**

**8:30 – 10:00 a.m.      \$82 (4 ses)      307515-01**

### CROSS COUNTRY CAMP

*Ages 10-14*

Does your child love to run? Do they enjoy challenge and adventure, personal success through hard dedication and hard work? This camp is perfect for ANY athlete looking to build their aerobic capacity. Improving muscular, cardiovascular and nutritional health, Endurance Adventure Camp will inspire confidence and independent victories. Progressively built training runs, group games, core conditioning and nutritional guidance. No running experience necessary. Get ready for fast fitness, new friends and miles of fun! Instructor, Pam Baker, Generation Endurance.

**Various locations in the northwest suburbs. 1st gathering will be at Elm Creek Park Reserve, Acorn area (east of the swim beach), 12420 James Deane Parkway, Maple Grove**

**Mondays, June 20, 27, July 25 & August 1, 3:00-4:30 pm**

**Tuesdays, July 5, 12, 19, & August 9, 8:00 - 9:30 am**

**Wednesdays, June 22, 29, July 13 & 27, 8:00-9:30 am**

**Thursdays, June 23, July 7, 21, August 4 & 11, 3:00-4:30 pm**

**Friday, July 1, 15 & 29, 3:00-4:30 pm**

**Saturday, August 13, 7:30-9:00 am**

**\$222 (20 ses)      307514-01**

### LITTLE MOVES-NUTRITION, CARDIO & STRENGTH

*Ages 6-10*

Using physical activity and powerful nutrition to build and support self-esteem, develop character and nurture the body that was given just to your child! Program highlights include a 4 week endurance program that implements large body movements to improve cardiorespiratory fitness levels, upper and lower body strengthening techniques, core stability and balance and optimal nutritional choices. Relays, games, obstacle courses, & team challenges encourage fitness in a dynamic and supportive way that encourages participants to embrace a lifestyle of health and wellness. 6 hours of instruction, nutritional snacks, family take home and COOL Generation Endurance gear!

**Central Park Great Lawn, 12000 Central Park Way**

**Thursdays, June 23 – July 14**

**9:00 – 10:00 a.m.      \$62 (4 ses)      307508-01**



### PLANET SPIRIT CHEERLEADING CLINIC

*Ages 6 - 14*

Cheers for better health!! While this program teaches girls and boys all about the world of cheerleading, it also provides fun while staying fit! Cheers, chants, jumps and basic stunts will be taught by energetic staff from Planet Spirit. Parents are invited to watch a skills performance at 11:00 a.m. the last day of class. All equipment is provided. ***Wear comfortable clothing.*** Participants will be divided by age.

**Maple Grove Middle School, Cafeteria**

**Monday – Thursday, June 27 - 30**

**9:00 – 12:00 p.m.      \$65      307503-01**



# Sports Unlimited Athletic Clinics & Basic Lacrosse

## FLAG FOOTBALL CLINIC

**Ages 6 - 12**

Learn the fundamentals of flag football through skill development and small group games. Individual skills include: passing, catching and punting along with offensive and defensive strategies. Children will be divided by age and skill level. **Participants are asked to bring a water bottle, snack & sunscreen.** Sports Unlimited coaching staff.

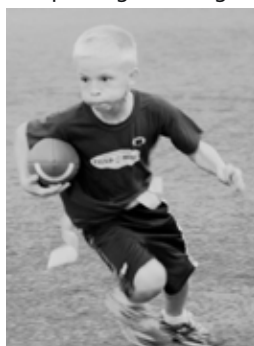
Maple Grove Middle School Soccer/  
Football Field

Monday – Thursday, July 11 - 14

9:00 – 12:00 p.m. \$85  
307505-01

Monday – Thursday, August 1 - 4

9:00 – 12:00 p.m. \$85  
307505-02



## QUARTERBACK/RECEIVER/RUNNING BACK FOOTBALL CLINIC

**Ages 8-13**

Learn position skills. **Quarterback instruction:** Stance, exchange, drops set up, sprint out play action, screens, ball handling, options, reading defenses and field leadership. **Receiver instruction:** Stance, start, release, route, running, cuts, receiving, blocking and reading defenses. **Running Back instruction:** Stance/starts, screen steps, hand offs, foot work, pass blocking and catching drills. Athletes will be divided by age and skill level. Staff to participant ratio is 1:8. Participants should bring a water bottle and sunscreen. Sports Unlimited coaching staff.

Maple Grove Middle School Soccer/Football Field

Monday – Thursday, July 25 – 28

9:00 – 12:00 p.m. \$135 307510-01

## MINI-SPORT & MULTI-SPORT CLINICS

**Ages 4-12**

An introductory program designed for young children to explore baseball, soccer, non-contact lacrosse and flag football in a fun and non-competitive setting. Children participate in multiple activities every day through unique Sports Unlimited games. Participants should bring a water bottle, snack and sunscreen. Sports Unlimited coaching staff.

Maple Grove Middle School Soccer/Football Field

Monday – Thursday, August 15 - 18

9:00 a.m. – 12:00 p.m. • Ages 4-6 \$85 307519-01

1:00 – 4:00 p.m. • Ages 6-12 \$85 307519-02

## ULTIMATE FRISBEE CLINIC

**Ages 8-14**

Introduction to the sport of Ultimate Frisbee through skill development and small group games. Children will be divided by age and skill level. **Participants should bring a water bottle, snack and sunscreen.** Sports Unlimited coaching staff.

Central Park Great Lawn, 12000 Central Park Way

Monday – Thursday, August 8 - 11

9:00 – 12:00 p.m. \$85 307516-01



## BEGINNER LACROSSE CLINICS

**Ages 5-12**

Learn to catch, throw, scoop and cradle through non-contact lacrosse. Stick and ball will be provided. Children will be divided by age and skill level. Participants should bring a water bottle, snack and sunscreen. Sports Unlimited coaching staff.

Maple Grove Middle School Lacrosse Field (near the  
Community Gyms)

Monday – Thursday, June 20 - 23

9:00a.m. – 12:00 p.m. • Ages 5-8 \$85 307507-01

1:00 – 4:00 p.m. • Ages 8-12 \$85 307507-02

Monday – Thursday, July 18 - 21

9:00a.m. – 12:00 p.m. • Ages 5-12 \$85 307507-03

## DISCOVER LACROSSE

**Late Summer**

**Girls & Boys entering grades 1 – 4**

Learn basic non-contact lacrosse skills, play games and have fun! Participants need to bring their own lacrosse stick.

Maple Grove Middle School Lacrosse Field (near the  
Community Gyms)

Tuesdays & Thursdays, August 9 - 18

6:00 – 7:30 p.m. \$50 305211-01

## Strength & Conditioning Clinics

### MAPLE GROVE MIDDLE SCHOOL STRENGTH AND CONDITIONING

*Entering grades 6 – 8*

A strength and conditioning program for girls and boys entering grades 6 - 8 for fall 2016. This would be a great opportunity for students entering 6th grade to become familiar with the Maple Grove Middle School building and the fitness center. The program is designed to develop proper techniques in weight training and improve physical strength. Cardiovascular conditioning and plyometrics will help improve individual endurance, balance and quickness. For program information contact Gary Stefano, 763-315-7627.

**Maple Grove Middle School Weight Room**

**Mondays, Tuesdays and Thursdays**

**June 14 - July 14**

**8:00 – 9:15 a.m.                      \$80                      307212-01**

**9:30 – 10:45 a.m.                      \$80                      307212-02**

### OSSEO STRENGTH TRAINING & SPEED DEVELOPMENT

This program is intended to develop strength, power, flexibility, endurance, speed, balance, movement control and agility.

Program instruction from Game Face professional trainers and Osseo High School Coaches. For program information contact Derrin Lamker, 763-227-8212. Scholarships are available.

**Osseo Senior High Weight Room & East Gym (must enter through the back Osseo Fitness Center doors due to construction)**

**Monday - Thursday, June 13 - July 28 (ex July 4 - 7)**

#### **Senior High Program**

Open to all male and female students entering grades 9 – 12 & Osseo Senior High Alumni/Friends. **Note:** Grade levels are for 2016 - 2017 school year. \*9<sup>th</sup> graders may sign up for either program. If athletes need to attend different time sessions because of ride situations or other reasons we can accommodate.

**7:30 - 9:00 a.m.                      \$90                      307312-01**

**9:00 – 10:30 a.m.                      \$90                      307312-02**

**10:30 – 12:00 p.m.                      \$90                      307312-03**

**6:00 – 8:00 p.m.                      \$90                      307312-04**

#### **Elementary & Middle School Program**

Open to all male and female students entering grades 6 - 9. **Note:** Grade levels are for 2016 - 2017 school year. \*9<sup>th</sup> graders may sign up for either program.

**10:30 – 12:00 p.m.                      \$90                      307312-05**



### MAPLE GROVE CRIMSON POWER PROGRAM

*All grades are incoming grades for next year.*

The focus of this program is to prepare athletes for competition and prevention of athletic injuries. Muscular strength, flexibility, speed, agility and acceleration will be emphasized with the help of professionally developed training methods. For program content information contact Coach Lombardi at [lombardim@district279.org](mailto:lombardim@district279.org). Scholarships are available.

**Maple Grove Senior High Strength Development Center (SDC) and athletic fields.** Use the lower level west entrance, "C".

**Mondays, Tuesdays, Wednesdays & Thursdays, June 13 – August 2 (ex July 4 - 7)**

**7:30 - 10:15 a.m.                      \$180                      307112-01**

**~ Grades 9-12:** High intensity training in weights, body positioning, explosion, speed and athleticism. A curriculum based workout is used. (The focus of this training is centered around training for more short spurt, anaerobic sports.)

**9:00 - 10:45 a.m.                      \$130                      307112-02**

**~ Grades 9-12:** Curriculum based workout, but is more non-sports specific. Workouts involve strength, endurance, and movement progressions with a strong emphasis on technique in both the weight room and running. (Many times longer distance, aerobic type sports have flourished in this session.)

**10:30 – 12:15 p.m.                      \$130                      307112-03**

**~ Grades 7-8:** Introduction to the weight room. Workouts include 1 hour in the weight room daily followed by 45 minutes of different competitions that increase athleticism.



# Teen Happenings

## MAPLE GROVE TEEN CENTER

The Teen Center is open to teens entering grades 6 - 12. The Teen Center is packed with things to do; iTunes music, pool tables, video games, surround sound movie room, lounge area, Xbox 360 and more! Most of all teens can be themselves and have fun in a safe environment. The Teen Center is located inside the Community Center, teens have access to the gymnasium, Grove Cove Aquatic Center, ice arena, skate plaza and concession stand.

### HOURS OF OPERATION

#### School's Out Schedule Beginning June 10, 2016

Monday - Wednesday ..... 10:00 a.m. - 8:00 p.m.  
 Thursday ..... 10:00 a.m. - 9:00 p.m.  
 Friday & Saturday ..... 10:00 a.m. - 10:00 p.m.  
 (except Teen Events)  
 Sunday ..... 12:00 p.m. - 6:00 p.m.

#### Holidays

Monday, May 30, Memorial Day ..... 10:00 am-6:00 pm  
 Monday, July 4, Independence Day ..... 10:00 am-6:00 pm  
 Monday, September 5, Labor Day ..... 10:00 am-6:00 pm

## TEEN CENTER BIRTHDAY PARTIES

### Grades 7 - 12

Celebrate your birthday with your friends in our Teen Center. We will supply the cake and some decorations; you bring your friends! You will have access to the Teen Center and all it has to offer, including unlimited access to the pool tables, iTunes music, Xbox 360 and movie room. You will be given 1 roll of quarters to play the arcade games. You can watch your favorite movies, listen to your favorite music and so much more. Your birthday is special, so celebrate it at the Maple Grove Teen Center. Call 763-494-5969 to make your reservation

\$85.00 Teen Center will be open to the public  
 \$90.00 Private Teen Parties are available on Sunday evenings starting at 6:00 pm. You will have exclusive use of the Teen Center for 2 hours.

Summer Birthday Parties are June 6 – September 5.

## TEEN CENTER RENTAL INFORMATION

Do you have a birthday, sports team party or special occasion to celebrate? The Maple Grove Teen Center is available to rent for any teen related party. See page 68 for details.



Like us on Facebook/Maple Grove Teen Center!

## MAPLE GROVE TEEN ADVISORY GROUP MG-TAG

### Calling all Maple Grove Teens!

The Maple Grove Teen Center wants your input. We are an all youth advisory group, we provide feedback on programs and operations of the Maple Grove Teen Center and our goal is to enhance the quality of teen programs in Maple Grove. We want to hear your voice. All members are in grades 6 - 12. Some of the events we will participate in are Maple Grove Days, Club Night at the Teen Center and the Teen Center Open House. Meetings are held at the Maple Grove Teen Center on the 1st and 3rd Thursday of every month at 4:30 p.m. Our summer meetings are: June 2 & 23, July 14 & 21, August 4 & 18.

### What are the Membership Requirements?

Youth in grades 6 to 12 - able to attend monthly meetings, willing to participate in MG-TAG discussions and projects and willing to respect the involvement, privacy and opinions of others. Sign up today! MG-TAG registration form available at [www.maplegrovern.gov](http://www.maplegrovern.gov) on the Teen Center page.



## RANDOM ADVENTURES

### Entering grades 6 - 12

Join us as our Maple Grove Teen Advisory Group plans a mini-adventure each month at the Maple Grove Teen Center. Learn a new sport, play some volleyball or join in a giant game of hide and seek. The adventure will be planned by TAG and the fun will be endless. Sign up in the Teen Center before the event time. Dress for the weather; we will be outside rain or shine!

### Maple Grove Teen Center

Thursday, June 23  
 Thursday, July 21  
 Thursday, August 18  
 5:30 – 7:30 p.m.

Free





## Teen Happenings

### CREATIVE HEALTHY COOKING

*Ages 11-17*

Learn to prepare unique and health-conscious dishes from scratch. Impress your family and friends by making new recipes. The classes will be held at the Eagle Lake Community Building at Thoresen Park. The final day of the session you can invite your friends and family to taste your creations on the patio overlooking Eagle Lake. (2 guests per student.) Fee includes all supplies.

**Eagle Lake Community Building, 6259 Eagle Lake Drive**

**Wednesdays, June 22 – July 13, 12:00 – 2:00 p.m.**

**and Wednesday, July 20, 10:00 a.m. – 12:00 p.m.**

**\$55**

**308105-01**

### CAKE WARS - FAVORITE MOVIES

*Ages 10 - 17*

Just like the popular TV show Cupcake Wars; but this time you and your team will have an entire cake to decorate! You and your teammate(s) will brainstorm your favorite movies and then design and decorate your team's cake using colorful bags of icing and a variety of decorating tips. Compete against the other teams and produce the most creative and uniquely designed cake. Judges will determine a winner at the end of class. All supplies will be provided and all participants will take home a piece of their cake! **Please Note:** Cakes are purchased through Cub Foods. If you have any food allergies, please contact the Maple Grove Cub Foods Bakery to inquire about all ingredients used in these products.

**Maple Grove Community Center**

**Saturday, June 18**

**9:00 a.m. – 1:30 p.m.**

**\$30**

**308401-01**

### DUCT TAPE FASHION SHOW WORKSHOP

*Ages 11 – 17*

Are you designing an outfit for the Duct Tape Fashion Show? Do you need space to work on your creation? Join us on Tuesday mornings in the Teen Center to work on your creation with lots of space, others that share your passion for design and share tips and tricks on how to showcase your best work. The sky is the limit! All artistic abilities are welcome. **Bring your supplies for your outfit; we will provide the workspace.**

**Maple Grove Teen Center - Movie Room**

**Tuesdays, June 14 - July 12**

**9:00 - 12:00 p.m.**

**Free**

### MAGIC WIZARD WORKSHOP

*Ages 10-17*

In the tradition of Houdini, now you can learn Trick's, Illusion's & Escapes with this hands-on class. Get an inside look into the mystical world of magic. Students are invited to bring and share some of their tricks if they like. The class will cover many topics including some history of Magic, Houdini, Stage presence, magic with everyday objects, and how the psychology of magic can benefit your everyday life. Class is taught by magician-escape artist, Karl Achilles.

**Maple Grove Community Center**

**Tuesdays, June 21, 28 & July 5**

**11:00 a.m. – 12:30 p.m.**

**\$60**

**308407-01**

### FIT – 4 – FUN

*Ages 12 - 17*

Do you have trouble maintaining your ideal weight? Whether your goal is to gain weight, lose weight, or just to tone up and be healthy, this is the class for you! We will cover nutrition and fitness. Remember, what you eat affects your body. We will use Life Time Fitness gym to learn weight lifting techniques and other exercises.

**Life Time Fitness Club**

**Tuesdays & Thursdays, June 21 – July 14**

**2:30 - 3:30 p.m.**

**\$40**

**308103-01**



### JAMMIN' AT MG TOWN GREEN

*All Ages*

Join us at Town Green for our new event, Jammin'. Jammin' is a laid back time for musicians to share original music or play their favorite songs. Bring sheet music to share, drop your original song, or just come to enjoy the talent. Jammin' will meet from 7-9 on Friday, July 22nd. We can't wait to hear what you bring! (Instruments and gear not provided.)

**Maple Grove Town Green**

**Friday, July 22**

**7:00 p.m. – 9:00 p.m.**

**Free**

### LEARN TO PLAY POOL

*Entering grades 7-10*

Cool off this summer in the teen center playing pool! Learn the tricks of the game. Join our team and learn how to play 8 Ball, 9 Ball and more. Master trick shots and challenge the instructors. Fees include table time.

**Maple Grove Community Center, Teen Center**

**Mondays, June 20 – July 25**

**1:00 - 3:00 p.m.**

**\$20**

**308108-01**

### ALL AGES POOL LEAGUE

From beginner to pro all abilities are welcome to join us to play pool. Practice and share your techniques while meeting up with community members that have the same interests as you. Learn a variety of games such as 8-ball, 9-ball and 3 person games. League play will be based on the number of participants and determined at the beginning of the session. Fees include table time.

**Maple Grove Community Center Teen Center**

**Tuesdays, June 21 – July 26**

**10:00 - 12:00 p.m.**

**\$10**

**308108-02**

## Teen Happenings



### MINESTORMS EV3 BATTLEBOTS

*Ages 10-16*

New class with new builds and challenges! Combining the versatility of the LEGO building system and the Mindstorms EV3 (the most sophisticated microcomputer brick ever made by LEGO), this camp will energizing and exciting. Working each day in teams, we will construct fun LEGO models, experiment with programs, and compete in robotic challenges. Robot building, block programming and teamwork will be part of each day's activities. Final challenges will be centered on target hitting and a sumo battle. Bring snacks and a drink or money to purchase snacks from the Community Center concession stand.

**Maple Grove Community Center**

**Monday – Wednesday, June 20 - 22**

**1:00 - 4:00 p.m.      \$130      308417-02**

### LEGO ART SCULPTURES - SUMMER FUN

*Ages 10 - 17*

Do you like three-dimensional art? Have you ever thought about creating a unique sculpture using Legos? Join us for this creative adventure as we explore the world of Lego art! You will have an opportunity to brainstorm and sketch ideas for your theme-based sculpture. Choose your favorite concept and you are ready to begin! Using a variety of colorful Legos pieces, you will strategically build your sculpture brick-by-brick and watch it come to life! But, the best part of all—you can take your sculpture home with you to enjoy for years to come!

**Maple Grove Community Center**

**Saturday, July 9**

**9:00 a.m. - 12:00 p.m.      \$30      308417-01**

### TEEN ANIME CLUB

*Ages 12 - 17*

Join us to watch anime, discuss manga and share artwork. This group will meet alternating weeks at the Maple Grove Library and at the Maple Grove Teen Center! Join in on the fun; something different every time. For Maple Grove Library meeting dates go to [www.hclib.org](http://www.hclib.org).

**Maple Grove Teen Center**

**Thursday, June 30, July 14 & 28, August 11 & 25**

**2:00 - 4:00 p.m.      FREE**

### JAVA MINECRAFT MOD DEVELOPMENT

*Ages 10-16*

Write and edit your own Minecraft mods. Watch your code come to life. Learn the basics of Java Coding with Minecraft! Students should be comfortable with keyboarding and of course playing Minecraft. We will be coding using Java, Eclipse and the Forge API. We will test our mods with Minecraft game play. At the end of class take home your Mods to share with family and friends. Bring a USB drive, snacks and a drink or money to purchase snacks from the Community Center concession stand.

**Maple Grove Community Center**

**Monday – Wednesday, June 20 - 22**

**9:00 - 12:00 p.m.      \$130      308409-02**

### VIDEO GAME DESIGN

*Ages 10-16*

Do you enjoy playing video games? This course will give you hands-on experience developing your own game. Students will create their own version of asteroids from scratch, using construct 2, a visual coding platform that teaches students the basics and structures of programming. Games created in class will be available online or students can bring in a USB drive for immediate access. Bring snacks and a drink or money to purchase snacks from the Community Center concession stand.

**Maple Grove Community Center**

**Monday – Wednesday, July 18 - 20**

**9:00 – 12:00 p.m.      \$130      308416-02**

### MINECRAFT MOVIE MAKING

*Ages 10-16*

Minecraft is the game phenomenon focused on creativity and building, allowing players to build environments out of textured cubes in a virtual 3D world. Working in groups, students will be introduced to Minecraft in real life with our customized Legos and finally film a stop motion movie using Minecraft-inspired Lego creations. The focus will be on creating Minecraft-inspired Lego Worlds and filming. Bring snacks and a drink or money to purchase snacks from the Community Center concession stand.

**Maple Grove Community Center**

**Monday – Wednesday, July 18 - 20**

**1:00 - 4:00 p.m.      \$130      308409-01**

### SCROLLING GAME DEVELOPMENT

*Ages 12-17*

The author of the Scrolling Game Development Kit 2 and the features book, is hosting this class to show the process of using software to create and edit some simple games. We will explore creating a simple game, playable in a web browser, from the ground up. We will also cover processes for designing a huge scrolling map to explore, designing a side-scrolling environment with moving platforms to ride, defining enemy characters, animating the background, adding cut scenes, and much more. When we're done, students will have the skills to make their own 2-D games playable on desktop, web and mobile devices. Check out the YouTube clip: <https://youtube/yo4iw8l26Xk>.

**Maple Grove Community Center**

**Monday – Friday, July 25 - 29**

**9:00 – 11:00 a.m.      \$70      308416-01**

**Fee includes Development Kit 2 book & USB flash drive**

## Teen Happenings

### BATTLE OF THE BANDS

*Teen Bands ages 12 - 18*

Teen Bands are NEEDED! Any band with members 18 years of age and under can participate! The top band will receive a recording session from the Institute of Production and Recording at Master Mix Studios in Minneapolis; and will have the opportunity to perform during Maple Grove Days on Saturday, July 11 at the Town Green. Only six bands will perform. Bands will be chosen on a first-come first-serve basis. Contact Tanya Hilger at 763-494-6512 or go to <http://www.maplegrovmn.gov/community-center/teen-center> for an application. **You will be required to submit a recording of your band's music and the lyrics.** Space is limited, so register early. Registration accepted immediately.

Maple Grove Town Green

Friday, June 17

7:00 - 10:00 p.m.

\$30/band

308102-01

### FISHING

*Ages 11-17*

Learn beginning fishing techniques, proper casting, bait selection, baiting a hook and fish biology of Minnesota. Learn how to safely take a fish off your hook. Three Rivers Park District will provide all of the gear and bait. **Dress appropriately to be outside for the afternoon, bring your own drinking water.**

Fish Lake Regional Park Pavilion, 14900 Bass Lake Rd

Wednesday, June 22

1:00 - 3:00 p.m.

\$20

308202-01



### CANOE THE MISSISSIPPI RIVER

*Ages 11 - 17*

Discover the scenic side of the Twin Cities. Canoeing is a great way to explore Minnesota from a whole new perspective. It can take you places no one else can reach and expose you to new, exciting experiences. Participants will paddle past heron rookeries and old speak easies from prohibition while learning about the natural and cultural history of the river. Guide and gear is provided by Three Rivers Park District. **Dress in comfortable clothes to paddle in and bring your own drinking water.**

Coon Rapids Dam Interpretive Center, 10360 W River Rd, Brooklyn Park

Friday, July 29

1:00 - 4:00 p.m.

\$40

308201-01

### BACK TO SCHOOL TEEN FASHION PREVIEW

*Youth ages 12 - 18*

The Maple Grove Parks and Recreation Department and The Shoppes of Arbor Lakes are co-hosting the Annual Back to School Fashion Preview on Wednesday, August 17. This amateur show will showcase new and upcoming fashion styles for back to school. Participants will model clothing supplied by local retailers. The show will be held at the Community Center. Spectators will be charged \$5.00 at the door. Come out and enjoy food, beverages, support our youth, win door prizes, pick up coupons for your favorite shops and enjoy the runway show. Enjoy great looks that will make you cool for school!!

**WANTED:** Teen boys and girls between the ages of 12 and 18 are needed to model clothing in the Back to School Fashion Preview. Model registration will be accepted on a first come first serve basis until all 60 spaces are filled. **Deadline for registration is Thursday, July 7 at 4:30 pm.** Participants will not be compensated; no head shots please. Indicate shirt, slacks and shoe size when registering.

Maple Grove Community Center

Wednesday, August 17

6:30 - 8:00 p.m.

Free (models)

308110-01

### BACK TO SCHOOL CELEBRATION IN THE TEEN CENTER

*Entering grades 7 - 12*

End of Summer Celebration! Celebrate summer at the biggest party in town! Join us as the Maple Grove Teen Center transforms into a Night Club for teens. There will be music, dancing, a DJ and VIP lounge. Come into the Teen Center the week of August 23rd to find out how you can be a VIP.

Community Center Teen Center

Friday, August 26

7:00 - 10:00 p.m.

Free

### SKATEBOARDING LESSONS WITH 3<sup>RD</sup> LAIR

*Ages 7 and older*

Beginners to experts and everybody in between is invited to enroll in this clinic. It will be taught by 3<sup>rd</sup> Lair Skate Park Instructors. Skaters will learn ollies, kick flips, heel flips, ramp riding and much more. The instructors will also teach skate park safety and etiquette. Each participant will need his/her own skateboard and helmet. Kneepads, elbow pads and wrist guards are recommended.

Maple Grove Skate Plaza

Monday - Friday, June 20 - 24

9:00 - 12:00

\$190

308107-01

Wednesday - Friday, July 6 - 8

9:00 - 12:00

\$120

308107-02

Wednesday - Friday, July 20 - 22

9:00 - 12:00

\$120

308107-03

Wednesday - Friday, August 10 - 12

9:00 - 12:00

\$120

308107-04



## Teens - Maple Grove Days

### CAPTURE THE FLAG

*Ages 11-17*

Join us for the largest game of Capture the Flag you will ever play! Teens will be divided into teams at Weaver Lake Park, bring a friend and be prepared to have some fun. Participants are encouraged to wear appropriate shoes for running and to bring their own drinking water.

**Weaver Lake Park, 8401 Dunkirk Ln N**

**Friday, July 15**

**3:00 – 5:00 p.m.**

**Free**

### 3-ON-3 BASKETBALL TOURNAMENT

*Ages 11 - 17*

Join us for the first annual outdoor 3 on 3 basketball tournament. Teams will compete in two age groups in a round robin tournament. 11-14 and 15-17. Team schedules will be determined the morning of the tournament. All teams must be preregistered to participate. Meet at the courts in Central Park of Maple Grove.

**Central Park of Maple Grove, basketball courts, 12000 Central Park Way**

**Friday, July 15**

**10:00 a.m. Ages 11-14**

**\$20/team**

**308101-01**

**10:00 a.m. Ages 15-17**

**\$20/team**

**308101-02**

### BATTLE OF THE BANDS WINNER PERFORMANCE

The winner of the Battle of the Bands contest held on June 17 will perform on stage at the Town Green on Saturday, July 16 for Maple Grove Days.

**Maple Grove Town Green**

**Saturday, July 16**

**2:30 - 3:00 p.m. FREE**



### DUCT TAPE FASHION SHOW AND CONTEST

*Ages 10 - 17*

Are you a believer you can make anything with duct tape? Then here is your challenge. Design your runway outfit from duct tape and enter the Duct Tape Fashion Show! The category for judging is Runway Outfit. Participants will meet at the Town Green at 1:00 p.m. Participants will be on stage at 1:30 p.m..

**Maple Grove Town Green**

**Saturday, July 16**

**1:30 - 2:00 p.m.**

**\$10**

**308415-01**

### 3<sup>RD</sup> LAIR'S 9TH ANNUAL SUMMER SERIES SKATEBOARD CONTEST

*Anyone who likes to skateboard*

Points will be given to each competitor based on their final standing at each contest. Winners of each division will receive a "Golden Ticket" to the MIDWEST MELEE – held at 3<sup>rd</sup> Lair at the end of the summer. The Midwest Melee will be the finale of the contest series and there will be 3 overall point winners – beginner, intermediate and expert. Registration opens at 2:00 p.m.

**Community Center Skate Plaza**

**Saturday, July 16**

**2:00 p.m. - Registration**

**3:00 p.m. - Competition FREE**



### STREET DANCE - MAPLE GROVE DAYS

This year while you wait for the fireworks, join us in our first STREET DANCE!! We will have DJ Jay mixing it up, so bring your friends and your best dance moves!! If you don't like dancing, come listen to the music and join in some fun contests we will host while he plays! The Street Dance will be at the Skate Plaza starting at 7pm until shortly before the fireworks begin.

**Maple Grove Skate Plaza**

**Saturday, July 16**

**7:00 p.m. – 9:30 p.m.**

**FREE**

### SKATE PLAZA

The Maple Grove Skate Plaza is located next to the Maple Grove Community Center. The new skate plaza is open daily during park hours from 6:00 a.m. - 11:00 p.m. Skateboards, scooters, in-line skaters and BMX bikes are welcome. Helmets and protective gear is strongly recommended for all participants. This park is unsupervised; users assume all risks inherent in the use of this facility. *Use this facility with safety in mind! June 21st is National Go Skateboarding Day - come skate with us at the Maple Grove Skate Plaza!*



## Adult/Teen Fitness

### BEGINNING YOGA

After a long day, join this relaxing class to reduce stress, increase flexibility and restore a healthy, positive mind and body balance. Recommended for those interested in a slower paced environment or have not advanced Yoga experience. Come stretch and relax. Instructor, Dee James. *Bring a mat for floor work.*

Maple Grove Middle School, Gym A/B

Mondays, June 13 – August 22 (ex July 4)

6:00 - 7:00 p.m. \$70 (10 ses) 309204-01

Wednesdays, June 15 – August 24 (ex July 27)

6:00 – 7:00 p.m. \$70 (10 ses) 309204-02



### SUN SALUTATION SATURDAYS

*New Saturday Morning Class at Central Park of MG*

A guided experience in a peaceful environment that is powerful, detoxing, energizing and invigorating. Stress less, increase flexibility, restore a healthy mind and body balance. Gentle Vinyasa Flow builds heat, strength and flexibility through holding positions. For those who have some experience with Yoga or new to Yoga but are active. Instructor, Dee James. *Bring a mat for ground/floor work. During inclement weather, group will meet inside the building.*

Central Park of Maple Grove, The Garden, 12000 Central Park Way (2 blocks east of the Library)

Saturdays, April 30 - June 25 (ex May 28)

8:30 - 9:30 a.m. free-will offering (8 ses)  
No registration required

### VINYASA FLOW YOGA

*Intermediate/Advanced*

After a long day, join this relaxing class to reduce stress, and to restore a healthy, positive mind and body balance. This Vinyasa flow class builds heat in the body with sun salutation and builds strength and flexibility through holding poses. Recommended for those who have done yoga before who are active and want a faster paced practice. Instructor, Dee James. *Bring a mat for floor work.*

Maple Grove Middle School School, Gym A/B

Mondays, June 13 – August 22 (ex July 4)

7:10 - 8:10 p.m. \$70 (10 ses) 309212-01

### FAMILY YOGA \*NEW\*

*Ages 4–Adult (Children must be accompanied by adult)*

See page 28

### YOGILATES

Come join us for a class designed to reduce stress and restore a healthy and balanced mind and body. Yogilates combines the slow controlled breathing and stretching of yoga with the core strengthening of Pilates. Yogilates is designed to relieve tension and help calm the mind while also increasing strength, balance, flexibility and coordination. Class sessions will include yoga and Pilates exercises, balance poses, stretching and a stress-reducing, relaxation segment. Options and modifications will be given to include all levels. *Bring a mat for floor work.* Instructor, Kristie Walker

Maple Grove Middle School School, Gym E/D

Thursdays, June 16 – August 25

6:00 – 7:00 p.m. \$77 (11 ses) 309214-01

### 50/50 COMBO FITNESS

Half cardio, half strength training, 100% fun! A low impact, moderate to intense class that includes cardio training for 50% of the class, & strength training for the other 50%. A great total body workout. Please wear appropriate workout shoes and clothes. *Bring a mat for the cool down segment.* Instructor, Renae Cole.

Maple Grove Middle School, Cafeteria

Wednesdays, July 27 – August 24

7:30 – 8:20 p.m. \$35 (5 ses) 309206-01

### TAI CHI EXERCISE

Tai Chi Ch'uan is a traditional Chinese exercise system which has been widely practiced for preventative and therapeutic purposes. Occasionally referred to as "moving meditation" or "moving pole", it is one of the most popular exercise programs of Chinese tradition for improving personal fitness for people of any age. The primary benefits include postural control and balance, flexibility, coordination, agility, strength and power, sensitivity and awareness, reaction time and confidence. The movements are practiced in the beginning as slow and relaxed to develop strength while eliminating tension and increasing energy. As you advance in practice the movements will offer a practical way to learn to work with others and still reduce stress and tension. Taught by Gold Tai Chi group, Elaine Schrade, head instructor.

Maple Grove Middle School School, Gym A/B

Tuesdays, June 14 – August 23 (ex Aug. 9)

7:05 – 8:05 p.m. \$70 (10 ses) 309210-01

### PRENATAL YOGA

Join Blooma certified Prenatal Yoga Instructor and birth doula Laura Honeck for 60 minutes of strength building, birth preparation and total bliss. No experience is needed for this all-levels class which focuses on connecting with your incredible body and the baby in your belly. We'll build endurance and move organically while preparing the body for birth and the emotional-marathon of motherhood that exists beyond labor. At the center of this class is breath and an attitude of gratitude. All levels of experience and pregnancy welcome. *Please bring a Yoga mat and a firm pillow.* Some props, tea and aromatherapy provided. This is a class for women only.

Eagle Lake Community Building, 6259 Eagle Lk Dr.

Thursdays, June 2 – July 7

7:15 – 8:30 p.m. \$51 (6 ses) 309208-01

Thursdays, August 4 - 25

7:15 – 8:30 p.m. \$34 (4 ses) 309208-02

## Adult/Teen Health & Fitness

### STAND UP PADDLEBOARDING/YOGA

Kim Olson, owner of Pura Paddle, a company specializing in Yoga and stand up paddleboarding (SUP), is a 200 hour certified Yoga Instructor and WPA Level 1 instructor. Check out [www.purapaddle.com](http://www.purapaddle.com) for more information. Classes are held at the **Eagle Lake Boat Access, 6861 Magda Dr., Maple Grove**. Vehicles without trailers can use Woodcrest Neighborhood Park, 6800 Magda Drive for parking.

#### STAND UP PADDLEBOARDING 101

Includes on and off the water training! Participants will learn the basics of SUP (stand up paddleboard), including equipment, launch technique as well as general safety instruction. Use of a regulation Paddleboard included.

**Tuesday, June 7**

7:00 - 8:00 p.m. \$28 309220-01

**Tuesday, July 5**

7:00 - 8:00 p.m. \$28 309220-02

**Tuesday, August 2**

7:00 - 8:00 p.m. \$28 309220-03

#### "SUP" STAND UP PADDLEBOARDING: YOGA

Develop better balance, strength, coordination and endurance by linking breath to movement. This is an energizing Vinyasa class where your mat is a stand up paddleboard and your studio is the water. Paddleboard 101 or prior paddleboard experience recommended to participating. Use of regulation paddleboard included.

**Tuesday, June 14**

7:00 - 8:00 p.m. \$28 309220-04

**Tuesday, July 26**

7:00 - 8:00 p.m. \$28 309220-05

**Tuesday, August 9**

7:00 - 8:00 p.m. \$28 309220-06

#### SUP YOGA SCULPT

Develop better balance, strength, coordination and endurance by linking breath to movement, strength exercises such as squats, pushups, and bicep curls will be added to build lean muscle mass. It is recommended to take at least one SUP Yoga class prior to a SUP Yoga Sculpt

**Tuesday, June 28**

7:00 - 8:00 p.m. \$28 309220-07

**Tuesday, July 12**

7:00 - 8:00 p.m. \$28 309220-08

**Tuesday, August 30**

7:00 - 8:00 p.m. \$28 309220-09

### STRENGTH TRAINING AND TONING - Mini

This class is designed for all fitness levels. This program will assist in building bone density, losing weight and strength & energy building. Basic exercises using weights are geared toward individuals' abilities, and can help with providing for a healthier, more active lifestyle. Authorities suggest that strength training can lower your risk of heart disease, diabetes and osteoporosis. Come join this class for an energy overhaul. Instructor, Renae Cole. *Wear comfortable clothing and bring your hand weights and a mat for floor exercises.*

**Maple Grove Middle School, Cafeteria**

**Mondays, July 25 - August 22**

7:15 - 8:05 p.m. \$35 (5 ses) 309209-01

**Wednesdays, July 27 - August 24**

6:30 - 7:20 p.m. \$35 (5 ses) 309209-02

### ZUMBA FITNESS

Come sweat away your worries. Zumba is a fun and easy to do workout that feels more like a dance party. Inspired by high energy and motivating Latin and international music, Zumba is a dynamic, exciting, effective head-to-toe fitness system. Zumba combines fast and slow paced rhythms that tone and sculpt the body using aerobic interval training. Zumba is fun and great for the mind and body. No previous dance experience necessary. Come ready for a workout in tennis shoes. Instructor, Susan Gahan. *Bring a water bottle and a sweat towel.*

**Maple Grove Middle School, Gym A/B**

**Thursdays, June 16 - August 18**

7:10 - 8:10 p.m. \$70 (10 ses) 309215-01

**Wednesdays, June 15 - August 17 (ex July 27)**

7:10 - 8:10 p.m. \$63 (9 ses) 309215-02

#### ZUMBA FITNESS PUNCH CARD

Attend either Summer Zumba class listed above. Times not used are not transferable to another quarter. Refunds are not issued for punch cards. Punch cards and a calendar will be sent in the mail. All other fitness classes are not included.

**\$70.00 for 10 punches 309216-01**

### KETTLEBELL FITNESS

The Russian Kettlebell is the best system for achieving rapid yet consistent gains in muscle strength, power, energy and functional performance with a single, simple tool. Certified Kettlebell Instructor, Roxanne Altmeyer RKC & EMT, gives you a perfect mix of follow-along kettlebell workouts. This workout is done in bare feet or flat soled shoes. *Wear loose-fitting clothing, bring water and your own bells if you have them!* If pre-existing health conditions or injuries exist, check with your doctor before starting this physically challenging class. *Don't forget the sweat towel!*

**Maple Grove Middle School, Gym A/B (weather permitting, class will be held outside)**

**Tuesdays, June 14 - August 23 (ex Aug. 2 & 9) \*Class on July 5 will be held from 5:30-6:15 pm**

6:00 - 7:00 p.m. \$63 (9 ses) 309207-01

### TABATA FITNESS

Tabata is High Intensity Interval Training (H.I.I.T.) and is the ultimate workout for cardio and fat burning. Tabata is an intense interval training circuit, which gets the body's major muscle groups involved. Each session consists of 20 seconds high intensity work, followed by 10 seconds rest. Modifications for exercises are offered, so it's perfect for any fitness level. This full body workout is guaranteed to transform your body! *Please bring an exercise mat and medium weight dumbbells.*

**Maple Grove Middle School Cafeteria**

**Mondays, June 13 - August 22 (ex July 4 and 25)**

6:00 - 7:00 p.m. \$63 (9 ses) 309211-01

### \*NEW! IN-LINE & ROLLER SKATE CAMP

*Adults - Skate with us to Better Health*

Camp Robicon's teaches you what you need to know to skate safely and successfully outdoors. All participants are required to wear a helmet.

**Central Park of Maple Grove, Skate Loop, 12000 Central Park Way (2 blocks east of the Library)**

**Saturday & Sunday, August 13 & 14**

9:00 am - noon \$134 (2 ses) 309203-01



# Adult Golf, Tennis, Dance & Fall Softball Leagues

## ADULTS USA TENNIS 1-2-3 FUNDAMENTALS

*Adults 19 years & older*

An introductory program consisting of 8 sessions to teach basic skills quickly to new players or to tennis players who have not played in some time. *Make-up rain date is the following Thursday.*

Maple Grove Senior High, tennis courts

Tuesdays, June 14 - August 2

6:15 - 7:15 p.m.

\$90 (8 ses)

309302-01



## ADULT LEAGUE USA TEAM TENNIS MIXED DOUBLES

*Adults 19 & older*

USA Team Tennis offers adults the opportunity to practice and play organized matches in a friendly atmosphere. The emphasis is on fun, fitness and the social benefits of tennis. *This is a mixed doubles league, so you don't need a partner to sign up! Make-up rain date is the following Thursday.*

Maple Grove Senior High, tennis courts

Tuesdays, June 14 - August 2

7:20 p.m. - 8:50 p.m.

\$40 (8 ses)

309302-02

## MAPLE GROVE TENNIS LADDER

*Tennis players of all abilities, senior high through adult*

An opportunity to participate in a recreational tennis club. The ladder is a list of players to contact for singles tennis. The ladder will be starting in May and last through the middle of September, with playoffs at the end of the regular season. Players schedule their own matches, and can play as often or seldom as desired. There is no fee to participate. *To register go to the following website, [maplegrove.tencaptennis.com](http://maplegrove.tencaptennis.com)*

## BALLROOM DANCE FOR BEGINNERS

*Ages 16 - adult (Children welcome with adult)*

Learn several basic steps in the most popular ballroom dances, including Waltz, Foxtrot, Swing, Hustle, Cha Cha, Salsa, & Polka! Getting ready for a wedding or a party, or just looking for something to do together with your spouse or friend? This is the perfect course to get you started and to help gain confidence on the dance floor. Instructor offers free repeat & make up classes at other locations. Deanna Constantine provides simple instruction intended for the new, beginning level dancer. To reserve your spot in class, or if you have questions, please call Deanna at 612-240-8329 or visit [www.ConstantineDance.com](http://www.ConstantineDance.com). **No advance payment required. Reservations recommended. Payable by cash or check to the instructor!**

Maple Grove Middle School, Cafeteria

Thursdays, June 16 - July 7

7:00 - 8:30 p.m.

\$55 per person (4 ses)



## ADULT GOLF

*Three Rivers Park District*

Eagle Lake Golf Center, 11000 County Road 10 (1 mile west of Highway 169 in Plymouth)

**Adult Never Ever** – Never Ever lessons are designed for the golfer with no experience playing golf. This class will start at the beginning. Clubs are available for use. Equipment, golfer expectations, golf etiquette, simple rules, drills and swing instruction will be a part of each lesson! Lessons will cover irons, driving, chipping and putting.

**Mondays & Wednesdays, July 11 – 20**

6:00 – 7:00 p.m.

\$79 (4 ses)

309301-01

**Adult New Golfer** – New Golfer lessons are designed for the golfer with little experience playing golf. New golfers usually have less than three years of playing experience or play less than 10 rounds a season. This class will incorporate golf etiquette, simple rules, drills and swing instruction into each lesson. Lessons will cover irons, driving, chipping and putting. Completion of this course prepares you for the next step class or private lessons, unless you feel it is still appropriate to continue in the Adult New Golfer lessons.

**Mondays & Wednesdays, July 11 – 20**

7:00 – 8:00 p.m.

\$79 (4 ses)

309301-02

**Tuesdays & Thursdays, July 26 - August 4**

6:00 – 7:00 p.m.

\$79 (4 ses)

309301-03

## FALL SOFTBALL LEAGUES AGES 18+

Games played at Maple Grove Middle School. 5-week doubleheader league.

Leagues for teams Class D & Below.

Mens Monday evenings beginning August 22

\$435.00 (includes tax) per team

310103-01

Mens Wednesday evenings beginning August 24

\$435.00 (includes tax) per team

310103-02

**Note:** Total 3 homeruns per game for the Men's Leagues. Additional homeruns will be an out.

Co-Rec Tuesday evenings beginning August 18

\$435.00 (includes tax) per team

310102-01

Complete roster due by August 29, 2016.

Online and in person registration begins on Tuesday, June 28 and runs through Friday, August 5, 2016.

**Note: Teams must provide an email address. All correspondence will be by email only.**

## Adult/55 Forward Health & Fitness

### STRENGTH & BALANCE TRAINING

Age 30 or 90, this program can help increase your energy level, build bone density, lose weight and gain strength along with better balance! Strength training can decrease risk for diabetes, heart disease, osteoporosis and other conditions. Join this class for an energy and confidence overhaul! *Bring your weights to class.* Instructor, Cyndy Long.

**Crosswinds United Methodist Church, 15051 Weaver Lake Rd**  
**Wednesdays, June 1 – August 31**  
 9:30 – 10:30 a.m.      \$56 (14 ses)      311211-01



### FOUNDATION FITNESS

Life Time Fitness and Maple Grove Parks and Recreation join together to offer this fitness class. The class is designed for those who are looking for ways to add exercise and movement to their life. Foundation Fitness combines strength training, flexibility and cardiovascular conditioning in one class. We will be using small hand weights as you work with the instructor to modify exercises to a level that is a perfect fit for you. Instructors, Tina Kuharski, Wendy Green & Kathy Bennethum .

**Life Time Fitness Center, Aerobics Room**  
**Mondays, June 6 – August 29 (ex July 4)**  
 10:40 – 11:40 a.m.      \$48 (12 ses)      311207-01  
**Wednesdays, June 8 – August 31**  
 10:40 – 11:40 a.m.      \$52 (13 ses)      311207-02  
**Fridays, June 10 – September 2**  
 10:40 – 11:40 a.m.      \$52 (13 ses)      311207-03

### SWIM FITNESS

Summer Early Bird Class; get your exercise in early, then enjoy the beautiful summer days! Jump into the water for a great way to exercise your way to better health! Tone your muscles, improve your cardiovascular system, have fun, stay fit and do it with the help and buoyancy of water to support your joints. A great form of exercise for people with arthritis or water lovers. Instructor is Jean Holub.

**Maple Grove Community Center Pool**  
**Tuesdays, June 28 – August 30 (ex July 5)**  
 7:00 – 8:00 a.m.      \$36 (9 ses)      311212-01  
**Thursdays, June 30 – August 25**  
 7:00 – 8:00 a.m.      \$36 (9 ses)      311212-02

### LINE DANCING

This is a fun, motion filled way to get some great exercise. Using a variety of music, from big band to pop, you'll learn the basic steps of line dancing and meet some friends at the same time! We welcome folks new to line dance! Don't be shy, join in the fun! Instructor Pamela Anne Reinert.

**Maple Grove Community Center**

**Tuesdays May 3 - June 14**  
 10:00 – 11:00 a.m.      Basics \$25 (7 ses)      211101-01  
 11:00 – Noon      Beg Plus \$25 (7 ses)      211101-02  
**Tuesday & Friday, August 16 - September 23**  
 9:00 – 10:00 a.m.      Beginners \$45 (12 ses)      311101-01  
 10:00 – 11:00 a.m.      Beg Plus \$45 (12 ses)      311101-02

## Pickleball



### PICKLEBALL

This exciting game is a combination of ping-pong, tennis and badminton and is played with a smaller racquet/paddle and a whiffle ball. Previous experience is not needed; we'll teach you the basics of the game, and you'll be hooked! Introduction to the game on the first two weeks and continuing play offered each week following. All equipment provided.

#### PICKLEBALL – INDOORS

Pickleball Memberships, Coupon Book or Gym fees apply.

**Maple Grove Community Center Gym**

**Monday – Friday 6:00 – 9:00**  
**Wednesday 7:30 – 10:00 p.m.**  
**Saturday 7:00 – 9:00 a.m.**

#### PICKLEBALL – OUTDOORS

As soon as the weather allows, pickleball will move from the Community Gyms to the outside courts. Group play is scheduled, but feel free to use the courts with friends and family around the scheduled play time.

**Lakeview Knolls Pickleball Courts (6 courts)**

**Monday – Saturday, 8:00 – 11:30 a.m.**  
**Monday, Wednesday and Sunday, 6:00 – Dark**

**Central Park**

Novice and recreational players (w/basic understanding of game)

› **Monday, Wednesday, Friday, 8:00 – Noon**

All levels

› **Saturdays, 8:00 a.m. - Noon**

› **Monday & Wednesday evenings, 6:00 – 9:30 p.m.**

### PICKLEBALL - INTRO LESSONS

Want to learn the very basics and get to know the game of Pickleball? Free lessons will be given monthly as people are interested. This one day, 2 hour lesson will provide you the chance to learn skills, and play with other like players. It is a fun game, you can learn quickly and improve on the more you play. **Register for these lessons online at no cost.**

**Central Park Pickleball Courts**

**Wed, June 15 7:00 – 9:00 p.m.      Free      311320-01**

## Adult/55 Forward Health & Fitness

### TAI CHI

Tai Chi is slow, rhythmical movement that offers healing benefits to people of all ages and physical abilities. Regular Tai Chi practice can be used to gain a greater sense of well being, increased flexibility and muscle strength. It can help improve balance and relaxation, reduce stress, and help manage health concerns such as diabetes and arthritis. *(These classes are open and offer health benefits to anyone with or without diabetes or arthritis)*

**Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)**

**Beginning Tai Chi** - A beginner's class, designed by Dr. Paul Lam and a team of medical experts, that teaches movements combined from the Sun and Yang Style Tai Chi forms.

**Tuesdays, May 3 – June 21**

8:30 – 9:30 a.m. \$48 (8 ses) 211213-02

**Tuesdays, June 28 – August 30 (ex July 5)**

8:30 – 9:30 a.m. \$54 (9 ses) 311213-01

**Tai Chi 2** - An advanced level for those who are moving beyond the beginning level in Tai Chi.

**Tuesdays, May 3 – June 21**

11:00 a.m. - Noon \$48 (8 ses) 211213-04

**Tuesdays, June 28 - August 30 (ex July 5)**

11:00 a.m. - Noon \$54 (9 ses) 311213-02

**Continuing Tai Chi** - For people who have taken beginning Tai Chi for health, or those who are familiar with the moves designed by Dr. Paul Lam and a team of medical experts, which teaches movements from the Sun Style Tai Chi form that are specific to arthritis.

**Tuesdays, May 3 – June 21**

9:45 – 10:45 a.m. \$48 (8 ses) 211213-06

**Tuesdays, June 28 - August 30 (ex July 5)**

9:45 – 10:45 a.m. \$54 (9 ses) 311213-03

### SHIBASHI TAI CHI

Shibashi Tai Chi Qigong, as developed by Lin Hoa Sheng in China, is designed to improve your general health and wellbeing. The gentle rocking motions and stretching movements improve circulation and digestion. The chest exercises and controlled breathing are good for lung conditions and asthma. And the overall effect of the exercise is to reduce mental stress and physical tension carried in the muscles of the body. This Qigong is very effective and easy to learn. It is practiced around the world by over 10 million people, and is considered a national health exercise in Malaysia, Thailand and Indonesia. Weather permitting we will hold class outside, moving inside as needed/desired.

**Town Green Meeting Room**

**Thursdays, May 5 – June 23**

4:00 – 5:00 p.m. \$48 (8 ses) 211209-02

**Thursdays, June 30 - August 25 (ex July 7)**

4:00 – 5:00 p.m. \$48 (8 ses) 311209-01

**Thursdays, July 14 – September 1**

7:00 – 8:00 a.m. \$48 (8 ses) 311209-02

### CHAIR YOGA

A seated yoga on chairs with yoga postures to improve flexibility, strength, coordination, balance and to relax the mind and body to handle the stresses of everyday life. Instructor, Cyndy Long.

**Crosswinds United Methodist Church, 15051 Weaver Lake Rd**

**Wednesdays, June 1 – August 31**

10:30 – 11:30 a.m. \$56 (14 ses) 311204-01

### EASY YOGA

Build strength, increase flexibility and balance, stretch and relax. All in one class. Must be able to move from standing to floor and back. Instructor, Dee James.

**K Hovnanian's Four Seasons at Rush Creek, Community**

**Clubhouse Ballroom, 7550 Ranier La N, Maple Grove MN 55311**

**Tuesdays, June 21 – August 30**

9:00 – 10:00 a.m. \$44 (11 ses) 311205-01

10:15 – 11:15 a.m. \$44 (11 ses) 311205-02

**Thursdays, June 23 – September 1**

9:00 – 10:00 a.m. \$44 (11 ses) 311205-03

10:15 – 11:15 a.m. \$44 (11 ses) 311205-04

### INTRO TO LABYRINTH WALKING

Did you know that Maple Grove has a public labyrinth for you to enjoy? A labyrinth is not a maze. There is nothing to be solved, no dead ends meant to entrap the walker. Labyrinths have a clear way in and out. Yet the small amount of concentration required to stay on the path, combined with the repetitive nature of following the pattern, is said to produce a calming effect. Join us for this informational session to learn about the labyrinth, walk it and discuss a schedule for regular meeting times to walk. **Register for this group online at no cost.**

**Central Park Labyrinth, 12000 Central Park Way**

**Tuesday, May 31**

1:00-3:00 pm Free 211320-05

### WALKING CLUB

**Adults, ages 62+ (Residents of Maple Grove)**

Don't let the rain, clouds and heat of summer stop your walking program. Life Time Fitness and Maple Grove Parks and Recreation invite you to join a walking club. Using the Athletic Club's walking track, you can get your exercise, chat with your friends while you walk, and enjoy the walking pace you choose. Stop by the Senior Center when you are done for a cup of coffee. **For additional information, call Kris at 763-494-6514. All registrations will be handled at Life Time Fitness, Front Desk.**

**Life Time Fitness walking track**

**Monday – Friday, ongoing**

9:00 – 11:00 a.m. & 1:00 – 3:00 p.m. \$10 monthly

### NORDIC WALKING CLUB

Join Sher Monfore, and get together with friends to explore new parks and trails in and around Maple Grove. Use more muscles, burn more calories, do this and more while enjoying a walk in nature. A limited number of poles are available to borrow, or bring your own. **Contact Kris to get the park meeting places, get added to our e-mail list, and/or to borrow poles 763-494-6514.**

**Wednesdays on-going**

7:59 – 9:00 a.m.



## Adult/55 Forward Health & Fitness

### ALL AGES POOL LEAGUE

From beginner to pro all abilities are welcome to join us to play pool. Practice and share your techniques while meeting up with community members that have the same interests as you. Learn a variety of games such as 8-ball, 9-ball and 3 person games. League play will be based on the number of participants and determined at the beginning of the session. Fees include table time.

Community Center Teen Center

Tuesdays, June 21 – July 26

10:00 - 12:00 p.m.

\$10

308108-02



### HEALTH AND SAFETY FAIR

The Maple Grove Fire Department presents a full day of activity and learning at this event. Included in your day will be speakers on fire safety, driving safety, laughter, scams & frauds as well as a variety of mini sessions. Great speakers & vendors, prizes, fun lunch and snacks provided. If you have questions, call Marilyn at 763-494-6091 or Kris at 763-494-6514.

Maple Grove Community Center

Thursday, June 25

8:30 a.m. – 3:00 p.m.

\$10

211320-21

### HEALTH INSURANCE HELP

Wondering about your choices with supplemental coverage? Have questions about Part D? Worried about the details in filing a claim or appeal? Do you need help through the Medicare maze? Trained volunteers will help answer these questions and more in a one on one information session.

Maple Grove Community Center

2<sup>nd</sup> Thursday monthly

By appointment, starting at 12:30 p.m.

No fee, appointment required by calling Kris at 763-494-6514 at least one week in advance.

### HOUSEHOLD AND OUTSIDE MAINTENANCE FOR ELDERLY

Seniors, are you looking for some assistance with your household chores? H.O.M.E. is now providing services to the residents of Maple Grove. H.O.M.E. is a program that helps older adults (age 60 plus) remain independent by providing services they are unable to do for themselves. Service costs are based on a sliding contribution scale. The core staff, with a network of skilled workers and volunteers will perform painting, minor repairs, leaf raking, snow shoveling, lawn mowing, house cleaning, laundry, and grocery shopping. H.O.M.E. is a program of Senior Community Services. CALL: 952-746-4046



### HAPPY FEET FOOT CARE

Well cared for feet will help your entire body to feel better! Happy Feet, provides a quality foot care service. They specialize in routine foot care for elder and diabetic feet, and are able to meet the special needs you may have. A foot soak and massage are provided with each visit along with the care needed.

Maple Grove Community Center

Second Thursday and Fourth Monday of each month

9:00 a.m. – 2:00 p.m.

\$34.00 per visit

Appointments required. Call 763-560-5136 for appointment.

### HEARING SCREENING

Hearing Health Clinic - Osseo will provide a Hearing Screening (Touchscreen). All participants will receive an emailed copy of their hearing screening. At screening we can look at your hearing devices and do some onsite cleaning of aids. The screening participants are eligible for a FREE 15 min. consultation with our Dr. of Audiology at our Osseo office if requested. Call Kris at 763-494-6514 to schedule an appointment.

Maple Grove Community Center

First Tuesday monthly, by appointment

10:00 a.m. – Noon

### THERE'S MORE TO HEAR

Hearing Health Clinic–Osseo will provide a free monthly talk on various topics. **Register for these discussions online at no cost.**

**Failing Hearing Solutions:** You have a loss and simply don't know what to do? We will give you step-by-step solutions for anyone who is experiencing a hearing loss (or have someone in their life that is). We will cover: How do you know?; When do you need Screenings and Diagnostic testing?; How to prevent further damage?; Where do you go for help; and Solutions that fit you!

Tue, June 7

1:00 – 2:00 p.m.

Free

311320-03

**Hearing Loss, Health Concerns:** Overview on what health issues like Diabetes and Cancer can have on your hearing, as well as how some types of medicine can harm your hearing. We will go over common hearing conditions and give you tips on how to research online and work with your physician on how to keep your hearing healthy.

Tue, July 5

1:00 – 2:00 p.m.

Free

311320-04

**Hearing Loss, Treatment & Technology:** Hearing losses are very TREATABLE. This class will share what technology and science can do to help almost every loss. We will discuss how Doctors and Audiologists can help. How hearing devices work and how they are 'fitted' to exactly YOUR need. Tips on finding out what devices are available and what YOU need ... not what you are being SOLD. Prevention solutions will also be discussed.

Tue, August 2

1:00 – 2:00 p.m.

Free

311320-05

## 55 Forward Classes, Conversations & More...

### WILL YOU RUN OUT OF MONEY?

Discover how to avoid running out of money during retirement. Presented by Industry Leader, Jim Bear. It's your money and it's your life, so it's your personal responsibility to get the information you need to make the right choices. Find out little-known Social Security strategies and how to *take advantage of the new rules that began in May 2016*. When you attend, you receive a complimentary copy of "The Social Security Decisions", a helpful guide that reveals how to increase your Social Security benefits, how to get a huge lump sum Social Security payoff, how you may be cheating yourself out of your Social Security benefits, and more. This is provided for informational purposes only and is not intended to provide specific tax or legal advice or serve as the basis for any financial decisions. Be sure to speak with qualified professionals before making any decisions about your personal situation. *Jim Bear is an Investment Advisor Representative. Investment Advisory Services are offered through Global Financial Private Capital LLC, an SEC Registered Investment Advisor. Register for this discussion online at no cost.*

Maple Grove Community Center

Tue, June 14	6:00-7:00 p.m.	Free	311320-06
Tue, July 19	6:00-7:00 p.m.	Free	311320-07
Tue, Aug 16	6:00-7:00 p.m.	Free	311320-08

### HOW TO PLAN THE PERFECT MOVE

Whether you're selling your home this fall or next spring, now's the time to get thinking about one of your biggest investment and what it means for your future. Planning Your Move will bring in three experts to teach you about getting your home ready to sell. Hear from local realtor, GRI Renee Miller of Keller Williams Classic Realty. She'll touch on understanding home values, timing your move, market statistics and how realtors market your home. Joe Van Orsdol, Chief Home Inspector and owner at Right Home Inspections will share tips on what to expect from a home inspection and how to prepare for it. Cathy Matrejeck from Changing Lifestyle Solutions, a move management company will then share her expertise on what to do with all of your treasures as you downsize and how to prepare for the physical move. Guaranteed to get you inspired and organized for your next steps.

Maple Grove Community Center

Thursday, July 28

10:00 a.m. - Noon \$5 311311-01

### SOCIAL SECURITY: STRATEGIZE TO MAXIMIZE

This workshop covers the basics of Social Security and reveals strategies for maximizing your benefits, including: Five factors to consider when deciding when to apply for benefits, How to minimize taxes on Social Security benefits, How to coordinate Social Security with your other sources of retirement income. This workshop is hosted by Thrivent Financial and your local representatives Michelle Nisbet and Michael Coughlin. *Register for this discussion online at no cost.*

Maple Grove Community Center

Tue, June 14	6:30 - 8:00 pm	Free	311320-09
Thur, Aug. 16	6:30 - 8:00 pm	Free	311320-10



### LEAVING A LEGACY

Join Attorney Chuck Roulet and discover how to make sure your wishes are carried out exactly as you want. Even if you have an estate plan or a living trust, new laws and often overlooked items make this a must attend workshop! You won't hear a bunch of legal mumbojumbo, just straight talk. You'll hear exactly the differences between a will and a trust, what probate is and how it works, planning for incapacity, taxes, long-term care planning, leaving a real legacy and still have plenty of time for individual questions and answers. *Register for this discussion online at no cost.*

Mon, May 23

6:30 - 7:30 pm

Free

211320-08

### GREAT DECISIONS

This program, co-sponsored by the Minnesota International Center, will bring world topics to discover and discuss right here in Maple Grove. Hear all the hot topics of the time, from local events to world dilemmas, there is much to learn from instructors and conversation with your neighbors. Each session will include a speaker or program to help us learn additional information and then time to discuss that which we have learned. Each topic will be covered in a single lesson. Register for any that interest you. There is a \$8.00 fee per session to help cover the cost of the speakers. Topic books are available for purchase, if desired, for an additional fee. (See Kris Orluck for the topic books.)

Maple Grove Community Center

#### Migration

As a record number of migrants cross the Mediterranean Sea to find refuge in Europe, the continent is struggling to come up with an adequate response. Although Europe's refugees are largely fleeing conflicts in Syria, Iraq and parts of Africa, their struggle is hardly unique. Today, with the number of displaced people at an all-time high, a number of world powers find themselves facing a difficult question: how can they balance border security with humanitarian concerns? More importantly, what can they do to resolve these crises so as to limit the number of displaced persons?

Wednesday, May 18

9:30 - 11:30 a.m.

\$8

211305-02

#### Korean Choices

At the end of World War II, Korea was divided. The northern half of the Korean peninsula was occupied by the Soviet Union, the southern by the United States. Today, North and South Korea couldn't be further apart. The North is underdeveloped, impoverished and ruled by a corrupt, authoritarian regime, while the South advanced rapidly to become one of the most developed countries in the world. With such a wide gap, some are asking if unification is possible, even desirable, anymore?

Wednesday, June 15

9:30 - 11:30 a.m.

\$8

311305-01

## Craft, Game & Card Clubs

New look for registration for these  
Craft, Game and Card Clubs!  
Log in to [webtrac.maplegrovern.gov](http://webtrac.maplegrovern.gov)  
and click on the link on the front page.

### DUPLICATE BRIDGE

Challenge your mind and improve your bridge skill level! This stimulating game of duplicate is played on Tuesdays at the Community Center. You must bring a partner! Only full tables play. Call Kris, 763-494-6514 if you need a partner. Arrive early, play starts at NOON!

Maple Grove Community Center

Tuesdays weekly

12:00 - 3:30 p.m. \$10 (yearly) Duplicate Bridge Card Club

### SOCIAL BRIDGE

Enhance your bridge skill, build new friendships, and gather to enjoy a great game! This is intermediate "party bridge", meeting weekly. No partners needed to attend, we form tables as individuals arrive. A prize fee of 50¢ is collected at each meeting.

Maple Grove Community Center

Wednesdays weekly

12:30 - 3:30 p.m. \$10 (yearly) Social Bridge Card Club

### ACBL SANCTIONED DUPLICATE BRIDGE

This game will be run by Scott Smith, allowing opportunity for you to receive master points. For more information or if you need a partner, contact Scott at 612-845-8090. **\$6.00 paid weekly at the game to the director.** Wireless scoring and hand records.

Maple Grove Community Center

Thursdays weekly

12:00 - 3:30 p.m. \$6.00 (weekly-pay the Game Director)

### HAND AND FOOT

If you love playing cards, and wish you could play a game for hours, this might be for you! Hand and Foot is a North American game related to Canasta, in which each player is dealt two sets of cards - the **hand**, which is played first, and the **foot**, which is played when the hand has been used up. Start something new, or continue to play and perfect your skills. The group meets each week, and welcomes beginners.

Maple Grove Community Center

Tuesdays weekly

9:00 - 12:00 p.m. \$10 (yearly) Hand & Foot Card Club

### PINOCHLE

Want a night out of the house to socialize and play cards? A pinochle group is playing weekly on Tuesday evenings. If you love to play Pinochle, come join this fun group.

Maple Grove Community Center

Tuesdays weekly

6:30 - 9:30 p.m. \$10 (yearly) Pinochle Card Club



### 500 CARD CLUB

Bauers, No Trump, Nula and Slam are some of the terms you'll hear on Thursday afternoons. If you enjoy 500, here is your chance to find area friends and master the always exciting game of 500. No partners needed. This is an open game, and we will make partners and tables as you arrive. A 50¢ prize fee will be collected at the start of each game date. Arrive early, game starts officially at 1:00!

Maple Grove Community Center

Thursdays weekly

1:00 - 3:30 p.m. \$10 (yearly) 500 Card Club

### CRIBBAGE

Calling all Cribbage players - join in the fun! We've had requests to start a regular playing time for this game, so come and play with others from the area. We'll make teams and games as people arrive.

Maple Grove Community Center

Mondays weekly

1:00 - 4:00 p.m. \$10 (yearly) Cribbage Game Club

### SCRABBLE

Get those cobwebs out of your head. Use the vocabulary skills you rarely get to challenge yourself with. Join in this informal "come when available" game among friends that meets every Friday afternoon. Feel free to join in a game when you find yourself looking for a fun encounter on Friday. Beginners are welcome!

Maple Grove Community Center

Fridays weekly

1:00 - 3:30 p.m. \$10 (yearly) Scrabble Game Club

### MAH JONG

Born in China, hugely popular in the USA in the 1920's, Mah Jong is back and more fun than ever. Blending elements of rummy and dominos, it's lively, addictive entertainment for family and friends. Learn the game or join with other skilled players. This group plays the more traditional Chinese format, and the yearly "card". Call Kris at 763-494-6514 with questions.

Maple Grove Community Center

Thursdays weekly

9:00 - noon \$10 (yearly) Mah Jong Game Club

### DOMINO'S MEXICAN TRAIN

Come and learn this simple game played with double twelve dominos. It is easy, fun, entertaining and a great way to socialize. Whether you know how to play or are new to "Mexican Train", you will have a great time!

Maple Grove Community Center

Tuesdays weekly

1:00 - 4:00 p.m. \$10 (yearly) Dominos Game Club



## Craft, Game & Card Clubs

### FREE MONTHLY BINGO

Join us the first Friday monthly for a fabulous hour of BINGO hosted by Northridge Health and Rehab and The Residence at North Ridge. They are teaming up to bring you an hour of fun and great prizes. Grand prize for cover-all which include gift cards to local businesses. This is a free event for everyone 55+. No need to sign up, just come to the Community Center ready to play.

**Community Center**  
**First Friday monthly**

**FREE**



### BOOKS, BOOKS, BOOKS!

Energize your reading, with new and different book selections followed by stimulating discussions! This ongoing book club is a continuous program (meeting monthly); reading and discussing a variety of books. Books will be selected from the Book Kits offered by the Hennepin County Library System. These kits provide a number of books and questions for discussion. Join us to learn more about the books, or call Kris for the reading list.

**Maple Grove Community Center, Senior Center**  
**1st Wednesday of every month**

**9:30 – 11:30 a.m.**

**\$10 (yearly)**

**Book Club**

### THE KNITTING GRANDMAS AND FRIENDS

We are currently making newborn hats for babies at Maple Grove Hospital (400+/month). We are looking for an additional 10-12 experienced knitters to join our efforts. The hats are knit with double pointed or circular needles, (sz 4) There is a sample pattern available to pick up at the Community Center. Simply Soft yarn is recommended; the hat pattern was written for that brand of yarn. If you are interested, please pick up a pattern, knit it and come to one of our meetings. We have knit and donated over 20,000 hats since the hospital opened in December of 2009. The hats require about 2.5 – 4 hours to knit. The Knitting Grandmas are a wonderful group of people; come and join us. Call Kris 763-494-6514 with questions.

**Maple Grove Community Center, Senior Center**  
**Mondays weekly, noon - 2:00 pm**

### ANYTHING GOES CRAFTERS

Whether you knit, crochet, cross stitch, scrapbook, quilt... you are invited to join this informal group! Pull together your supplies and come weekly to share ideas, learn new skills, laugh and enjoy the company while you "work"!

**Maple Grove Community Center**  
**Wednesday weekly**

**9:00 a.m. – Noon**

**\$10 (yearly)**

**Crafters Club**

### SEWING QUESTIONS?

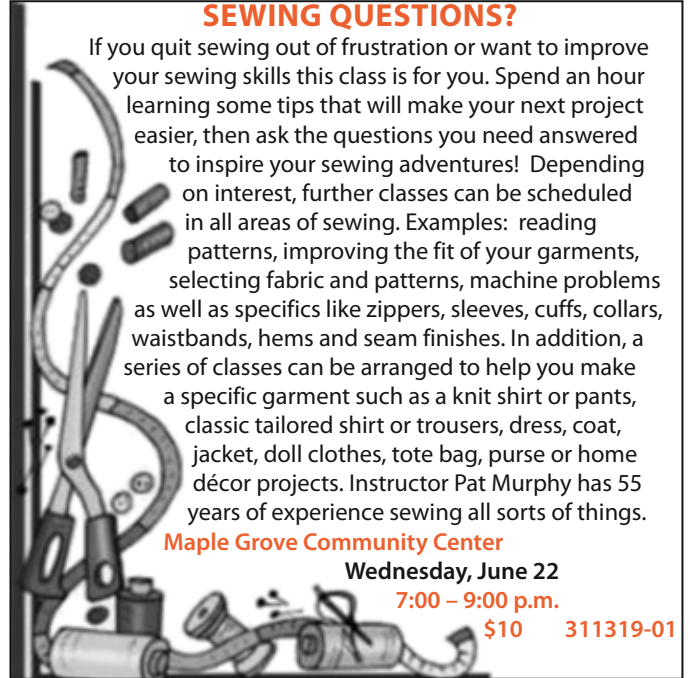
If you quit sewing out of frustration or want to improve your sewing skills this class is for you. Spend an hour learning some tips that will make your next project easier, then ask the questions you need answered to inspire your sewing adventures! Depending on interest, further classes can be scheduled in all areas of sewing. Examples: reading patterns, improving the fit of your garments, selecting fabric and patterns, machine problems as well as specifics like zippers, sleeves, cuffs, collars, waistbands, hems and seam finishes. In addition, a series of classes can be arranged to help you make a specific garment such as a knit shirt or pants, classic tailored shirt or trousers, dress, coat, jacket, doll clothes, tote bag, purse or home décor projects. Instructor Pat Murphy has 55 years of experience sewing all sorts of things.

**Maple Grove Community Center**

**Wednesday, June 22**

**7:00 – 9:00 p.m.**

**\$10 311319-01**



### TIME TO QUILT TOGETHER

Share idea patterns, conversation and a passion for quilting! Whether you are working on hand piecing, or a machine, or if you are making a placemat or a king size quilt, this informal group allows you to gather the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday monthly to work on projects. This group works on their own projects and also makes lap-sized quilts for North Memorial Hospice. So if you are a novice or an accomplished quilter, you are welcome to come and share your time and visit with other quilters. Minimal instruction is available. Bring your own sewing machine (if needed) and project.

**Maple Grove Community Center, Senior Center**  
**1st & 3rd Wednesday each month**

**9:30 – 4:00 p.m.**

**\$10 (yearly)**

**Quilting Club**

### WOODCARVING

Any level of woodcarver is invited to join this group! The purpose of this group is to share ideas and techniques while having fun! If you want to learn, a woodcarver will work on a select project with you, starting with a blank chunk of wood that you will shape into a finished product. Bring your project and woodcarving tools!

**Maple Grove Community Center**

**Tuesdays weekly**

**12:30 – 3:00 p.m.**

**\$10 (yearly)**

**Woodcarving Club**

## 55 Forward Clubs, Classes, Movies



### COLOR ME HAPPY

Join in this ongoing coloring group, meeting monthly to share lessons learned, ideas, supply tips and have a fun social time. Bring your supplies or use ours; just come and join in the fun. Beginners welcome!

**Maple Grove Community Center**

**Fourth Monday monthly**

**9:30 – 11:30 a.m.**

**Free**

### COMPUTER USERS GROUP

"Ask Ray, The Computer Guy". Join in this group conversation. Bring your questions or problems. Have ideas or topics to explore? Ray is here to help! Ray is a Computer Science graduate from the U of M and retired from the State of Minnesota and is serving the public through his technology knowledge. Ray has knowledge in PC and Mac and he wants you to have peace of mind around your computer. Check him out at [www.raythecomputerguy.com](http://www.raythecomputerguy.com). Free, no RSVP required.

**Maple Grove Community Center**

**1st Monday monthly**

**9:00 – 11:00 a.m.**

### FREE MOVIES, FREE BEVERAGES, FREE POPCORN!

During the summer months we will show the movies at the Arbor Lakes Senior Living, 12001 80th Ave N. The theater is located in the far right corner of the main lobby.

Questions may be directed to Kris, 763-494-6514 or Brenda, 763-494-6499. Show times are 9:30 a.m. or 12:30 p.m. Seating is limited to 25 per time slot! Please reserve your seat by calling Kris or Brenda.

**Dates of Summer Movies**

**Mondays, June 13 & 27, July 11 & 25, August 8 & 22**



### AARP 55 ALIVE DRIVER SAFETY COURSE

This is the nation's first curriculum designed specifically for mature drivers to review important safety tips. Taught by trained volunteers, you will learn and review tips and tactics for safe driving on our ever busy roads. Upon completion of the course, persons may apply for a 10% discount on their auto insurance. All registration accepted immediately. **The course fee is \$17 for AARP members and \$22 for non-members. Included in this cost are the AARP materials and a \$2 facility fee. – Must present your membership card at registration for the discount!**

**Maple Grove Community Center**

**8 Hour Driver Safety Course:** This 2 session class is for those who have never taken a course.

**Saturday, July 23**

**9:00 – 5:00 p.m.**

**\$17/\$22**

**311701-01**

**4 Hour Refresher Course:** This class is for those who have taken the 8-hour course and whose eligibility for a 3-year auto insurance discount is expiring.

**Wednesday, May 11**

**1:00 – 5:00 p.m.**

**\$17/\$22**

**211701-14**

**Thursday, June 9**

**1:00 – 5:00 p.m.**

**\$17/\$22**

**311701-02**

**Wednesday, July 6**

**9:00 a.m. – 1:00 p.m.**

**\$17/\$22**

**311701-03**

**Tuesday, August 9**

**5:30 – 9:30 p.m.**

**\$17/\$22**

**311701-04**

**NOT  
available  
for Internet  
registration!**

### MHSRC DRIVING CLASSES

This course is taught by MN Hwy Safety Resource Center certified instructors. The class will explore the latest in vehicle technology, changes in laws and review defensive driving principles. The classroom-style sessions are available in an eight hour course or a four hour refresher course. Minnesota state law allows a 10% reduction on auto insurance premiums each year for three years to individuals completing the course. To register, visit the MN Hwy Safety Center website at [www.mnsafetycenter.org](http://www.mnsafetycenter.org) or call 1-888-234-1294. The instructor will collect fees during class. **The 8-Hour class fee is \$26.00, and The 4 hour class fee is \$22.00.**

**Maple Grove Community Center**

**4-Hour Refresher Course:** This class is for those who have taken the 8-hour course and eligibility for a 3-year auto insurance discount is expiring.

**Wednesday, June 8**

**8:30 a.m. – 12:30 p.m.**

**Tuesday, June 21**

**12:30 – 4:30 p.m.**

**Thursday, July 7**

**12:30 – 4:30 p.m.**

**Tuesday, July 19**

**8:30 – 12:30 p.m.**

**Wednesday, July 27**

**5:30 – 9:30 p.m.**

**Wednesday, August 10**

**12:30 – 4:30 p.m.**

**Tuesday, August 16**

**8:30 – 12:30 p.m.**

**8-Hour Course:** This class is for those who have never attended a defensive driving course.

**Monday & Tuesday, June 6 & 7**

**5:30 – 9:30 p.m.**

**Tuesday & Wednesday, August 2 & 3**

**5:30 – 9:30 p.m.**

## Creative Opportunities

### OUTDOOR CREATIVE ARTS (PLEIN AIR)

**Oil Painting** • Join this group traveling to different sites, including lakes, buildings and flower gardens. You, the participants, will choose the location. Demonstrations will be available. Bring a camera if you like. Carpools can be arranged to the various destinations. \$15 (cash) supply fee payable to instructor at class for all supplies to create your picture. Instructor, Dianne Swanson.

Maple Grove Community Center/  
various locations

Saturday, June 25

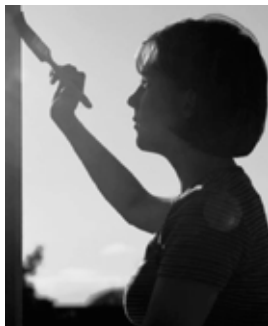
10:30 am - 3:00 pm \$20 311507-01

Saturday, July 9

10:30 am - 3:00 pm \$20 311507-02

Saturday, July 23

10:30 am - 3:00 pm \$20 311507-03



### STUDIO ARTS

Express yourself and share and learn ideas from your peers. This is the class for the person with some art experience who wants to move beyond a step by step approach to art. In other words, "do you own thing", but have help when needed. The instructor will help you on perfecting technique, composition, problem solving perspective and other elements. Bring your own supplies and start a new project or finish those projects you've tucked away! Instructor, Dianne Swanson.

Maple Grove Community Center

Tuesdays, May 24 - June 21

9:30 - 12:00 p.m. \$45 (5 ses) 311503-01

Tuesdays, June 28 - July 26

9:30 - 12:00 p.m. \$45 (5 ses) 311503-02

Tuesdays, August 2 - August 30

9:30 - 12:00 p.m. \$45 (5 ses) 311503-03

### COLOR MIXING

Learn the techniques of mixing and matching color in your projects. These techniques apply to all types of media and can be used with watercolor, oil, acrylics, even threads and yarn. Spend three weeks practicing mixing techniques, working on color wheels and creating a reference notebook. The last three sessions will be spent creating a colorful desert scene using only red, white, blue and yellow colors. \$15 supply fee (cash) payable to instructor at first class. Instructor, Dianne Swanson.

Maple Grove Community Center

Mondays, May 9 - June 20 (ex May 30)

1:00 - 3:30 p.m. \$60 (6 ses) 311502-01

6:00 - 8:30 p.m. \$60 (6 ses) 311502-02



### WATERCOLOR - STEP 2

If you know the joy and delight of painting and want to learn new techniques and skills, this next course will give you the opportunity to fine-tune your painting skills and to capture nature's beauty. We will work on new and different pictures each week. Come and be surprised. Prerequisite Beginning Watercolor. Instructor, Dianne Swanson.

Maple Grove Community Center

Mondays, July 18 - August 8

1:00 - 3:30 p.m. \$40 (4 ses) 311506-01

### OIL PAINTING

Spend an afternoon each week learning a new art skill! Complete an oil painting in just four sessions. No prior experience is necessary. You will be proud of the beautiful picture you create. Frame it for yourself or give it as a special gift. Some of the paintings may be viewed at the Maple Grove Community Center. Purchase all supplies to complete the picture from the instructor for \$15.00 (cash). Instructor, Dianne Swanson.

Maple Grove Community Center

### VIEW OF 3 PEAKS

Thursdays, June 2 - June 23

1:00 - 3:30 p.m. \$40 (4 ses) 311501-01

6:30 - 8:30 p.m. \$40 (4 ses) 311501-02

### ALEXANDER'S GARDEN

Thursdays, July 7 - 28

1:00 - 3:30 p.m. \$40 (4 ses) 311501-03

6:30 - 8:30 p.m. \$40 (4 ses) 311501-04

### MORNING IN THE NORTH WOODS

Thursdays, August 4 - 25

1:00 - 3:30 p.m. \$40 (4 ses) 311501-05

6:30 - 8:30 p.m. \$40 (4 ses) 311501-06





## Food & Fellowship

A time to gather at the Senior Center for a monthly meal, **served on the 3<sup>rd</sup> Thursday each month**. Come for a meal and stay for the company and entertainment; or even after that for card games. The cost of the meal is determined by the menu and entertainment costs.

**LUNCH** - Gather 11:30, Lunch 12:00, Entertainment follows

**DINNER** - Gather 4:30 pm, Dinner 5:00 pm, Entertainment follows  
**Maple Grove Community Center, Banquet Room**

### Thursday, June 16 – Ribs and Music

The Lookout is here with their famous BBQ Ribs and garlic parmesan potatoes for lunch today! Café Mélange an acoustic duo, Brian & Sheralyn Barnes will transport you from the 1920s through the early 1960s with the Great American Songbook of popular, swing, and film themes. While performing a variety of swing and pop tunes they will include stories about the instruments, songs, singers, songwriters; some sing-alongs, and other fun stuff including a "name that tune" guessing game. Great songs people love but maybe haven't heard in a really long time. Always brings a smile! So get comfortable, kickback and enjoy learning as well as relaxing to the soothing sounds of Café Mélange! Last day to register Monday, June 13.

**\$11 per person**

**11:30 am**

**June Luncheon**



### Thursday, July 21 - The Music of Our Lives!

This is the perfect summer afternoon to enjoy a delicious picnic complete with ***hamburger or a chicken breast*** sandwich, then finish with strawberry short cake! After this delightful lunch catered by the Lookout, let us enjoy the sounds of Rod Cerar, featuring 'The Music of Our Lives', including the best of the 50's and 60's, big band, show tunes, polkas, swing and country music. Rod currently stars on the nationally broadcast cable television show "Polka Spotlight," and on the national TV show "The Mollie B Polka Party" broadcast on RFD-TV. Rod performs at many ballrooms and clubs in the upper Midwest, Canada and Florida. Rod's musical versatility is incredible - a sure crowd pleaser with music for everyone. Last day to register is Monday, July 18.

**\$11 per person**

**11:30 am**

**July Luncheon**



### Thursday, August 18 – Annual Fashion Flair of Maple Grove

We'll begin the afternoon with the Lookout serving a ***chicken salad croissant or a turkey chapatti sandwich*** along with pasta salad and mini cheese cake for dessert. The Maple Grove Parks and Recreation Department and the Shoppes of Arbor Lakes will be hosting yet another 'Fashion Flair of Maple Grove'. Enjoy ideas for updating your wardrobe while you preview the newest and upcoming styles for this fall. Always a favorite are the door prizes and goody bags filled with items from participating retailers. Volunteers are needed to model clothing supplied by local retailers. Registrations for attending the show must be by August 15. This event fills fast!

**\$11/person (lunch)**

**11:30 am**

**August Luncheon**

**WANTED:** Men and women models. Registration will be accepted on a first come first serve basis until all 30 modeling spaces are filled. You must be available on August 16, 4:30-5:30 for practice and the show on August 18th. Deadline for volunteer registration is Monday, July 15. Model participants will receive lunch in return for their contribution. Register online to volunteer.

**11:30 - 1:00 p.m.**

**Free (models)**

**311320-12**

### Thursday, May 19 - It's a Beach Party!

Picture yourself on a beach with the swaying palms and the soft gentle sounds of the waves crashing against the shoreline while we have a pig roast on-site provided by the Lookout! Add all the fixings to this meal and we have the perfect beach party! The 'SONS OF THE BEACH' will create the fun and captivating beach music from around the world! California Surf, Reggae, Latin, Tropical, Hawaii, Mediterranean & more! Last day to register Monday, May 16.

**\$11 per person**

**4:30 pm**

**May Dinner**

### TEA ON THE TERRACE

Join us for this monthly gathering. We enjoy tea and treats including fresh fruit, scones, desserts and candies. Relax on the patio overlooking the Town Green Park (weather permitting) or move inside as needed for more comfort. A casual, conversational and entertaining afternoon! **Reservations are required.** Call Kris at 763-494-6514.

Maple Grove Community Center

**Third Mondays monthly**

**1:00 – 2:30 p.m.**

**June 20, July 18 & August 15**

**\$5.00 payable at the door but RSVP by the Friday prior to event**

## Adult/55 Forward Trips

### ADULT TRIPS

#### Trip Registration & Cancellation Policy

Trip registration is accepted by Internet, at the Community Center or through the mail-in process. **All registration is accepted immediately.** Participants may cancel trips with refund prior to the registration deadline date (a \$5.00 processing fee is charged). If you need to cancel after the registration deadline, a refund will be given only if your spot can be filled from the waiting list. If Maple Grove Parks and Recreation cancels a trip, a full refund check will be sent.



**PLEASE MEET THE BUS FOR ALL TRIPS AT THE ICE ARENA DOORS, unless otherwise noted, at the time listed. Return times for all trips are approximations and may be adjusted due to weather, traffic or scheduling conflicts.**

**Trip registrations must now be made individually with each person's name, phone, etc. Sorry, we can no longer offer group registrations!**

### DAY TRIPPERS THEATER

#### Eagles Ballroom Theatre

Start with a buffet lunch including champagne chicken and pork stir-fry, then sit back and enjoy the show! *Sex Please, We're 60* is the hysterical story of "someone" swaps Bud's Viagra with Venusia for women, and we soon discover that they have a strange effect on men. It gives them all the symptoms of a menopausal woman, complete with hot flashes, mood swings, uncontrollable weeping and irritability. Laugh along as we see what happens next. Written in the style of The Golden Girls meet The Grumpy Old Men, this hysterical comedy/drama is filled with mayhem, mischief and mood swings. The production is sure to entertain, enlighten and charm." In spite of the title, this is a show done in good taste with no cursing or vulgarity. Just a funny, stereotypical, laugh out loud situation/show! Last day to register or cancel, Friday, May 13.

**Wednesday, June 1**

**11:30 – 4:30 p.m.**

**\$44**

**211801-06**

### A WINONA ADVENTURE

Start the day with coffee and a roll at the visitors center and then move onto the headquarters of Watkins Inc., which is known for its spices, and home remedies. Here, have a tour of the administration building and the museum with time to purchase products at the attached store. Next, let's enjoy a wonderful pasta buffet at Winona's popular lakefront restaurant, Betty Jo's. Unquestionably, Winona is known for its stained glass and is often referred to as the 'Stained Glass Capital' of the United States. The Willet Hauser Architectural Glass Company is the largest stained glass company in the U.S., with a long legacy of designing and restoring stained glass windows. This studio tour will give you an up-close experience of people at work designing and restoring stained glass windows. Then, we move onto the Minnesota Marine Art Museum; the home to one of the most substantial, dynamic and unique art in the Midwest. Along with its impressive land and river settings, a docent led tour will highlight the MMAM's collections including masterpieces by Monet, Van Gogh, Picasso, Turner, Homer, O'Keeffe and many more. Wear your walking shoes today, for all these fantastic tours. Adventure and fun awaits! Last day to register or cancel is May 20.

**Tuesday, June 7**

**7:45 a.m. – 6:30 p.m.**

**\$49**

**311801-01**



### MUSIC OF ELLINGTON & ELLA

#### Orchestra Hall

Join us for one evening that celebrates two legends: Duke Ellington and Ella Fitzgerald. In the first half of the concert, you'll be treated to those unforgettable Ellington hits including "Caravan", "Mood Indigo" and, of course, "Take the A Train", performed by the legendary Duke Ellington Orchestra. After intermission, Grammy® Award-winning vocalist Patti Austin joins this swinging orchestra, scatting and singing her way through a tribute to that First Lady of Song, Ella Fitzgerald. It's a one-of-a-kind salute to these two giants of jazz, and you're invited to the party! Please note: The Minnesota Orchestra does **not** perform on this program. Orchestra Hall is a fabulous place to see a tribute show like this. Last day to register or cancel is May 16.

**Friday, June 24**

**7:00 – 11:00 p.m.**

**\$64**

**311801-02**

### SOUTH PACIFIC

#### Guthrie Theatre

We start our trip today with a lunch stop at the beautiful Depot, where we'll enjoy a buffet at Charley's Grill. Watch the flyer for menu details, but it is sure to be a wonderful stop at this historic site. Then on to the Guthrie because you don't want to miss this enchanting and sweeping musical romance. One of the most celebrated and lauded musicals in American theater, this Rodgers and Hammerstein classic contains a treasure trove of memorable songs from "Bali Hai" to "There is Nothin' Like a Dame" to "Some Enchanted Evening." Set in an island paradise during World War II, this sweeping romance tells the story of two couples – a U.S. Navy nurse and a French planter, and a Marine Corps lieutenant and a young local girl – and how their happiness is threatened by the dangers of war and prejudices of their times. Last day to register or cancel, May 25.

**Wednesday, July 6**

**10:45 a.m. – 4:30 p.m.**

**\$85**

**211801-07**

## Adult Trips



### MINNEAPOLIS POPS ORCHESTRA PARK CONCERT

*Nicollet Island*

Enjoy the river and great music as we head to the Historic Nicollet Island Pavilion on Nicollet Island in Minneapolis. This always popular concert, presented by the Minneapolis Pops Orchestra lasts approximately 1 hour and will feature light classical and pop music. The pavilion is covered and air conditioned for protection from sun or rain and chairs are provided. The Minneapolis Pops Orchestra is a professional orchestra with its members coming from musical organizations such as the Minnesota Opera Orchestra, the Saint Paul Chamber Orchestra and Minnesota Sinfonia. Also enjoy coffee, punch and treats at this event. Following the concert, we will come back to Maple Grove and enjoy our Lion's Pavilion with a box lunch from Osseo Meats. You will have a **choice of ham, turkey or roast beef sandwiches**, served with a fruit, chips, cookie and beverage. Indicate sandwich choice when registering. Fee includes concert, refreshments, lunch and motor coach bus. The last day to register or cancel is June 20.

**Monday, July 11**

9:00 – 1:30 p.m.

\$18

311801-03

### MILLION DOLLAR QUARTET

*Old Log Theatre*

Start your trip off with a delicious lunch at the recently remodeled Cast & Cru restaurant in the theater. Here enjoy your **choice of Beef Short Rib, Pan Seared Tilapia, Vegetarian Pasta or Roasted Chicken Breast**. Then move into the theater where you'll enjoy the musical that captures the memorable day when four Rock n' Roll greats made music history. On December 4, 1956, an auspicious twist of fate brought together Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley at Sun Records' storefront studio in Memphis, TN. The man who made it happen was the "Father of Rock n' Roll," Sam Phillips, who discovered them all. This was the only occasion the four legends-to-be played together, and it has come to be known as one of the greatest rock jam sessions of all time. Last day to register or cancel is June 21.

**Wednesday, July 20**

10:30 a.m. – 5:00 p.m.

\$46

311801-04

All classes, trips and programs are planned for seniors' participation, but are open to any adult interested. Call Kris Orluck at 763- 494-6514 with any questions.

### DULUTH

This is sure to be a busy full day, but one full of summer fun. Grab a goodie and coffee as you board the bus, then on our way to Duluth. After a brief rest stop enroute, the first stop will be to board the Vista Queen for a fully narrated sightseeing tour and lunch. Experience the wonders of Lake Superior while you enjoy your lunch including a **choice of BLT on Ciabatta, Grilled Chicken and Avocado Wrap, or Smoked Salmon Wrap**. All served with Wild Rice Salad and dessert. After our sightseeing, we move to a walking tour of history; the Glensheen Mansion. Stories of the Congdon family and those who lived and worked at Glensheen bring this mansion to life. After the tour you will have a little time to explore the beautiful gardens and grounds. Before we leave town, we swing by the Rose Garden and take the Scenic Drive overlooking this port city. It's then time for our trip home. We'll do a leg stretcher which will include time to grab a quick dinner/treat on your own. Last day to register or cancel is June 1.

**Wednesday, July 27**

8:00 a.m. – 7:00 p.m.

\$64

311801-05

### AL & ALMA'S CRUISE & LUNCH

Enjoy a summer afternoon cruising on Lake Minnetonka. This 1½ hour cruise around one of the beautiful metro lakes includes a light lunch of sandwich, salad, chips, dessert and coffee or water. Sit back, enjoy the fresh air, or the air conditioned cabin. To access the boat you must be able to do a few steps. Last day to register or cancel is May 2.

**Monday, August 8**

10:30 – 2:00 p.m.

\$25

311801-06

### WONDERLAND: THE JOURNEY DOWN THE RABBIT HOLE

*Circus Juventas*

We start with lunch at Buca Di Beppo where lunch will include salad, **Spaghetti Marinara, Fettuccine Alfredo or Chicken Parmigiana** and a sweet dessert to finish the meal. Then on to the big top for the show. Circus Juventas is the largest performing arts circus school in North America, serving over 2,500 students through year-round classes and summer camp programs and 50,000 spectators annually. Join us for their summer show "Wonderland" for a wonderful old-time circus experience of acrobats, tumblers, high flyers and more. The show is described as "Curiouser and curiouser". Should you take a trippy trip down the hole of an impatient rabbit with a pressing deadline? It's the maddest of tea parties, indeed, but be sure you are on time, whatever that may mean. Swing from the moon with a cat who's not quite all there. Hang with the chilliest blue caterpillar in the land. Fly with Dodos and Mad Queens and Hatters-oh my. We're all mad here. Follow Alice to a land of riddles, poems and wonder, but beware, not everything in Wonderland is wonderful. Hop through the wrong tree and you could find yourself swirling in a pool of tears or scorched by the vicious Jabberwock. Make the wrong move, and you might just lose your head. This summer at Circus Juventas, it's check and mate, and you do not want to be late for this very important date. Last day to register or cancel June 10.

**Sunday, August 14**

10:30 a.m. – 4:00 p.m.

\$55

311801-07



## Adult Trips



### ROAMING ALEXANDRIA

The amazing 28 foot tall statue of 'Big Ole, the Viking' welcomes you to beautiful Alexandria and the enduring mystery of its origin continues to be the hallmark of the Runestone Museum. This intriguing artifact was discovered in 1898, clutched in the roots of an aspen tree on the Olof Öhman farm near Kensington, MN. Next, let's walk down the street to enjoy your *choice of build your own salad bar, California cheeseburger and fries, chicken croissant with chips and fruit or personal sausage & pepperoni pizza with a garden salad* at the Depot Express Restaurant, a carefully preserved national historical depot. Were you ever wondering how Tastefully Simple began? A closer look at the story behind Jill Blashack Strahan and how she recognized the high demand for gourmet foods will be revealed for us down the road! Jill was inspired by the demand for these incredible products and decided to offer them in the comfort of her home with taste-testing and the rest is history! Can't leave town without a visit to Minnesota's Best Winery noted in a customer poll sponsored by WCCO TV. Carlos Creek Winery will be our final stop for tasting and tour. Be prepared for these fascinating walking tours! Last day to register or cancel is August 8.

**Wednesday, August 24**

8:30 a.m. – 5:30 p.m.

\$45.00

311801-08

### PADDLE THE MISSISSIPPI

#### *Wilderness Inquiry*

Looking for adventure in the heart of the Twin Cities? Explore the Mighty Mississippi River up close and personal on a half-day guided canoe trip. Paddling the Mississippi in one of our beautiful 24-foot cedar strip canoes is easy, fun, and affordable--everyone enjoys it. These popular adventures take place in the local National Park – the Mississippi National River and Recreation Area (MNRRA). We will travel from Hidden Falls Regional Park to Harriet Island. You will discover wildlife and experience the amazing human history of the river. You will be paddling in 24-foot voyageur canoes, following the river's 3-4 mph current as it winds along the shoreline. The voyageur canoes hold 6-10 paddlers. They are fast and stable boats, designed specifically for trips on big or moving water. It is active, but not strenuous. We stop mid-paddle for a delicious boxed lunch break. A fun way to enjoy early fall, get some action and try something new. Join us! Last day to register or cancel is July 8.

**Thursday, September 1**

9:30 a.m. – 3:00 p.m.

\$65

311801-09

### CHURCH BASEMENT LADIES: RISE UP O' MEN

#### *Plymouth Playhouse*

You've met the ladies, now meet the men! "Rise Up, O Men" is a brand new show featuring the men of the church and your favorite church basement ladies who serve them. As these hard-working farmers discuss their scrap lumber piles and the benefits of solder vs. weld, they unintentionally disrupt the order of the kitchen. But that's what happens when you let roosters in the hen house. Before the show, we start with a church basement buffet lunch including some favorites, tater-tot hotdish, Jello, mac & cheese and more! Spend your afternoon reminiscing about those days in the church kitchen! This is a **DRIVE YOURSELF** trip; we will meet in the lobby of the Kelly Inn to distribute tickets and head to lunch. There is limited seating in the lobby, so please don't arrive early. Last day to register or cancel is August 12.

**Wednesday, September 7**

11:30 meet in lobby – 3:00

\$38

311801-10

### CROSSPOINT TOURS EXTENDED TRIPS (USA)

Come and learn about a couple of extended trips planned for the fall and winter 2016. Details, flyers and more information on both of the trips will be available at the informational travelogue.

#### **AUTUMN IN NEW YORK CITY!**

**October 12-20, 2016**

\$1498 per person sharing a room

Travel through the beautiful landscape of Pennsylvania and enjoy the lovely fall colors as you head to New York City! In New York, enjoy a grand tour of the area including Central Park, Rockefeller Center, Times Square, 911 Museum, Ellis Island, The Statue of Liberty and much, much more! Fourteen meals are included. An optional show on Broadway will also be offered. This is a wonderful and very affordable tour! Join us!

#### **DINNER THEATRES AT CHRISTMASTIME!**

**December 7-9, 2016**

Join your friends from Maple Grove Senior Center on a wonderful Christmas journey to Wisconsin! There you will enjoy TWO dinner theatres: The Palace in Wisconsin Dells "Miracle on 34th Street - The Musical" and "A Fireside Christmas" at the Fireside in Ft. Atkinson. Enjoy all the beautiful holiday decorations, lights, music and food of the Christmas season!

More information on both of these tours will be given at a travel talk on May 26. **Register for this meeting online at no cost.**

**Maple Grove Community Center**

**Thur, May 19**

2:00 - 3:00 pm

Free

311320-11

# Community Center

## MAPLE GROVE COMMUNITY CENTER 12951 Weaver Lake Road, Maple Grove, MN 55369

### Community Center Hours:

Monday-Friday ..... 6:00 a.m. - 10:00 p.m.  
Saturday..... 8:00 a.m. - 10:00 p.m.  
Sunday..... 10:00 a.m. - 10:00 p.m.

### Community Center Holiday Hours:

Monday, May 30, Memorial Day..... 10:00 a.m. - 6:00 p.m.  
Monday, July 4, Independence Day..... 10:00 a.m. - 6:00 p.m.  
Monday, Sept. 5, Labor Day ..... 10:00 a.m. - 6:00 p.m.

### Telephone Numbers

Banquet Room, Mtg Room Rentals.....763-494-5969  
Birthday Party Packages .....763-494-5966  
Group Reservations .....763-494-5969  
Ice Arena Dead Ice Times.....763-494-5951  
Ice Arena Office .....763-494-5968  
Ice Arena Rentals .....763-494-6465  
Main Number.....763-494-6500  
Membership Support Services .....763-494-6508  
Website ..... [www.maplegrovecommunitycenter.org](http://www.maplegrovecommunitycenter.org)  
Facebook ..... [facebook.com/maplegrovecommunitycenter](https://facebook.com/maplegrovecommunitycenter)

### All Building Daily Pass

The All Building Daily Pass allows access to the Grove Cove Aquatic Center, the Maple Maze indoor playground, gymnasium, open ice skating, and adult open hockey.

<b>Daily Admission</b>	<b>Regular/Non-Res.</b>	<b>Resident</b>
Single, under 1 free	\$10.00	\$9.00
Family	\$33.00	\$28.00
<b>Coupon Book</b>	<b>Regular/Non-Res.</b>	<b>Resident</b>
10 coupons/book-all ages	\$80.00	\$80.00

### Fee Guidelines

Resident: Individual that lives or works full-time in Maple Grove. Residency will apply to immediate family members for family memberships and for family admissions only when the adult meeting the criteria is present at the time of paying the admission. The regular/non-resident fee will be charged to additional family members. Regular/non-resident fees will be charged when an individual cannot provide acceptable proof of residency.

### Acceptable Forms of ID

- ♦ Drivers License or State ID
- ♦ ID and current pay stub from Maple Grove business

### Age Criteria

- ♦ Youth - Age 17 and under
- ♦ Adult - Age 18-61
- ♦ Senior - Age 62 and above
- ♦ Family - consists of immediate family of up to two adults and five children ages 17 and under living at the same address and full-time college students ages 18-24 (with proof of full-time college status) at the same address. Multiple families at same residence will be charged separately.

### Gift Cards

Gift cards to the Community Center can be used on admissions, concessions, room rentals, memberships, etc. for any amount.

### Membership Options

You can choose from an Annual Membership (payment is made by cash, check, credit card or direct payment) or a Continual Membership (using the direct payment option using your checking account).

To purchase a new or renew an annual membership go to [www.maplegrovecommunitycenter.org](http://www.maplegrovecommunitycenter.org). Click on Memberships, WebTrac online registration. Follow the account set up process and payment.

**See page 5 for Membership Sale flyer.**

**Online purchases for memberships are not available if you want to do the following: (you must register in person)**

- ♦ If you plan on paying by check, cash or using the Direct Payment monthly option.
- ♦ If you work full-time in Maple Grove and want to receive the resident rate you must register in person and bring a current pay stub from a Maple Grove business showing a Maple Grove address.
- ♦ If you want to receive the MERSC rate you must register in person and bring a valid company ID or pay stub for proof of current employment.

Members are to present the ID each visit. If you are using a PCA, nanny or have a college student age 18-24 living at home (must show proof of full-time college status) you can add them to your Membership, but you must fill out a Special Request Form every year or they will automatically be removed from your account.

Terms and conditions will be given to you upon purchasing the membership or mailed to you for online purchases.

### Community Center Memberships

The Community Center is the perfect place to spend time with your friends and family all year long! Select from the All Building Membership for all the recreational areas, the Pool Only membership or the Pickleball Membership. The All Building Membership allows access to the Grove Cove Aquatic Center, the Maple MAZE Indoor Playground, Gymnasium, Open Ice Skating, Adult Open Hockey, Low Test Freestyle and Dead Ice. The Pool Membership allows access to the Grove Cove Aquatic Center. The Pickleball Membership includes access to the CC Gym and MG Middle School Community Gyms during Open Pickleball only.

### All Building Memberships:

	<b>Regular/Non-Res. Annual / Monthly</b>	<b>Resident Annual / Monthly</b>
Youth/Senior	\$195.00 / \$16.25	\$175.00 / \$14.58
Adult	\$235.00 / \$19.58	\$195.00 / \$16.25
Family	\$475.00 / \$39.58	\$375.00 / \$31.25

### Pool Annual Memberships:

	<b>Regular/Non-Res. Annual / Monthly</b>	<b>Resident Annual / Monthly</b>
Youth/Senior	\$160.00 / \$13.33	\$135.00 / \$11.25
Adult	\$185.00 / \$15.42	\$160.00 / \$13.33
Family	\$375.00 / \$31.25	\$325.00 / \$27.08

### Pickleball Memberships:

	<b>Regular/Non-Res. Annual / Monthly</b>	<b>Resident Annual / Monthly</b>
Adults	\$195.00 / \$16.25	\$175.00 / \$14.58

# Community Center



## Groups, Home Schools & Private Rentals

The Community Center is available for groups, overnight and after-hours private rentals. Choose from the pool, indoor playground, gym or ice skating. The Teen Center and meeting rooms can be added. Let us customize a package that works for your group. For details call the Rental Coordinator at 763-494-5969.

### Group Rates

Group rates are available for 25 or more in all areas and 10 or more in the Maple Maze indoor playground. Advance reservations are required for all groups and payment must be made with one transaction. Chaperones are free and are based on a 1/10 ratio of adult/youth.

#### Group Rates: single activity

Gym .....	\$2.50
Ice Skating.....	\$3.75
Maple Maze, Indoor Playground.....	\$3.75
Grove Cove Aquatic Center.....	\$5.00

#### Group Rates: multiple activities

Grove Cove Aquatic Center & Maple Maze .....	\$6.00
Grove Cove Aquatic Center & Gym .....	\$6.00
Grove Cove Aquatic Center & Ice Skating.....	\$6.00
Grove Cove Aquatic Center, Maze & Ice Skating .....	\$7.00
Grove Cove Aquatic Center, Maze & Gym.....	\$7.00
All Building Daily Admission .....	\$8.00

### Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 p.m. - 8:15 p.m. or Saturdays from 8:15 p.m. - 10:15 p.m. The fee of \$150 includes use of a room for up to 40 people for an hour.

### Late Night or Overnight Rentals

Private parties are available after regular business hours. Prices will vary, but can start as low as \$350 for the Maze and lobby late night rental to a full overnight lock-in. For details call 763-494-5969.

### Homeschoolers

Calling all homeschoolers! You can be eligible for discount gym admission. Refer to the gym schedule for dedicated Homeschool gym times. Use the gym for educational purposes. Questions, call Lisa at 763-494-6517 or email [ljost@maplegrovern.gov](mailto:ljost@maplegrovern.gov).

## Room Rental Information

Room rental requests can be made by the following methods:

- ~ On-line at [maplegrovecommunitycenter.org](http://maplegrovecommunitycenter.org). Click Room Rentals, then click the link to the form.
- ~ By phone at 763-494-5969.
- ~ By fax at 763-494-6453.

The Rental Coordinator works from 8:00 am-4:30 pm, Monday-Friday. Rental requests are processed in the order received. You will be contacted within 1-2 business days.

Cancellations must be emailed and require a two-week notice to receive a refund. No-shows will be billed.

**New! Starting June 1, 2016, all small meeting room rental fees are due at the time of booking.**

## Meeting Rooms

From seminars and meetings to birthday parties, you'll want to schedule your next event here! The room sizes vary to accommodate 15-40 people, depending on room set up. Audiovisual equipment is available to rent.

**Decorations:** You may bring your own decorations. Tape/adhesives, mylar confetti and glitter are prohibited. Use of these materials may result in the loss of the damage deposit.

**Food/Beverage:** No red beverages or alcohol are allowed in the small meeting/party rooms.

### Hours Rooms are available:

Monday-Friday .....	6:00 a.m. – 10:00 p.m.
Saturday.....	8:00 a.m. – 10:00 p.m.
Sunday.....	1:00 p.m. – 10:00 p.m.

### Fees:

(Monday-Sunday)	<u>Regular/Non-Res.</u>	<u>Resident</u>
<i>Private/Business</i>	\$30.00/hr	\$25.00/hr

**\*Add 7.275% Sales Tax**

**Parties or gift openings are not allowed in the open lobby areas. Staff will ask you to rent a room or store belongings in your vehicle.**

## Early Morning Room Special

Kick start your weekday with a great deal. Schedule a small meeting room Monday thru Friday between 6:00 a.m. - 10:00 a.m. for only \$10 an hour plus tax. This is ideal for networking groups or businesses to take care of business at a great rate. Call 763-494-6527 for availability. This offer is valid at the Community Center or Town Green Meeting Room. Rentals must be done by 10:00 a.m.



## Community Center



### Banquet Room

The Banquet Room serves as a premier banquet and meeting facility seating up to 250 people, formal seating. The warm, attractive decor is inviting for all occasions. This room is sure to meet your needs whether it is for a wedding, anniversary, banquet, company picnic or holiday party, training seminars, conferences, and tradeshows or craft sales. Quality sound and audiovisual equipment offer spectacular presentations and training. Outside, our beautifully landscaped flower garden and picturesque patio are a perfect complement to the large meeting room. Call 763-494-5969 to process a room rental request.

**Hours:** This room is available Monday - Thursday from 6:00 a.m. to 10:00 p.m.; Friday and Saturday until 1:00 a.m.; Sunday from 2:00 p.m. to 10:00 p.m.

**Table Set-Up:** Tables are 5-foot rounds and can seat up to 8 people. Layout is confirmed during the reservation process.

**Decorations:** You are welcome to bring in your own decorations. Ask to see our photo book for ideas.

**Food/Beverage:** Renters must select from four exclusive caterers for food served at events for an additional fee: Lookout Catering, Lynde's Catering, Green Mill Catering and Holy Land Catering. A licensed caterer is required to serve your refreshments and meal for an additional fee. A portable beverage bar with dispensers is available. Red beverages are not allowed. Rentals are required to use the exclusive liquor provider licensed to sell alcohol at MGCC. When alcohol is served a security guard is required to be present. Call 763-494-5969 for details.

<b>Fees:</b>	<b>Regular/Non-Res.</b>	<b>Resident</b>
<b>Private Function</b>		
Monday - Thursday	\$375.00	\$325.00
Friday	\$425.00	\$375.00
Saturday	\$725.00	\$675.00
Sunday	\$425.00	\$375.00
<b>*Add 7.275% Sales Tax</b>		
Kitchen	\$75.00	\$75.00

### Room 112

An excellent room for family gatherings, end of season parties, large meetings or seminars, sample sales and much more! The room has seating for up to 80 people, features a walk out patio, a large screen for presentations. Food may be catered or brought in. Licensed caterers have access to the small kitchen facilities. Potluck events are allowed, however, renters will not have access to the kitchen per state health codes. Alcohol is allowed. Ask for guidelines and fees for liquor providers, security services and beverage bar fees.

<b>Fees:</b>	<b>Regular/Non-Res.</b>	<b>Resident</b>
<b>Private Function (1-5 hours)</b>	<b>\$45.00/hour</b>	<b>\$40.00/hr</b>

#### **Private Function (5+ hours)**

• Mon-Thur (evenings)	\$240.00	\$210.00
• Friday (evenings)	\$240.00	\$210.00
• Sat-Sun	\$240.00	\$210.00

#### **Business Function**

• Mon-Thur (evenings)	\$270.00	\$240.00
• Friday (evenings)	\$270.00	\$240.00
• Sat-Sun	\$270.00	\$240.00

**\*Add 7.275% Sales Tax**

**New! Starting June 1, 2016, Senior Center room rental fees are due at the time of booking.** The \$200 damage deposit will be due a minimum of two weeks prior to the rental date.

### Gymnasium Rental

The Maple Grove Community Center Gymnasium has two half courts (one full) gymnasium which offers a great variety of options for your rental needs. Each half court has 3 basketball hoops and is lined for basketball, volleyball, pickle ball and badminton. Two of the hoops have adjustable heights.

<b>Regular/Non-Res.</b>	<b>Resident</b>
\$55.00 per hour	\$50.00 per hour

To check availability or make a reservation, contact the Rental Coordinator at 763-494-5969.

# Community Center

## Gymnasium

<u>Daily Admission</u>	<u>Regular/Non-Res.</u>	<u>Resident</u>
Tots-Parents free with Tot*	\$3.00	\$2.50
Single	\$7.00	\$4.00
Home School **	\$2.50	\$2.50
<b>Coupon Book</b>	\$35.00	\$35.00

10 coupons/book-all ages

\*Parents are free during scheduled tot time only.

\*\*Home School rate during designated times only.

Everyone 9 and older MUST register to use the gym. The gymnasium schedule has specific times for drop-in basketball. Monthly schedules list gym closures; large group use, tot time and pickleball times.

**A zero tolerance policy is enforced.**

**Registration:** The gym registration is free of charge. Each patron is required to fill out a registration form and show a photo ID with an address. A digital picture is taken to confirm a person's identity and residency each visit.

**Be Prepared:** Bring accurate information of the patron's name, address, current home telephone number, and date of birth. Falsifying information is an automatic expulsion from MGCC property indefinitely. Youth under age 16 are required to have a parent present to sign the registration form and provide proof of residency for each youth registering. Youth 16-17 with a valid driver's license or MN ID card can register without a parent being present. The gym registration form will not be allowed to be sent home for signatures or to have the parent come at a later date. Age 9 and older need to sign the form to confirm their understanding of the gym rules. Residents and non-residents of all ages are required to present an acceptable form of ID.

**Residency** as referred to on the gym schedule is defined as people who live in Maple Grove or have full-time employment in Maple Grove.

### Acceptable Forms of ID to Register

- Drivers license with current address.
- Non-residents working full time in Maple Grove are to bring a current pay stub and drivers license.
- MN ID with photo with current address.
- State ID and utility billing in the patron's name.

### Each Gym Visit & Admissions

Patrons must provide their home telephone number or individual barcode. Membership Holders will scan their ID's at the gym or pool desk. All patrons must wear a wristband.

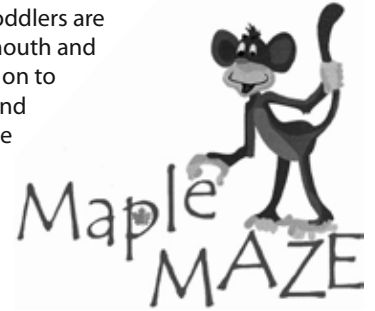
### Gym Schedules

Monthly gym schedules are available in racks near the customer service desks or on our website at

[www.maplegrovecommunitycenter.org](http://www.maplegrovecommunitycenter.org)

## Maple Maze - Indoor Playground

It's an AMAZING fun time for children ages 12 and under. The playground was modified by adding new features which is like a whole new experience each and every visit. Start on the first level by climbing the rock wall, hopping on the pogo stick or enter the tree house and climb to the second level. Multiple routes bring more to discover in the jungle of the MAZE. Four new slides entice children to keep crawling back up to discover new routes to slide down, long tubes to push through and Hoover rings to crawl over. The toddler area for three and under has been expanded. Toddlers are able to crawl into the lion's mouth and back down a slide to venture on to the molded alligator, hippo and more. Activity panels keep the young minds intrigued and active. Let your child be the judge of the fun!



### Hours of Operation

Monday – Saturday	9:00 a.m. – 8:00 p.m.
Sundays	10:00 a.m. – 6:00 p.m.

### Daily Admission

<u>Daily Admission</u>	<u>Regular/Non-Res.</u>	<u>Resident</u>
Youth ages 1-12	\$5.50	\$4.50
Toddlers under age one	Free	Free
Socks	\$3.00/pair	\$3.00/pair

### Coupon Book

<u>Coupon Book</u>	<u>Regular/Non-Res.</u>	<u>Resident</u>
10 Coupons/all ages	\$40.00	\$40.00

### Specials

#### Twilight Special

Pay \$3.00 to play in the Maple MAZE anytime after 7:00 p.m. Monday – Saturday and after 5:00 p.m. on Sunday.

#### Summer Sizzler Special

Let the hot sun sizzle outside while you play indoors in the Maze. Pay only \$3.00 between 8:00 am-2:00 pm, Monday-Friday. This special runs Monday, June 13 - Friday, September 2.

### Daycare Provider Rate

Home Licensed Daycare Providers receive a discounted rate of \$3.25 per child when purchasing 9 or less Maze admissions. Ten or more Maze admissions will be at the group rate of \$3.75 per child. **Daycare Providers must present a current copy of their day care license and driver's license. Offer not valid on school release days and during the summer.**

### Indoor Playground Rules

- The Indoor Playground is supervised during anticipated HIGH VOLUME USE only.
- Socks must be worn.
- Children 8 years & under must be accompanied by an adult.
- No food or beverages in the playground.
- No pushing or rough play.
- The toddler area is restricted to children 3 and under.
- Wristband must be worn.
- Groups visiting the Indoor Playground with reservations are posted.

# Community Center Birthday Party Packages

## Birthday Party Packages

Celebrate your child's birthday or bring a group of children to party at the Community Center! **Submit request online at [maplegrovecommunitycenter.org](http://maplegrovecommunitycenter.org), Room Rentals or call the Birthday Party Hot Line at 763-494-5966.** Leave your name, address, phone number, the package, a preferred date and the estimated number who will attend the party. Your call will be returned within a 48-hour period. Calls are returned in the afternoons, evenings and on weekends.



## POOL SUPERVISION POLICY!

All children under 42" tall must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

**LIFEGUARDS + PARENTS = SAFE KIDS!**



## Basic Package

The cost is \$100 for up to 10 youth, including the birthday person. The birthday boy/girl can choose one or two activities-playtime in the Grove Cove Aquatic Center pools, the Maple MAZE Indoor Playground or ice-skating. Skating is available most Fridays 7:15 - 8:45 p.m. and Sundays 1:00 p.m. - 2:30 p.m. Parties include a private decorated party room for 90 minutes, a t-shirt for the birthday boy/girl, paper products (cups, plates, sporks and napkins) and beverages (pop or juice boxes). Place settings for two adults are included. Planning is a breeze when you let us help with scheduling the party. \$5.00 per additional child. Call the Birthday Party Hotline at 763-494-5966 today!

## Reservation Information

Packages are offered Friday, Saturday and Sundays. A minimum of ten guests (youth) is required and pays the base rate. Additional guests can be added for a group up to 30 people. Rates per guest are dependent upon the package selected. A minimum of one adult must accompany youth.

The Birthday Party Package base fee is due at the time of booking. The amount due for the Basic Party rate is \$100.00 and the Princess and Superhero Party rates are \$130.00. The remaining balance is due the day of the party. This includes additional children, food, additional beverages, etc.

Cancellations must be received by email a minimum of two weeks prior to the date of the party to receive a full refund. Payment will be forfeited without a written cancellation. No-shows will be charged in full. A \$50 damage deposit is required within 48 hours of booking the party. **No checks will be accepted.**

## Additional Options that can be added to any package:

- ♦ \$3.50 per person for a hot dog and chips
- ♦ \$12.00 per one topping pizza. Select from cheese, pepperoni or sausage pizza. Additional toppings are \$1.50 per topping. Must place pizza order during the reservation process.
- ♦ \$5.00 for extra paper supplies for up to 15 adults
- ♦ \$4.00 per pitcher of pop
- ♦ \$4.50 per adult to swim
- ♦ \$2.00 per adult for ice skating & \$2.50 for skate rental
- ♦ \$15.00 for a 10" white or chocolate cake
- ♦ \$25/hour & tax for Residents and \$30/hour & tax for Non-Residents for additional room time.

**\*Add 7.275% Sales Tax**

## Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 p.m. - 8:15 p.m. or Saturdays from 8:15 p.m. - 10:15 p.m. The fee of \$150 includes use of a room for up to 40 people for an hour. Call 763-494-6527 for availability.



## Princess Party

Come celebrate your birthday in royal style at the Community Center. Be a princess for the day! The cost is \$130.00 for up to 10 youth including the birthday princess and \$5.00 for each additional child. Place settings for two adults are also included. The princess and her royal court are able to choose up to two activities - swimming at the Grove Cove Aquatic Center Pools, the Maple Maze indoor playground or ice skating. Ice skating is available most Fridays 7:15-8:45 p.m. and Sundays 1:00-2:30 p.m. Parties include a private party room for 90 minutes, decorated in the princess theme, pink and purple paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes). You will also receive a royal 5" pink and purple colored cake and ten cupcakes, tiaras or crowns for everyone and a T-shirt for the guest of honor. Call the birthday party hotline at 763-494-5966 to reserve.

## Super Hero Party

Let your child be a super hero for the day! The private party room is decorated in favorite super hero cutouts and decor to set the stage for a super fun birthday! The cost is \$130 for up to 10 children including the guest of honor and \$5 for each additional child. The super hero can choose up to two activities: swimming at the Grove Cove Aquatic Center Pools, the Maple MAZE Indoor Playground or ice skating. Ice skating is available most Fridays 7:15 - 8:45 p.m. and Sundays from 1:00 - 2:30 p.m. Your party includes a decorated private room for 90 minutes, paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes). You will also receive a 5" blue and green colored cake with ten cupcakes, super hero masks and a T-shirt for the guest of honor. Call the Birthday Party hotline at 763-494-5966 to make your reservation!

**See Teen Center Birthday celebrations on page 48!**



# Community Center - Ice Arena

## ICE ARENA

The Ice Arena offers great opportunities to get together with family and friends. Open skating, adult open hockey, low test freestyle skating are available at scheduled times. Open skating schedules are updated monthly and made available at the ice arena office and customer service desks. Pick up an hour of ice time to skate with friends, family or co-workers. Call 763-494-6465 to schedule ice time.

Daily Admission	Regular/Non-Res.	Resident
Weekend/Evening Open Skate	\$6.00	\$5.00
Weekday Open Skate*	\$2.50	\$2.50
*Not valid during school release days. (Youth 4 and under are free)		
Adult Open Hockey	\$6.50	\$6.50
Low Test Freestyle	\$6.50	\$6.50
Dead Ice	\$7.00	\$7.00
Coupon Book Open Skate 10 coupons/book-all ages	\$45.00	\$45.00

**All Building Membership offers year round access to open skating, adult open hockey, Low Test Freestyle and Dead Ice.**

### Skating Services

Skate Rentals (sizes youth 8 to adult 12)	\$2.50 per pair
Skate Sharpening	\$4.00 per pair

### Weekday Open Skate\* through May 26h

Tuesday & Thursday	11:30 a.m. – 1:00 p.m.
--------------------	------------------------

### Weekday Open Skate (Summer Special)

Tuesday & Thursday	2:45 p.m. – 4:15 p.m.
June 14 - September 1 (ex July 21 & Aug. 4)	

**\$2.00 per skater (special summer rate)**

*Youth ages 4 and under are free. Adult supervision is required.*

### Weekend Open Skate\*

Fridays	7:15 p.m. – 8:45 p.m.
Saturdays thru May 14 (ex May 15 & 22)	
not available in the summer)	1:00 p.m. – 2:30 p.m.
Sundays (ex June 26 & Aug. 21)	1:00 p.m. – 2:30 p.m.

*Youth ages 4 and under are free. Adult supervision is required.*

### Adult Open Hockey\*

Sundays (ex June 26 & Aug. 21)	11:15 a.m. – 12:45 p.m.
Fridays	11:30 a.m. – 1:00 p.m.

*\*Helmets and shin pads are required. Skaters must be 18 years or older.*

### Low Test Freestyle\*

Sundays (ex June 26 & Aug. 21)	10:00 a.m. – 11:00 a.m.
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### Senior Open Skate\* (ages 50 and older)

**(not available in the summer)**

Tuesdays & Thursdays	9:00 a.m. – 10:00 a.m.
(through May 28 - will return in September)	

*No Charge*

\*For exclusion dates please see the monthly schedule available online at [www.maplegrovecommunitycenter.org](http://www.maplegrovecommunitycenter.org) or call the ice arena office at 763-494-5968.

**The West Rink will be closed May 23 - June 14 for annual maintenance.**

### Open Skate Special Events:

Friday, June 17 7:15 p.m. – 8:45 p.m.

**Fathers Skate Free** - Kick off Father's Day by ice skating. Fathers skate free and kids accompanying pay only \$2.50.

Friday, July 15 7:15 p.m. – 8:45 p.m.

**Cool Ray Skate** - Wear sunglasses and pay only \$2.50.

### Dead Ice Hotline

What is Dead Ice? Dead Ice is a block of time that has not been reserved by anyone. No Dead Ice is available on weekends. Skaters may use the ice until the next reserved hour. Admission is \$7.00 per skater. For more information call 763-494-5951.

### Ice Rental Rates

<i>Prime Time Ice (Sept. - May)</i>	\$190.00/hour + tax
Mon - Fri	2:00 p.m. - 11:00 p.m.
Sat & Sun	6:00 a.m. - 11:00 p.m.
<i>Non-Prime Time Ice (June-July)</i>	\$155.00/hour + tax
Mon - Fri	11:01 p.m. - 1:59 p.m.
Sat - Sun	11:01 p.m. - 5:59 a.m.



## GRAB YOUR GEAR SKATING

The Maple Grove Community Center Ice Arena is making it easy and inexpensive for you to get out of the hot weather and into some cool summer fun. Grab Your Gear same-day hours are open to figure skaters, hockey skaters, boot hockey players, speed skaters and short trackers or any combination. You get the full rink, nets, team rooms, music and lights.

### Here's how it works:

- Call the arena & request the earliest ice hour available for **that day**, and we guarantee you will get it. If you want to skate longer, just tell the rink attendant.
- Regular summer ice rate is \$155.00 per hour plus tax
- Grab Your Gear Skate ice rate is \$100.00 per hour plus tax, so you save \$55.00 per hour by renting the same day you skate.
- All ice users 17 years of age or under must be accompanied by at least one adult 18 years of age or older.
- You must skate on the same day you make the call.

### Call one of these numbers for availability:

Monday - Friday, 8:00 a.m. - 4:30 p.m.	763-494-6465
Monday - Friday, 5:00 p.m. - 9:00 p.m.	763-494-5968
Sundays, 10:00 a.m. - 9:00 p.m.	763-494-5968
Saturday, Rinks are closed	

# Community Center Aquatic Center



Admission fee provides access to the lap and leisure pools, offering activities for the entire family. The indoor leisure pool features a zero-depth beach area, water spray activities, a 130-foot waterslide and a tot slide. The lap pool features 25-yard lap lanes, volleyball net, a climbing wall and a rope swing that drops into 12.5 feet of water. The outdoor pool features a lazy river, tumble buckets, log walk and water sprays. The pool schedule is listed on page 75. Patrons under the age of 12 months are free with a paying adult.

<b>Daily Admission</b>	<b>Regular/Non-Res</b>	<b>Resident</b>
Single - under 1 free	\$7.00	\$6.00
Family	\$25.00	\$22.00

<b>Coupon Book</b>	<b>Regular/Non-Res</b>	<b>Resident</b>
10 coupons/book-all ages	\$55.00	\$55.00

## Hours of Operation

Pool schedules list hours for open swim, waterslide, rope swing and hours the pools are closed for instructional programs. Lap swim hours are updated weekly. Pool schedules are available at the customer service desks or on our website at [www.maplegrovecommunitycenter.org](http://www.maplegrovecommunitycenter.org)

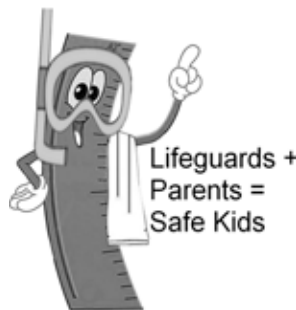
## Age Limit

Patrons with children age 4 and older must use the same-sex lockerroom or the family changing rooms.

## POOL SUPERVISION POLICY!

All children under 42" tall must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

**LIFEGUARDS + PARENTS =  
SAFE KIDS!**



## Flotation Fun

During designated times, the lap pool will have fun flotation items available for you to play with! All persons using the lap pool during this time must be capable of swimming in deep water unassisted, and may be tested by a lifeguard. Please DO NOT bring your own flotation! We will provide everything you need for a fabulous float time.

Flotation Fun is available on Fridays from 7:00 - 8:00 p.m. and Saturdays/Sundays from 3:00 - 4:00 p.m.

## Special Events and Family Fun

### FRIDAY FAMILY FUNDAYS!

Every Friday from May 1- June 3, 2016 will be a **Friday Family Funday!** You will find admission discounts, concession specials, flotation fun and even fabulous prize drawings!

Daily admission is \$5.00/individual or \$19.00/family for ALL visitors for Friday Family Fundays and Wild Wednesdays.

Concession specials will be offered all day, every Friday and Wednesday.

### WILD WEDNESDAYS!

Every Wednesday from June 15 - August 31, 2016 will be a WILD WEDNESDAY! We will offer admission discounts, great concession specials and have fun games that the kids will absolutely love! Come join the fun in the sun and stay cool in the Grove Cove pools!

June 15 . . . . .Pool Safety	July 27 . . . . . Going on Safari
June 22 . . . . .Funny Faces	August 3 . . . . .Hula Party
June 29 . . . . .Stars & Stripes	August 10 . . . . .Froggy Fun
July 6 . . . . .Just Ducky	August 17 . . . . .Wild Wild West
July 13 . . . . .Diving Dolphins	August 24 . . . . .Circus Tent
July 20 . . . . .Fish Frenzy	August 31 . . . . .Back to School

## Group Rates

Group rates are available for 25 or more swimmers at \$5.00 per person. A two (2)-week advance reservation is required and you must pay with one (1) transaction. Groups are scheduled Thursdays and Fridays during the school year from 10:00 a.m. – 12 p.m., after noon on District 279 no school days, weekends & summer or after hours any night of the week. A minimum of 50 paid swimmers is required to make the water slide and rope swing available for school day and after hours groups. Call 763-494-5969 to schedule your group now.

## Pool Rules

- ♦ US Coast Guard approved lifejackets are allowed if there is an adult in the water within arms reach. Lifejackets may not be worn on the rope swing, climbing wall, waterslides (except the tot slide) or during lap swim or flotation fun. Lifejackets may not be inflatable. No other flotation devices are allowed, including water wings, noodles, kickboards, tubes and air mattresses, unless approved by the Supervisor on Duty in the case of a therapeutic, instructional or exercise program or a special need.
- ♦ Parents are **required** to be in the water with all children under 42" tall.
- ♦ Swim diapers are required for all non-trained swimmers, and are available to purchase at the lower level customer service desk.
- ♦ Small toys, diving rings, and beach balls are allowed if used in a safe manner and do not endanger other swimmers. Footballs,baseballs, tennis balls, hockey pucks and other hard objects are not allowed.
- ♦ No diving in any of the pools.
- ♦ No diving masks with glass lenses are allowed in the pool.
- ♦ No glass, street shoes, food or beverages in the pool area.
- ♦ No refunds are issued for pool closure due to defecation, vomit, weather, or other unforeseen situations.

**Please bring your life jackets and diving masks to the pool office to be checked before using!**

# THE GROVE COVE AQUATIC CENTER

Come on in and join the fun at the Grove Cove Aquatic Center! There are activities and fun for the entire family. The Leisure Pool features a zero-depth beach area and water spray activities, and a 130-foot long waterslide. The Lap Pool features 25 yard lap lanes, a great climbing wall, and a rope swing that drops into 12½ feet of water. Through our partnership with Lifetime Fitness, all Community Center patrons also have access to the outdoor Leisure Pool which includes a lazy river, water walk, tot slide, and interactive sprays. All of this is included in your Annual All-Building or Pool membership or daily admission!

## SUMMER SCHEDULE - JUNE 10 to SEPTEMBER 5, 2016

### LEISURE POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Pool Closed	Pool Closed
7:00 am	6:00am-8:00am	Sr. Swim Fitness	6:00am-8:00am	Sr. Swim Fitness	6:00am-12:00pm		
8:00 am	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		Open Swim & Swim Lessons	
9:00 am	ONLY	ONLY	ONLY	ONLY		8:00am-12:00pm	Open Swim
10:00 am	8:00am-12:00pm	8:00am-12:00pm	8:00am-12:00pm	8:00am-12:00pm			10:00am-12:00pm
11:00 am	Swim Lessons ONLY from 8:00am-12:00pm (Mon-Thu) 6/13-8/18						
12:00 pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
1:00 pm	With	With	With	With	With	With	With
2:00 pm	Waterslide	Waterslide	Waterslide	Waterslide	Waterslide	Waterslide	Waterslide
3:00 pm	12:00pm-8:00pm	12:00pm-8:00pm	12:00pm-8:00pm	12:00pm-8:00pm	12:00pm-8:00pm	12:00pm-8:00pm	12:00pm-6:00pm
4:00 pm							
5:00 pm							
6:00 pm							Pool Closed
7:00 pm							
8:00 pm	Open Swim 8-9pm	Open Swim 8-9pm	Open Swim 8-9pm	Open Swim 8-9pm	Open Swim 8-9pm	Pool Closed	

### LAP POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closed	Pool Closed
7:00 am	6:00am-8:00am	6:00am-8:00am	6:00am-8:00am	6:00am-8:00am	6:00am-9:00am		
8:00 am	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		LTF Aerobics	
9:00 am	8:00am-11:00am	8:00am-11:00am	8:00am-11:00am	8:00am-11:00am	LTF Aerobics	Lap Swim & Swim Lessons	
10:00 am	Swim Lessons ONLY from 8:00am-11:00am (Mon-Thu) 6/13-8/18					Lap Swim	Lap Swim
11:00 am	Lap Swim ONLY	Lap Swim ONLY	Lap Swim ONLY	Lap Swim ONLY	10:00am-1:00pm	9:00am-1:00pm	10:00am-1:00pm
12:00 pm	11:00am-1:00pm	11:00am-1:00pm	11:00am-1:00pm	11:00am-1:00pm			
1:00 pm	Open Swim with	Open Swim with	Open Swim with	Open Swim with	Open Swim with	Open Swim with	Open Swim with
2:00 pm	Rope Swing /	Rope Swing /	Rope Swing /	Rope Swing /	Rope Swing /	Rope Swing /	Rope Swing /
3:00 pm	Climbing Wall	Climbing Wall	Climbing Wall	Climbing Wall	Climbing Wall	Climbing Wall	Climbing Wall
4:00 pm	1:00pm-5:00pm	1:00pm-5:00pm	1:00pm-5:00pm	1:00pm-5:00pm	1:00pm-5:00pm	1:00pm-8:00pm	1:00pm-6:00pm
5:00 pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
6:00 pm	5:00pm-7:00pm	5:00pm-7:00pm	5:00pm-7:00pm	5:00pm-7:00pm	5:00pm-7:00pm		Pool Closed
7:00 pm	MGPR Aerobics	LTF Aerobics	MGPR Aerobics	Open	Open		
8:00 pm	Lap Swim 8-9pm	Lap Swim 8-9pm	Lap/Tri 8-9pm	Lap Swim 8-9pm	Lap Swim 8-9pm	Pool Closed	

### OUTDOOR POOL SCHEDULE

(Special Pre-Season Hours Starting Memorial Day Weekend! See below for more information.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 am							
11:00 am							
12:00 pm							
1:00 pm							
2:00 pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
3:00 pm	10:00am – 8:00pm	10:00am – 8:00pm	10:00am – 8:00pm	10:00am – 8:00pm	10:00am – 8:00pm	10:00am – 8:00pm	10:00am – 6:00pm
4:00 pm							
5:00 pm							
6:00 pm							Pool Closed
7:00 pm							

#### The Pools will have Special Hours on the Following Dates:

5/21/16	Pools will open at 11:00 am instead of 8:00 am due to staff training.
5/28 – 5/29/16	Outdoor pool open 10:00 am – 6:00 pm. Indoor pools regular hours.
5/30/16	All pools open 10:00 am – 6:00 pm. Waterslide open 12:00-6:00 pm. Rope Swing/Climbing Wall open 1:00-6:00pm.
6/4 – 6/5/16	Outdoor pool open 10:00 am – 6:00 pm. Indoor pools regular hours.
7/4/16	All pools open 10:00 am – 6:00 pm. Waterslide open 12:00-6:00 pm. Rope Swing/Climbing Wall open 1:00-6:00pm.
9/5/16	All pools open 10:00 am – 6:00 pm. Waterslide open 12:00-6:00 pm. Rope Swing/Climbing Wall open 1:00-6:00pm.

**NOTICE:** During the outdoor pool season, May 28, 2016 – September 5, 2016, ALL persons entering the indoor or outdoor pool areas are required to pay admission or show a valid pass and obtain a wristband. This applies to swimmers and spectators. The only exceptions are parents/guardians of students in swimming lessons. Those parents/guardians may be on the indoor pool deck to observe during their child's class time without obtaining a wristband.

The pools will be closed for maintenance from **September 6 - 18, 2016**. The indoor pools are scheduled to re-open on Monday, September 19, 2016.

#### POOL SUPERVISION POLICY!

All children under 42" tall must have an adult in the water within arm's reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

**LIFEGUARDS + PARENTS = SAFE KIDS!**



# Learn to Swim

New look! Now  
sorted by age and  
skill level!

## RED CROSS CERTIFICATION

Maple Grove Middle School  
7000 Hemlock Lane North

Maple Grove Community Center  
12951 Weaver Lake Road

Miscellaneous: **Lessons missed by students will not be made up.** You can purchase a cap for \$2.00 and goggles for \$6.00 from the Pool Supervisor.

The American Red Cross offers six comprehensive course levels that teach anyone 18 months through adult to be safe in, on and around water. The prerequisite for each level is the successful demonstration of the skills from the preceding level, except for Level 1, which has no prerequisite. Each level of Learn to Swim includes training in basic water safety and helping a swimmer in distress, in addition to swim skills. Exit skills are a combination of skills learned. Instructors will be checking skills the first day of class to confirm that swimmers are placed in the appropriate class. If you have any questions or concerns, contact Adrienne Vassar, 763-494-6493.

## SESSIONS

01. Maple Grove Community Center - Mon-Thurs, June 13 - 23 - 8 lessons
02. Maple Grove Community Center - Mon-Thurs, June 13 - 16 - 4 lessons
03. Maple Grove Community Center - Mon-Thurs, June 20 - 23 - 4 lessons
04. Maple Grove Community Center - Mon-Thurs, June 27 - 30 - 4 lessons
05. Maple Grove Community Center - Mon-Thurs, July 11 - 21 - 8 lessons
06. Maple Grove Community Center - Mon-Thurs, July 11 - 14 - 4 lessons
07. Maple Grove Community Center - Mon-Thurs, July 18 - 21 - 4 lessons
08. Maple Grove Community Center - Mon-Thurs, July 25 - August 4 - 8 lessons
09. Maple Grove Community Center - Mon-Thurs, July 25 - 28 - 4 lessons
10. Maple Grove Community Center - Mon-Thurs, August 1 - 4 - 4 lessons
11. Maple Grove Community Center - Mon-Thurs, August 8 - 18 - 8 lessons
12. Maple Grove Community Center - Mon-Thurs, August 8 - 11 - 4 lessons
13. Maple Grove Community Center - Mon-Thurs, August 15 - 18 - 4 lessons
14. Maple Grove Middle School - Monday Evenings, June 27 - August 8 (ex July 4) - 6 lessons
15. Maple Grove Middle School - Tuesday Evenings, June 28 - August 16 (ex August 9) - 7 lessons
16. Maple Grove Middle School - Wednesday Evenings, June 29 - August 10 - 7 lessons

## Parent/Child - 30 Minute Classes

**Ages 18 months - 5 years with adult.** Adult and child are in the water together. Includes ~ Submerging mouth, nose and eyes in water. ~ Floating on front and back. ~ Entering and exiting the water. ~ Glide on front and back with support. ~ Begin leg and arm movement.

Skill Level	Time	Cost	Location	Date	Code	Sess
Parent/Child	11:30-12:00 pm	\$97	Comm Center	Mon-Thur, June 13-23	312101-01	01
Parent/Child	11:30-12:00 pm	\$97	Comm Center	Mon-Thur, July 11 - 21	312101-02	05
Parent/Child	11:30-12:00 pm	\$97	Comm Center	Mon-Thur, July 25 – Aug 4	312101-03	08
Parent/Child	11:30-12:00 pm	\$97	Comm Center	Mon-Thur, Aug 8 - 18	312101-04	11
Parent/Child	7:05-7:35 pm	\$74	MG Mid School	Mon, June 27 – Aug 8 (ex July 4) <b>EVENINGS</b>	312101-05	14
Parent/Child	7:05-7:35 pm	\$81	MG Mid School	Tue, June 28 – Aug 16 (ex Aug 9) <b>EVENINGS</b>	312101-06	15
Parent/Child	7:05-7:35 pm	\$81	MG Mid School	Wed, June 29 – Aug 10 <b>EVENINGS</b>	312101-07	16



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# Learn to Swim

## Age 3 without parent - 30 Minute Classes

Designed for cautious swimmers. Includes ~ Submerge face in the water. ~ Glide on front and back with support. ~ Begin arm stroke and kicks. If your child shows he or she is not ready to be without a parent, you and your child **may join the Parent/Child class**. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 3 w/o parent	8:00-8:30 am 9:10-9:40 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, June 13-23	312102-01 312102-02 312102-03	01
Age 3 w/o parent	8:00-8:30 am 9:10-9:40 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, July 11 – 21	312102-04 312102-05 312102-06	05
Age 3 w/o parent	8:00-8:30 am 9:10-9:40 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, July 25 – Aug 4	312102-07 312102-08 312102-09	08
Age 3 w/o parent	8:00-8:30 am 9:10-9:40 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, Aug 8 – 18	312102-10 312102-11 312102-12	11

## Ages 4-5 without parent - 30 Minute Classes

Designed for swimmers who are comfortable in the water. Includes ~ Float independently. ~ Glide on front and back, roll over and float for 5 seconds with support. ~ Combine arm and leg action on front and back with support. ~ Enter and exit the water independently. ~ Use combined arm and leg action for 5 body lengths independently. If your child shows he or she is not ready to be without a parent, you and your child **may join the Parent/Child class**. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 4-5 w/o parent Levels 1 & 2	10:55-11:25 am	\$97	Comm Center	Mon-Thur, June 13-23	312103-01	01
Age 4-5 w/o parent Levels 1 & 2	10:55-11:25 am	\$97	Comm Center	Mon-Thur, July 11 – 21	312103-02	05
Age 4-5 w/o parent Levels 1 & 2	10:55-11:25 am	\$97	Comm Center	Mon-Thur, July 25 – Aug 4	312103-03	08
Age 4-5 w/o parent Levels 1 & 2	10:55-11:25 am	\$97	Comm Center	Mon-Thur, Aug 8 – 18	312103-04	11
Age 4-5 w/o parent All Levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, June 13-23	312103-05 312103-06 312103-07 312103-08 312103-09	01
Age 4-5 w/o parent All Levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, July 11 – 21	312103-10 312103-11 312103-12 312103-13	05
Age 4-5 w/o parent All Levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, July 25 – Aug 4	312103-14 312103-15 312103-16 312103-17 312103-18	08
Age 4-5 w/o parent All Levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, Aug 8 – 18	312103-19 312103-20 312103-21 312103-22 312103-23	11

See more Age 4-5 w/o parent next page →

# Learn to Swim

## Ages 4-5 without parent - 30 Minute Classes

Designed for swimmers who are comfortable in the water. Includes ~ Float independently. ~ Glide on front and back, roll over and float for 5 seconds with support. ~ Combine arm and leg action on front and back with support. ~ Enter and exit the water independently. ~ Use combined arm and leg action for 5 body lengths independently. If your child shows he or she is not ready to be without a parent, you and your child may join the Parent/Child class. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 4-5 w/o parent All Levels	6:30-7:00 pm 7:40-8:10 pm	\$74	MG Mid School	Mon, June 27 – Aug 8 (ex July 4) <b>EVENINGS</b>	312103-24 312103-25	14
Age 4-5 w/o parent All Levels	6:30-7:00 pm 7:40-8:10 pm	\$81	MG Mid School	Tue, June 28 – Aug 16 (ex Aug 9) <b>EVENINGS</b>	312103-26 312103-27	15
Age 4-5 w/o parent All Levels	6:30-7:00 pm 7:40-8:10 pm	\$81	MG Mid School	Wed, June 29 – Aug 10 <b>EVENINGS</b>	312103-28 312103-29	16

## Ages 6 and older - 45 Minute Classes

Classes are 45 minutes long with 1 teacher to 3 - 6 children. List swim level when prompted. **See below for Level selection.** Skills are checked the first day of lessons to confirm that swimmers are placed in the appropriate level.

**Level 1 - Introduction to Water Skills:** Designed for beginning swimmers. Includes ~ Submerge entire head. ~ Glide on front and back with support. ~ Combine arm and leg action on front and back with support.

**Level 2 - Fundamental Aquatic Skills:** Includes ~ Tread water. ~ Glide independently. ~ Float on front and back for 5 seconds independently. ~ Use combined arm and leg action on front and back for 5 body lengths independently.

**Level 3 - Stroke Development:** Builds on skills with practice in deeper water. Includes ~ Front crawl for 15 yards. ~ Tread in deep water for 30 seconds. ~ Swim elementary backstroke for 15 yards.

**Level 4 - Stroke Improvement:** Develops confidence and improves skills. Includes ~ Swim front crawl and elementary backstroke for 25 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 15 yards.

**Level 5 - Stroke Refinement:** Develops stroke refinement and endurance. Includes ~ Swim front crawl and elementary backstroke for 50 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 25 yards.

**Level 6 - Swimming and Skill Proficiency:** Level 6 has Fitness and Diving menu options in addition to ~ Endurance for front crawl, back crawl, breaststroke, elementary back stroke, sidestroke and butterfly and open and flip turns. ~ Swim 500 yards continuously using 3 strokes.

Skill Level	Time	Cost	Location	Date	Code	Sess
Levels 1-2	10:35-11:20 am	\$97	Comm Center	Mon-Thur, June 13-23	312104-01	01
Levels 1-2	10:35-11:20 am	\$97	Comm Center	Mon-Thur, July 11 – 21	312104-02	05
Levels 1-2	10:35-11:20 am	\$97	Comm Center	Mon-Thur, July 25 – Aug 4	312104-03	08
Levels 1-2	10:35-11:20 am	\$97	Comm Center	Mon-Thur, Aug 8 – 18	312104-04	11
Levels 1-3	6:30-7:15 pm	\$74	MG Mid School	Mon, June 27 – Aug 8 (ex July 4) <b>EVENINGS</b>	312105-01	14
Levels 1-3	6:30-7:15 pm	\$81	MG Mid School	Tue, June 28 – Aug 16 (ex Aug 9) <b>EVENINGS</b>	312105-02	15
Levels 1-3	6:30-7:15 pm	\$81	MG Mid School	Wed, June 29 – Aug 10 <b>EVENINGS</b>	312105-03	16
Levels 1-4	8:05-8:50 am	\$97	Comm Center	Mon-Thur, June 13-23	312106-01	01
Levels 1-4	8:05-8:50 am	\$97	Comm Center	Mon-Thur, July 11 – 21	312106-02	05
Levels 1-4	8:05-8:50 am	\$97	Comm Center	Mon-Thur, July 25 – Aug 4	312106-03	08
Levels 1-4	8:05-8:50 am	\$97	Comm Center	Mon-Thur, Aug 8 – 18	312106-04	11
Levels 2-4	7:20-8:05 pm	\$74	MG Mid School	Mon, June 27 – Aug 8 (ex July 4) <b>EVENINGS</b>	312106-05	14
Levels 2-4	7:20-8:05 pm	\$81	MG Mid School	Tue, June 28 – Aug 16 (ex Aug 9) <b>EVENINGS</b>	312106-06	15
Levels 2-4	7:20-8:05 pm	\$81	MG Mid School	Wed, June 29 – Aug 10 <b>EVENINGS</b>	312106-07	16



# Learn to Swim

## Ages 6 and older - 45 Minute Classes

Classes are 45 minutes long with 1 teacher to 3 - 6 children. List swim level when prompted. [See page 78 for Level selection.](#) Skills are checked the first day of lessons to confirm that swimmers are placed in the appropriate level.

Skill Level	Time	Cost	Location	Date	Code	Sess
Levels 3-5	8:55-9:40 am	\$97	Comm Center	Mon-Thur, June 13-23	312108-01	01
Levels 3-5	8:55-9:40 am	\$97	Comm Center	Mon-Thur, July 11 – 21	312108-02	05
Levels 3-5	8:55-9:40 am	\$97	Comm Center	Mon-Thur, July 25 – Aug 4	312108-03	08
Levels 3-5	8:55-9:40 am	\$97	Comm Center	Mon-Thur, Aug 8 – 18	312108-04	11
Levels 3-6 (6Diving)	8:10-8:55 pm	\$81	MG Mid School	Wed, June 29 – Aug 10 <b>EVENINGS</b>	312109-01	16
Levels 3-6 (6Fitness)	9:45-10:30 am	\$97	Comm Center	Mon-Thur, June 13-23	312110-01	01
Levels 3-6 (6Fitness)	9:45-10:30 am	\$97	Comm Center	Mon-Thur, July 11 – 21	312110-02	05
Levels 3-6 (6Fitness)	9:45-10:30 am	\$97	Comm Center	Mon-Thur, July 25 – Aug 4	312110-03	08
Levels 3-6 (6Fitness)	9:45-10:30 am	\$97	Comm Center	Mon-Thur, Aug 8 – 18	312110-04	11
Levels 3-6 (6Fitness)	8:10-8:55 pm	\$74	MG Mid School	Mon, June 27 – Aug 8 (ex July 4) <b>EVENINGS</b>	312110-05	14
Levels 3-6 (6Fitness)	8:10-8:55 pm	\$81	MG Mid School	Tue, June 28 – Aug 16 (ex Aug 9) <b>EVENINGS</b>	312110-06	15
Adult & Teen	8:10-8:55 pm	\$74	MG Mid School	Mon, June 27 – Aug 8 (ex July 4) <b>EVENINGS</b>	312111-01	14
Adult & Teen	8:10-8:55 pm	\$81	MG Mid School	Wed, June 29 – Aug 10 <b>EVENINGS</b>	312111-02	16
Synchronized Swim	8:10-8:55 pm	\$81	MG Mid School	Tue, June 28 – Aug 16 (ex Aug 9) <b>EVENINGS</b>	312112-01	15

## Private Lessons - 30 Minute Classes

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. [See page 78 for Level selection.](#)

Skill Level	Time	Cost	Location	Date	Code	Sess
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$139	Comm Center	Mon-Thur, June 13-23	312202-01 312202-02	01
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, June 13-16 <b>ONE WEEK</b>	312202-03 312202-04	02
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, June 20-23 <b>ONE WEEK</b>	312202-05 312202-06	02
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, June 27-30 <b>ONE WEEK</b>	312202-07 312202-08	04
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$139	Comm Center	Mon-Thur, July 11 – 21	312202-09 312202-10	05
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, July 11 - 14 <b>ONE WEEK</b>	312202-11 312202-12	06
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, July 18 - 21 <b>ONE WEEK</b>	312202-13 312202-14	07
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$139	Comm Center	Mon-Thur, July 25 – Aug 4	312202-15 312202-16	08
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, July 25 - 28 <b>ONE WEEK</b>	312202-17 312202-18	09
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, Aug 1 - 4 <b>ONE WEEK</b>	312202-19 312202-20	10

See more Private Lessons next page →

# Learn to Swim

## Private Lessons - 30 Minute Classes

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. See page 78 for Level selection.

Skill Level	Time	Cost	Location	Date	Code	Sess
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$139	Comm Center	Mon-Thur, Aug 8 – 18	312202-21 312202-22	11
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, Aug 8 - 11 <b>ONE WEEK</b>	312202-23 312202-24	12
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, Aug 15 - 18 <b>ONE WEEK</b>	312202-25 312202-26	13
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$139	Comm Center	Mon-Thur, June 13-23	312201-01 312201-02 312201-03 312201-04 312201-05	01
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$72	Comm Center	Mon-Thurs, June 13-16 <b>ONE WEEK</b>	312201-06 312201-07 312201-08 312201-09 312201-10	02
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$72	Comm Center	Mon-Thurs, June 20-23 <b>ONE WEEK</b>	312201-11 312201-12 312201-13 312201-14 312201-15	03
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$72	Comm Center	Mon-Thurs, June 27-30 <b>ONE WEEK</b>	312201-16 312201-17 312201-18 312201-19 312201-20	04
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 10:20-10:50 am	\$139	Comm Center	Mon-Thur, July 11 – 21	312201-21 312201-22 312201-23 312201-24	05
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$72	Comm Center	Mon-Thurs, July 11 - 14 <b>ONE WEEK</b>	312201-25 312201-26 312201-27 312201-28 312201-29	06
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$72	Comm Center	Mon-Thurs, July 18 - 21 <b>ONE WEEK</b>	312201-30 312201-31 312201-32 312201-33 312201-34	07
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$139	Comm Center	Mon-Thur, July 25 – Aug 4	312201-35 312201-36 312201-37 312201-38 312201-39	08
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$72	Comm Center	Mon-Thurs, July 25 - 28 <b>ONE WEEK</b>	312201-40 312201-41 312201-42 312201-43 312201-44	09

# Learn to Swim

## Private Lessons - 30 Minute Classes

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. See page 78 for Level selection.

Skill Level	Time	Cost	Location	Date	Code	Sess
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$72	Comm Center	Mon-Thurs, Aug 1 - 4 <b>ONE WEEK</b>	312201-45 312201-46 312201-47 312201-48 312201-49	10
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$139	Comm Center	Mon-Thur, Aug 8 - 18	312201-50 312201-51 312201-52 312201-53 312201-54	11
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$72	Comm Center	Mon-Thurs, Aug 8 - 11 <b>ONE WEEK</b>	312201-55 312201-56 312201-57 312201-58 312201-59	12
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$72	Comm Center	Mon-Thurs, Aug 15 - 18 <b>ONE WEEK</b>	312201-60 312201-61 312201-62 312201-63 312201-64	13
Private all levels	6:30-7:00 pm 7:40-8:10 pm 8:15-8:45 pm	\$106	MG Mid School	Mon, June 27 – Aug 8 (ex July 4) <b>EVENINGS</b>	312201-65 312201-66 312201-67	14
Private all levels	6:30-7:00 pm 7:40-8:10 pm 8:15-8:45 pm	\$118	MG Mid School	Tue, June 28 – Aug 16 (ex Aug 9) <b>EVENINGS</b>	312201-68 312201-69 312201-70	15
Private all levels	6:30-7:00 pm 7:40-8:10 pm 8:15-8:45 pm	\$118	MG Mid School	Wed, June 29 – Aug 10 <b>EVENINGS</b>	312201-71 312201-72 312201-73	16

## Semi-Private Lessons - 30 Minute Classes

These lessons are for **2 swimmers ages 3 years and older of similar skill level taught by 1 teacher**. Sign up for only **ONE** spot and list the name of the second swimmer when prompted. List swim levels when prompted. See page 78 for Level selection.

Skill Level	Time	Cost	Location	Date	Code	Sess
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$233	Comm Center	Mon-Thur, June 13-23	312304-01 312304-02	01
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$119	Comm Center	Mon-Thurs, June 13-16 <b>ONE WEEK</b>	312304-03 312304-04	02
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$119	Comm Center	Mon-Thurs, June 20-23 <b>ONE WEEK</b>	312304-05 312304-06	02
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$119	Comm Center	Mon-Thurs, June 27-30 <b>ONE WEEK</b>	312304-07 312304-08	04
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$233	Comm Center	Mon-Thur, July 11 – 21	312304-09 312304-10	05
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$119	Comm Center	Mon-Thurs, July 11 - 14 <b>ONE WEEK</b>	312304-11 312304-12	06
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$119	Comm Center	Mon-Thurs, July 18 - 21 <b>ONE WEEK</b>	312304-13 312304-14	07

See more Semi-Private Lessons next page →



# Learn to Swim

## Semi-Private Lessons - 30 Minute Classes

These lessons are for **2 swimmers ages 3 years and older of similar skill level taught by 1 teacher**. Sign up for only **ONE** spot and list the name of the second swimmer when prompted. List swim levels when prompted. [See page 78 for Level selection.](#)

Skill Level	Time	Cost	Location	Date	Code	Sess
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$233	Comm Center	Mon-Thur, July 25 – Aug 4	312304-15 312304-16	08
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$119	Comm Center	Mon-Thurs, July 25 - 28 <b>ONE WEEK</b>	312304-17 312304-18	09
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$119	Comm Center	Mon-Thurs, Aug 1 - 4 <b>ONE WEEK</b>	312304-19 312304-20	10
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$233	Comm Center	Mon-Thur, Aug 8 – 18	312304-21 312304-22	11
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$119	Comm Center	Mon-Thurs, Aug 8 - 11 <b>ONE WEEK</b>	312304-23 312304-24	12
Semi-Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$119	Comm Center	Mon-Thurs, Aug 15 - 18 <b>ONE WEEK</b>	312304-25 312304-26	13
Semi-Private all levels	8:35-9:05 am 9:45-10:15 am	\$233	Comm Center	Mon-Thur, June 13-23	312303-01 312303-02	01
Semi-Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$119	Comm Center	Mon-Thurs, June 13-16 <b>ONE WEEK</b>	312303-03 312303-04 312303-05 312303-06 312303-07	02
Semi-Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$119	Comm Center	Mon-Thurs, June 20-23 <b>ONE WEEK</b>	312303-08 312303-09 312303-10 312303-11 312303-12	02
Semi-Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$119	Comm Center	Mon-Thurs, June 27-30 <b>ONE WEEK</b>	312303-13 312303-14 312303-15 312303-16 312303-17	04
Semi-Private all levels	8:35-9:05 am	\$233	Comm Center	Mon-Thur, July 11 - 21	312303-18	05
Semi-Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$119	Comm Center	Mon-Thurs, July 11 - 14 <b>ONE WEEK</b>	312303-19 312303-20 312303-21 312303-22 312303-23	06
Semi-Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$119	Comm Center	Mon-Thurs, July 18 - 21 <b>ONE WEEK</b>	312303-24 312303-25 312303-26 312303-27 312303-28	07
Semi-Private all levels	8:35-9:05 am 9:45-10:15 am	\$233	Comm Center	Mon-Thur, July 25 – Aug 4	312303-29 312303-30	08
Semi-Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$119	Comm Center	Mon-Thurs, July 25 - 28 <b>ONE WEEK</b>	312303-31 312303-32 312303-33 312303-34 312303-35	09

## Swim Specialty Classes

Skill Level	Time	Cost	Location	Date	Code	Sess
Semi-Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$119	Comm Center	Mon-Thurs, Aug 1 - 4 <b>ONE WEEK</b>	312303-36 312303-37 312303-38 312303-39 312303-40	10
Semi-Private all levels	8:35-9:05 am 9:45-10:15 am	\$233	Comm Center	Mon-Thur, Aug 8 - 18	312303-41 312303-42	11
Semi-Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$119	Comm Center	Mon-Thurs, Aug 8 - 11 <b>ONE WEEK</b>	312303-43 312303-44 312303-45 312303-46 312303-47	12
Semi-Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$119	Comm Center	Mon-Thurs, Aug 15 - 18 <b>ONE WEEK</b>	312303-48 312303-49 312303-50 312303-51 312303-52	13
Semi-Private all levels	7:05-7:35 pm 8:15-8:45 pm	\$176	MG Mid School	Mon, June 27 – Aug 8 (ex July 4) <b>EVENINGS</b>	312303-53 312303-54	14
Semi-Private all levels	7:05-7:35 pm 8:15-8:45 pm	\$200	MG Mid School	Tue, June 28 – Aug 16 (ex Aug 9) <b>EVENINGS</b>	312303-55 312303-56	15
Semi-Private all levels	7:05-7:35 pm 8:15-8:45 pm	\$200	MG Mid School	Wed, June 29 – Aug 10 <b>EVENINGS</b>	312303-57 312303-58	16

### WATER AEROBICS

Let's stay in shape! Tone your muscles, improve your cardiovascular system, have fun, stay fit and do it with the help and buoyancy of water to support your joints. A great form of exercise for water lovers.

**Maple Grove Community Center Pool**

**Mondays, June 13 - August 29 (ex July 4)**

**7:15 – 8:00 p.m.      \$88 (11 ses)      312401-01**

**Wednesdays, June 15 - August 31**

**7:15 – 8:00 p.m.      \$95 (12 ses)      312401-02**

### PRACTICE & CONDITIONING OPPORTUNITIES

This is not an open swim time but an opportunity for swimmers to practice strokes, water exercise or condition swimming in a lap lane. This will be based on a first come, first served basis as space allows. At least one lane will be available.

**Maple Grove Middle School (evenings)**

**Mondays, June 27 – August 8 (ex July 4)**

**Tuesdays, June 28 – August 16 (ex August 9)**

**Wednesdays, June 29 – August 10**

**6:30 – 8:00 p.m.**

**\$2.00 payable at the pool office**



### POOL RENTAL

The Osseo Middle School School and Maple Grove Middle School School pools are available on a limited basis for group gatherings. Use of the pool and locker rooms, including supervision and lifeguards begins at \$90.00 per hour on week nights and \$135.00 per hour on Fridays, Saturdays and Sundays. Maximum pool capacity is 80. For additional information and scheduling, contact Adrienne Vassar, 763-493-6494 or [avassar@maplegrovmn.gov](mailto:avassar@maplegrovmn.gov) at least two weeks in advance of your requested date.

Note: If your child has any type of disability such as learning, hearing, is a diabetic, has asthma etc., please indicate this on your account information. This information will enable us to provide a more positive learning experience for your child. Contact Michelle at 763-494-6516 to make her aware of any special needs.

### NHCP SWIM CLUB

The NHCP Swim Club provides an opportunity for boys and girls, ages 6-18, to acquire the skills for competitive swimming through professional coaching, teamwork and self-discipline. The club is sanctioned by United States Swimming and promotes good sportsmanship, fitness, fun and friendship. Competitive swim meets are held throughout the state of Minnesota, with most in the metropolitan area.

This is a year-round program with fall, winter, spring and summer sessions. Each session has a different schedule. Splash Opportunities (tryouts) are held throughout the year as well as individual assessments for team readiness and placement. For more information or to contact the head coach visit

**[www.teamunify.com/mnnhpc](http://www.teamunify.com/mnnhpc)**

## Swim Specialty Classes



### WATER SAFETY INSTRUCTOR AIDE CLASS

Here is the opportunity you have been waiting for! This program offers training in the classroom as well in the water to anyone interested in assisting with our American Red Cross Swim Program. In addition to class time each participant is required to perform nine hours of volunteer time with the Maple Grove Parks and Recreation Swim Program. Once you have completed the course, you will be able to interview for a job with our swimming program.

\*The first day of the session each student's swimming skills will be assessed. All participants must have completed the **American Red Cross level 4**, or has equivalent skills, is at least **14 years of age by the last date of class** and is interested in assisting in the teaching of others to swim. Contact Adrienne Vassar, 763-494-6493 with questions.

#### Maple Grove Community Center

Monday – Thursday, June 20–23

Monday – Thursday, June 27 – 30

8:00 – 11:30 a.m.

\$115.00 (8 ses)

312406-01

### AMERICAN RED CROSS WATER SAFETY INSTRUCTOR

The purpose of the American Red Cross Water Safety Instructor Course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress.

#### Prerequisites:

To participate in the Water Safety Instructor course, individuals must be at least 16 years of age on or before the final scheduled lesson of this course. Bring proof of age to the first class such as a driver's license, state identification card, birth certificate, passport or other government-issued photo identification.

**You must demonstrate the ability to perform the following swimming skills to continue in this class:**

1. Swim the following strokes consistent with the Stroke Performance Charts, Level 4  
Front crawl – 25 yard, Back crawl – 25 yards,  
Breaststroke – 25 yards, Elementary backstroke – 25 yards, Sidestroke – 25 yards, Butterfly – 15 yards
2. Maintain position on back for 1 minute in deep water (floating or sculling).
3. Tread water for 1 minute

*Part of this class is online. You will need access to the internet and a printer. After you enroll, you will be given a link to the American Red Cross to have access to the online portion of the class. You will also need to pay a fee of \$35 to the American Red Cross when you link up the first time.* Minimum required for class is 6 participants or the class will be cancelled. If there are any questions regarding this course, please contact Adrienne Vassar at 763-494-6493. The last day to register is Monday, July 20 or until spaces fill. Must attend all sessions for certification.

#### Maple Grove Community Center Pool

Thursday-Sunday, August 11 - 14

5:00 - 10:00 p.m. (7:00-9:00 pm 1st Thursday only)

Friday - Sunday, August 19 - 21

5:00 – 10:00 p.m.

\$230

312405-01





## Swim Specialty Classes

### BASIC LIFEGUARD TRAINING

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

#### Prerequisites

1. Must be 15 years old on or before the final scheduled session of this course. Bring proof of age to the first session.
2. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed. Swim goggles may be used.
3. Tread water for 2 minutes using only the legs. Candidates should place their hands under the armpits.
4. Complete a timed event within 1 minute, 40 seconds.
  - Starting in the water, swim 20 yards. The face may be in or out of the water. **Swim goggles are not allowed.**
  - Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10 pound object.
  - Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface so you are able to get a breath. Candidates should not swim the distance under water. Exit the water without using a ladder or steps.

*The skills evaluation will occur on the first day of the course. Please bring a swimsuit and towel for the skills evaluation and for every class. Bring proof of age to the pre-course session to continue class. A birth certificate, passport, driver's permit or license will work to prove age.*

#### Certification Requirements

- Attend and participate in all seven class sessions.
- Demonstrate competency in all required skills and activities.
- Demonstrate competency in all required final rescue skill scenarios.
- Pass both the Section 1 – CPR/AED for the Professional Rescuer and First Aid and Section 2 – Lifeguarding Skills final written exams with minimum grades of 80 percent.

#### Certificate Issued and Validity Period

American Red Cross Certificate for Lifeguarding/First Aid/CPR/AED: 2 years. Contact Adrienne Vassar 763-494-6493 with questions. Minimum requirement of 6 participants for the class. Must attend all sessions for certification.

#### Maple Grove Community Center Pool

Thursday-Sunday, July 14 - 17

5:00 - 10:00 p.m. (7:00-9:00 pm 1st Thursday only)

Thursday - Saturday, July 21 - 23

5:00 - 10:00 p.m.

\$230 (7 ses)

312402-01

### BASIC LIFEGUARD REVIEW CLASS

*Here is your opportunity to renew your lifeguarding!*

This course is designed to recertify those who have current certification for Basic Lifeguard. You need proof that you are currently certified with your Lifeguard/First Aid/CPR/AED at the time of this class. If your certification has expired, you need to take the full course which is offered at the Maple Grove Community Center. If you are a Waterfront Lifeguard with the American Red Cross you may renew the basic component of your certification with this review. If you want to keep your waterfront certification, you need to take this course and the waterfront module.

You are required to complete the pre-course test listed under the lifeguard training full class to continue the class. There will be a lecture, video and practice time to prepare for the final written tests and scenarios. To complete this class you must attend all sessions, pass the skills and pass the written tests by 80%. When this course is completed you will receive a 2 year certification for Basic Lifeguard/First Aid/CPR/AED. Bring your swim wear, towel, goggles, lifeguard book and snacks or money for concessions. There is a minimum requirement of 6 participants to run the program. Questions may be directed to Adrienne Vassar at 763-494-6493.

Thursday-Saturday, May 19 - 21

5:00 - 10:00 p.m.

\$155 (3 ses)

312403-01

Friday-Sunday, August 5 - 7

5:00 - 10:00 p.m.

\$155 (3 ses)

312403-02

### WATERFRONT MODULE

The purpose of the Waterfront Skills module is to teach lifeguards the skills and knowledge needed to prevent and respond to emergencies in nonsurf, open-water areas found at public parks, resorts, summer camps and campgrounds. This module certifies you or renews your Waterfront Skills. Waterfront Module may be added to your current American Red Cross Basic Lifeguard or Water Park certification. You will need proof that you are currently certified with the American Red Cross with Basic, Water Park or Waterfront Lifeguard.

#### Maple Grove Community Center Pool

Sunday, May 22

4:00 - 10:00 p.m.

\$50

312404-01

Sunday, July 24

4:00 - 10:00 p.m.

\$50

312404-02



# Registration Dates

Seniors/55 Forward program registration starts on **Tuesday, April 26 at 9:00 am.**

T-Ball, Kickin Kids & Lil Sports (page 34) registration starts on **Wednesday, April 27 at 9:00 am.**

General program registration starts on **Thursday, April 28 at 9:00 am.**

Swim and evening Water Aerobics registration begins **Friday, April 29 at 9:00 am.**

The fastest and easiest way to register is online at [webtrac.maplegrovern.gov](http://webtrac.maplegrovern.gov). All Parks & Recreation programs are available to register electronically **EXCEPT** music, Playhouse Preschool, Defensive Driving and tiered-fee programs. Set up your new account BEFORE registration to save time!

## Four Easy Ways To Register!



### DON'T STAND IN LINE!

#### ONLINE WITH WebTrac

Log on to  
[webtrac.maplegrovern.gov](http://webtrac.maplegrovern.gov)  
Click on Create an Account.  
Create a login (your email address).

Or complete the registration form on page 87 and mail, drop off or fax your registration form and payment in. Be sure to write down the activity number, activity name and fee for each program you're registering for. Missing information can delay your registration. Payment must accompany registration. We accept VISA, MasterCard, Discover, cash and checks. Make checks payable to Maple Grove Parks and Recreation.

Sorry, we cannot accept registrations over the phone.

We do not send enrollment confirmations. You will be contacted only if the program is canceled or the date, time or location has changed.



#### MAIL (processed at random)

Fill out form on page 87.  
Mail to: Maple Grove Parks & Recreation  
12951 Weaver Lake Rd, Maple Grove,  
MN 55369-9409. Make checks payable  
to Maple Grove Parks/Rec. Visa,  
Mastercard and Discover accepted.

#### WALK-IN REGISTRATION



Registrations can be handled  
Monday through Friday,  
7:00 a.m. - 6:00 p.m. at the  
Maple Grove Community  
Center, 12951 Weaver  
Lake Rd, Maple Grove.  
To avoid standing  
in line, register on-line!



#### FAX (processed at random)

Fill out form on page 87.  
Fax to secure printer 763-494-6456  
Visa, Mastercard and Discover accepted.

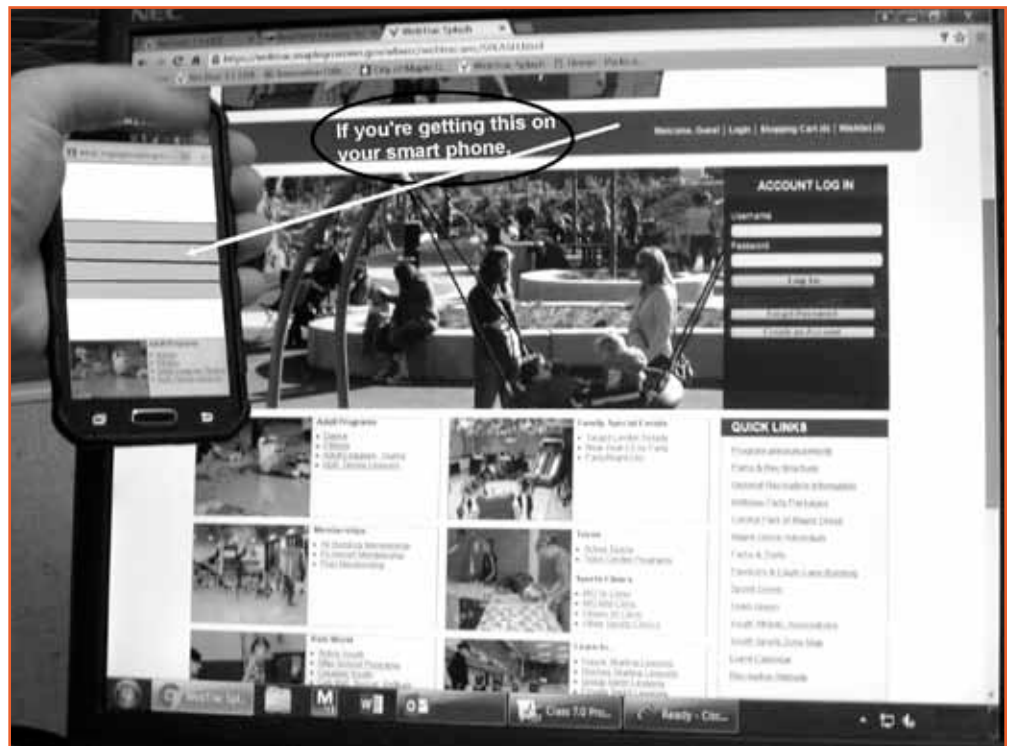
#### Agreement and Consent

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

## Having problems seeing WebTrac?

If you're having problems viewing WebTrac on your Smartphone, bypass the top log-in section, click on the program link that you're interested in and you will be given a second chance to log in.

The preferred browser for this program is **Google!**




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### MAIL-IN AND FAX (763-494-6456) REGISTRATION FORM (processed at random)

NAME \_\_\_\_\_ GENDER \_\_\_\_ AGE \_\_\_\_ BIRTHDATE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE: HOME \_\_\_\_\_ BEST DAY NUMBER \_\_\_\_\_ CELLPHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

ACTIVITY CODE \_\_\_\_\_ ACTIVITY TITLE \_\_\_\_\_ SKILL LEVEL (if applicable) \_\_\_\_\_

LOCATION \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_ AMOUNT \_\_\_\_\_

#### CONSENT TO RELEASE INFORMATION & RELEASE OF LIABILITY

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian on this form is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

\_\_\_\_\_  
Parent's Signature (if minor) or Participant's Signature

CHECK NO. \_\_\_\_\_ Credit Card Authorized Signature \_\_\_\_\_

VISA/Discover/MasterCard # \_\_\_\_\_ Expiration \_\_\_\_\_ Security Code on back \_\_\_\_\_



Maple Grove Parks and Recreation Board  
12951 Weaver Lake Road  
Maple Grove, MN 55369

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Permit No. 65  
Osseo, MN

\*\*\*\*\* ECRWSS \*\*  
POSTAL CUSTOMER



# CENTRAL PARK

## OF MAPLE GROVE

12000 Central Park Way  
(formerly 81st Ave N)  
Maple Grove, MN 55369  
763-494-6474

Two blocks east of the Maple Grove Library  
Open year-round!



- Park hours 6:00 am - 11:00 pm
- Walking Trails
- Gardens & Labyrinth
- Interactive Fountain 10:00 am-10:00 pm. (Fountain season starts Memorial Day weekend, weather permitting)
- Pickleball & Sport Courts  
7:00 am - 10:00 pm (some league play)
- Concession Stand (10:00 a.m. - 9:00 p.m., 7 days a week starting Saturday, May 28)
- Playground

Look for hours and more information at  
[maplegrovmn.gov/parks-and-recreation](http://maplegrovmn.gov/parks-and-recreation)



Please visit [maplegrovmn.gov/parks-and-recreation](http://maplegrovmn.gov/parks-and-recreation)  
for more information.